



4-H Scene

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Achieving Goals

This is the time of year to make New Year's solutions or set goals for the 4-H year. Setting goals is simply deciding what you want to learn and do. Having goals is a road map. It is a tool that helps you plan how to get to where you want to go.

Goals have three parts that can be measured or checked.

- The action: how you are going to do it**
- The result: what you will do**
- The timetable: when you plan to have it done**



This sample goal shows each part of a measurable goal:

- The action.....how.....I want to train
- The result.....what.....my 4-H beef heifer to lead
- The timetable....when.....before county fair time.

Practice writing goals that include Action, Result and Timetable

Project _____

Action (how) Result (what) Timetable (When)

I want to _____

Do your goals pass the control test? If you can answer "yes", you can go on to the next step. It is okay to make changes and add to and delete goals during the year. Goals will help you in your 4-H award applications, 4-H fair exhibits and in your other interests outside of 4-H!

For more information on setting goals, ask for the publication, "Achieving Goals Through 4-H...(4-H- 91).

The 4-H emblem is protected under 18 U.S.C. 707

Iowa State University and U.S. Department of Agriculture cooperating.
Extension Programs are available to all without regard to race, color, national origin, religion, sex, age, or disability.

Opportunities for 4-H'ers



For more 4-H opportunities for both youth and adults, go to the following website: <http://www.extension.iastate.edu/4H/publicinfo.htm>

The **2007 Iowa Pork Congress** will be held at the Iowa Events Center on January 24 & 25 in Des Moines, IA. There are special youth activities that include a Skill-a-thon, Taco Bar and special speakers for youth. For more information go to the following website:
<http://www.iowaporkcongress.org/>

4-H Scholarships will be due on February 1, 2007 to the State 4-H Office. Most of the scholarships are for incoming freshmen for 2007, but a few are for adults or juniors in high school. Information is available for 2007 at:
<http://www.extension.iastate.edu/4H/grants.html>. Be sure to bookmark this site! Also available are other scholarships with different due dates and requirements.

It's not too soon to start thinking about **Iowa Promise Youth Grants**. "Iowa's Promise Youth" grants are up to \$250 and are available from the Iowa Commission on Volunteer Service in partnership with Iowa State University Extension 4-H Youth Development. Criteria for funding include involving two or more local groups (one must be a youth group such as a 4-H club, Scouts, church groups or school groups) in a community service or community improvement project. Applications are due February 1 and are available online at:
<http://www.extension.iastate.edu/4H/grants.html>

Madison County is hosting a 4-H Horse Clinic on February 3 in Truro, IA. Workshop topics include: Showmanship, Equine Elementary Education, English Pleasure, Western Pleasure, and Western Riding to name a few. There will also be a drawing for prizes. For more information contact Candy Anderson at 515-3006-3401, Katherine Bowman at the Madison County Extension Office at 515-462-1001 or e-mail her at kbowman@iastate.edu or contact the Woodbury County Extension Office for the flyer. There are no costs to attend.

Lighting the Path to the Future is the State 4-H Leaders' Retreat theme that will be held February 9 – 10 at Newton Iowa. Friday evening is a networking/fellowship type gathering with hands-on activities. Some of the workshops include: Fundraising for your club, Utilizing Youth Leadership, Ecology and the Environment (Clover Kids), All Things Biking, Maintenance in the Home or Apartment, Horse'n Around, Showing Goats in 4-H, Living on Your Own and much more! The Retreat is open to all volunteers, staff, parents, and intermediate and senior 4-H members. The registration cost for February 9 is \$25 and includes lunch and breaks. Applications can be found at:
<http://www.extension.iastate.edu/4H/volretreat.htm> or contact the Woodbury County Extension Office.

The **American Polypay Sheep Association** will be giving away two starter flocks this year. The winner will receive three registered Polypay ewes and \$100 buying credit to use at the National Polypay Sale. An application and essay are due March 1. For much more information, please download entry at www.polypay.org or contact the Woodbury County Extension Office.

