



LUCAS COUNTY JANUARY 4-H NEWSLETTER

Happy New Year!

We hope that you will have or had a special holiday with your families and friends. 4-H is also a family—from the club to the county, regional, state, and national 4-H levels—where everyone supports one another and learns from each other. 4-H is about *Fun, Friends, Voice, and Choice*—and so much more. See below for a new graphic that explains why 4-H is still successful after more than 100 years.

Welcome new members and families to the Lucas County 4-H Program. As always, please contact the Extension Office if you have any 4-H questions...we are here to help!



4-H Equation

Empowering youth to reach their full potential, working and learning in partnership with caring adults

Our Reason
YOUTH NEEDS



Our Method
ESSENTIAL ELEMENTS



Our Mission
PRIORITY TOPICS



Our Results
OUTCOMES*

- Belonging
- Mastery
- Independence
- Generosity

Brandts, L., Brinkman, M., and Van Bekem, Steve (1992). Reconciling Youth at Risk: Our Hope for the Future. Brookings, DC.



- Caring Adults
- Safe Environments
- Inclusive Settings
- Opportunities for
 - Mastery
 - Service
 - Self-Determination
 - Planning for the Future
 - Engaged Learning

National 4-H Headquarters (2001). Prepared and Engaged Youth: National 4-H Impact Assessment Project.

- Science
- Healthy Living
- Citizenship/Leadership



- Productive Citizens
- Outstanding Communicators
- Effective Leaders
- Successful Learners



* Through long-term, sustained learning experiences that connect youth with Iowa State University's knowledge and research base



...and justice for all
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Issued in furtherance of Cooperative Extension work, Acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture, Cathann A. Kress, director, Cooperative Extension Service, Iowa State University of Science and Technology, Ames, Iowa.
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IOWA STATE UNIVERSITY
University Extension



48293 HY VEE RD, CHARITON, IA 50049—MONDAY, TUESDAY & THURSDAY 8-4:30



Grant Money for Service Learning

The Reach Out Iowa program continues to support service learning projects among our 4-H clubs across the state. For 4-H clubs whose leaders completed the spring 2011 volunteer training, funding is available at a maximum of \$20 per planning team club member. The funds can directly support the costs of service learning activities. Download a request form at <http://iowa4hservicelearning.ning.com/>

To get started contact the Extension Office or coordinator Jane Hayes-Johnk, Youth Program Specialist at jhjohnk@iastate.edu or 712-243-1132.

Here are some ideas that 4-H clubs have done through Reach Out Iowa:

- A 4-H intermediate council learned how to involve other 4-H members in conducting a pet supply drive to benefit the Animal Rescue League.
- One club learned about the needs of adults with mental disabilities and used this knowledge to develop care packages for them.
- A youth council held a soup luncheon—and funds raised were used to purchase food for food pantries in their county.

Have You Enrolled in 4-H Yet?

Thanks to the more than 146 individuals who have already started this process! If you haven't re-enrolled yet, **please keep in mind that 4-H enrollments will be done online only this year.**

For more details on how to do this, refer to previous 4-H newsletters, contact the Extension Office, or visit www.extension.iastate.edu/kidsteens.html and click on "Join Now".

This is also where new 4-H members will go to get enrolled for the first time. Once you have gotten online and filled the required information out, the computer will say you are *Pending*, this is correct. You will not become *Active* until the Extension Office has received your medical information release form, (please print off and turn into the office). If you have completed your online information, have turned in your medical form, and your account still says you are *Pending* this means you have missing information on your enrollment form and you won't be activated until this has been completed. Please look closely to all the pages where both the parent and child's signature is required, this is a common oversight.

Club and Project Leaders, please *enroll* as a volunteer leader, following this same process.

Please re-enroll as soon as possible, and please contact us if you have any questions regarding this new process, we are here to help.