Woodbury Wonders 4-H Club is selling a cookbook. The cookbooks would make an awesome wedding gift, birthday gift or gift for someone who enjoys cooking and baking. The books are only \$13 plus \$5 for shipping. You can pick up a copy at the Tri-State Sew and Vac located at the Indian Hills Shopping Center located in Sioux City. Business Hours are 9:00 am – 5:30 pm Monday through Friday or Saturday from 9 am – 4 pm. Please give 4-H Leader, Paula Rudolph, a call at 712-258-1188 or toll free at 888-262-2376.

4-H Leaders: Keep your Own Records – for use at Tax Time! Your contributions to a 4-H Club, county 4-H program, or the 4-H foundation, whether made in cash or in goods, are tax deductible if you itemize deductions on Schedule A of Form 1040. In addition, some expenses you incur in your 4-H work are also deductible. For more information, please contact the Woodbury County Extension Office.

The Institute for Global Environmental Strategies (IGES) announces the **2007 Thacher Scholars Award**. This national competition for secondary school students was founded in honor of former IGES board member Peter Thacher, who died in 1999. Peter Thacher was former deputy executive director of the United Nations Environment Program, NASA advisor, and, at the time of his death, president of the Earth Council Foundation/U.S. He was a leader in promoting the use of satellite remote sensing. <http://www.strategies.org/education/index.aspx?sub=education&sub2=scholars&sub3=scholars2007#Awards>

VEISHEA scholarships are awarded on an annual basis and are open to all high school seniors who will be attending Iowa State University the fall semester of 2007. Six \$500 scholarships will be awarded. To be eligible an applicant must rank in the upper 15% of their class, have an ACT score of 26 or SAT score of 1760 and be involved in high school and community activities. Applications are available at www.veishea.iastate.edu or at the Woodbury County Extension Office and are due February 2.

More "Opportunities for 4-H'ers" continues on back!

More Opportunities for 4-H'ers....

Application brochures are now available for the **2007 Herbert Hoover Uncommon Student Award**, a \$5,000 scholarship program for Iowa high school juniors. Students are not evaluated on the basis of grades, test scores, essays, or financial need. Applicants submit a proposal for a goal they want to accomplish. Approximately 15 students are selected each year on the basis of their stated project goal and detailed plans to reach that goal. Two letters of recommendation are also required. The postmark deadline is March 31, 2007. For more information, contact Patricia Hand at 800-828-0475 or at scholarship@hooverassociation.org, visit www.hooverassociation.org, or see a high school guidance counselor. The award is sponsored by the Hoover Presidential Library Association, a nonprofit support group for the Hoover Presidential Library-Museum and National Historic Site in West Branch

4-H'ers are invited to attend the **Goat Extravaganza** to be held March 31st at the Monroe County Fairgrounds. Youth will learn about selection, fitting, hoof trimming and care, and showmanship techniques for both dairy goats and meat goats. There will be a trade show and door prizes will also be offered. Registration is due March 10th. Contact Doug Glosser at 641-938-2818 or email Doogie4557@yahoo.com for information and registration.

If 4-H'ers or 4-H Clubs would like to help the Iowa 4-H Camping Center, they have a **wish list of various items they are in need of for the 4-H center**. Items needed include: canoe paddles, ice cream buckets, Zip-Lock baggies of all sizes to big items such as used hayrack and VCR just to name a few of over 100 items needed. For a complete list of items needed visit the Iowa 4-H Center website: <http://www.extension.iastate.edu/4hcenter/> You can call them at 515-795-3338 to arrange a way to collect your donations.

The **Iowa Horse Fair and Youth Jamboree** will be held March 31 & April 1 at the State Fairgrounds in Des Moines. It is open to 4-H'ers and non 4-H'ers and you don't even have to be a horse project member. Entries include photography, poems, essays, public speaking along with exhibiting your horse. Entries are due March 1. For **ALL** the information check out the following website: <http://www.extension.iastate.edu/4H/Agriculture/livestockhandbookHorse.htm>. If you like horses this event is for you!

Madison County Hippology Contest

Greetings from the Madison County Extension Office! Here is a great opportunity for Horse & Pony 4-H'ers. Madison County is hosting a Hippology Contest that is open to 4-H'ers. The date for the event is March 3rd, 2007 at 1 PM and the contest will be held in Winterset, Iowa. Early Bird Registration is \$5/individual or \$20/team. After February 21st the registration fees increase to \$10/individual or \$40/team. The rules and regulations and entry form for the contest are at http://www.extension.iastate.edu/4H/Documents/Public2007MadisonCountyHippologyRules_EntryForm.pdf If you have any questions or for more information please contact Jana Peters at 515-462-4177.