MISSION STATEMENT

4-H EMPOWERS YOUTH TO REACH THEIR FULL POTENTIAL WORKING IN PARTNERSHIP WITH CARING ADULTS



Clover Sprouts Update

Lucas County 4-H Clover Sprouts next meet on Thursday, January 5, 2012 at the Extension Office with the first session from 4:00 PM - 5:00 PM and the second session from 5:30 PM—6:30 PM. Please call to let us know which session you'll be attending.

Future sessions include: February 2nd, March 8th, and April 5th.

State 4-H Opportunities—Consider Trying!

Are you interested in being on the **State 4-H Council**? Trying for a **State 4-H Project Award**? Interested in a trip to **National 4-H Congress** or the **National 4-H Conference**? Want to be a part of the Iowa **4-H Youth Tech Team**?

All of these opportunities require an application through the State 4-H Recognition Process. Information is available at www.extension.iastate.edu/4h/teens/award.htm and applications are due February 1, 2012 to the State 4-H Office. Applicants will also participate in an interview on Saturday, March 24, 2012 in Ames.

Volunteer Leaders: Keep Soaring with 4-H

Leaders: Join other 4-H volunteers, staff, and members for a fun-filled weekend at the state-wide volunteer retreat, February 10-11 in Ankeny. You will network and learn about innovative programs that will bring fresh perspectives and activities to do in your 4-H club. Registration is only \$10 and additional information is available at:

www.extension.iastate.edu/4h/volunteers/retreat.htm

4-H Project Resources at your Fingertips

If you're looking for information related to your 4-H project areas, look to the Iowa 4-H Project Area websites at www.extension.iastate.edu/4h/projects (then go to the project of your interest on the right hand side of the page).

There you'll find information including: 4-H and other resources for your project area; exhibit ideas; tip sheets for exhibits; and communication, citizenship, and leadership ideas; and be sure to check out each project area 'Hot Sheet'.

OUR VISION

A WORLD IN WHICH YOUTH AND ADULTS LEARN, GROW, AND WORK TOGETHER AS CATALYSTS FOR POSITIVE CHANGE



Updates

Youth Council

The next 4-H youth council meeting will be January 24th, 6:30 pm at the Extension Office.

If you are able to help with the January 5th Clover Sprouts sessions, please contact Jayne Miller or Susan Seuferer.

Thank You Reminders

A reminder to please thank your generous donors for any county fair or recognition program awards you may have received.

They look forward to hearing from you!

Iowa 4-H Scholarships

If you are an Iowa 4-H'er planning to attend college, (or a current college student), consider applying for an Iowa 4-H Scholarship. Check out this website for all of the details

www.extension.iastate.edu/u/4h/teens/scholarships.htm

Updates

Awards Program

Congratulations to the 4-H members and volunteers who were honored at the recent awards program.

Thanks to those volunteers who helped plan this special event.

Leaders: club packets will soon be available that will include the honors for those not able to attend.

Leader Information

If your club plans to do any winter activities—such as sledding, tubing, skiing, and ice skating—to please contact the Extension Office for insurance information and required waivers.

Iowa 4-H Weekly News

This Iowa 4-H Weekly News is posted at this site each Friday:

www.extension.iastate.edu/4h/explore/news.htm

Check it out to keep up-to-date on events, grants, forms, and fun!

4-H IS BASED ON RESEARCH



ISU EXTENSION & OUTREACH CALENDAR

December 26	Office closed—Holiday
December 28	Beef Weigh-In, Russell Livestock Market, 2:00—7:00 pm
January 2	Office closed—Holiday
January 5	Clover Sprouts, 4:00 pm and 5:30 pm
January 15	4-H Program Development Fees Due from Clubs
January 16	Office closed—Holiday
January 20	Registration Deadline for State 4-H Volunteer Retreat
January 24	Youth Council Meeting, 6:30 pm Extension Office
February 1	State 4-H Opportunities Applications Due to State Office
February 2	Clover Sprouts
February 10-11	State 4-H Volunteer Retreat, Ankeny

WANT TO KNOW MORE?

FIND US AT: EXTENSION.IASTATE.EDU/LUCAS