There is a **new ISU online magazine** for teens and young adults that explores the world of transportation and careers within that field. The link is on the Science, Mechanics and Engineering topic page of Kids and Teens/4-H. The magazine is published by Iowa State University's Center for Transportation Research and Education and can be found at <http://www.go-explore-trans.org/>. Click on Go and you can receive your free e-mail subscription. It would be a good reference for a presentation, fair exhibit or a career interest.

2007 Iowa 4-H & Youth Conferences is set for June 26, 27 & 28. The theme is "**License to Succeed – '007'**". The conference is for youth you have completed 8th grade to 12th grade as of May 2007. Cost is approximately \$125. Mark your calendars for this adventure that will be held at Iowa State University in Ames, IA. Early registrations will be around May 15. Much more information will be available at a later date. We would like to encourage adults to take advantage of this opportunity too....adult chaperone fees will be paid by Woodbury County Extension.

New for 4-H'ers Exhibiting Swine at State Fair in 2007:

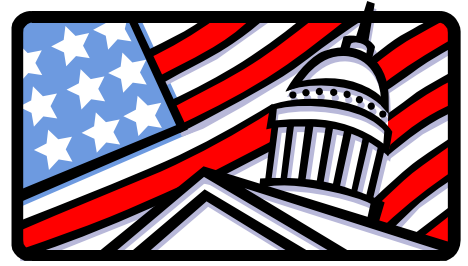
ALL swine (derby, market, and **BREEDING**) must attend a regional verification site from April 21-28. All pigs will be tagged, tattooed, notches read, and DNA samples taken. This the only time 4-H'ers can nominate swine for the State Fair. The regional sites and times have not been confirmed yet, so keep watching the 4-H website or Scene for the complete list. A copy of the "Intent to Participate" forms (which are **REQUIRED** and due to the State 4-H Office by March 15th) can be found at <http://www.extension.iastate.edu/4H/Agriculture/livestockhandbookSwine.htm> 4-H'ers will still be allowed to nominate market swine after the April ID dates for Ak-Sar-Ben only by the June 15th deadline for that show.

New Information for Ak-Sar-Ben (*New in 2007*): 4-H'ers will no longer be required to attend an Ak-Sar-Ben Horse Qualifying Show for 2007. Any eligible Iowa 4-H horse member will be allowed to make entry for the show.

4-H'ers Making the Best Better

Congratulations to the members of **the Rock-Kee-Union 4-H club!** The club is the winner of the 4-H: The Extreme Challenge! The members will receive a free 2-hour recreation, rock-climbing and pizza party at the Long Lines Family Recreation Center. The members are being rewarded for their creative and on-going recruitment efforts for the 4-H program. Way to go!

The Good Luck Clovers and Willow Workers 4-H Clubs have applied for Pioneer Hi-Bred International, Inc. grants. The Good Luck Clovers plan to make toiletry bags for the homeless of Sioux City. Willow Workers plan to refurbish the bathrooms at the Hornick Centennial Park. We hope both Woodbury clubs receive their grant!



4-H Legislature Day

4-H Legislature Day will be held on Tuesday, March 27, in Des Moines, IA. 4-H Legislative day will start off, as usual, with a GREAT omelet breakfast provided by the Iowa Egg Council at the Historical Building. Young people will have choices of Core Curriculum, College Tuition, Immigration, Nutrition & Obesity, and Minimum Wage for their educational seminars this year.

There will be time for 4-H'ers to visit their legislators at the Capitol, participate in Capitol or Supreme Court tours, and (hopefully) hear from 4-H'ers who are legislative pages. Although the schedule is still not quite finished, the beginning and ending times are pretty well determined—the first breakfast will begin at 7AM (leave the State fairgrounds at 6:45 am) and we're hoping to have a big send-off rally to end the day at about 2 or 2:30 pm. Each county is ask to bring a display of your county citizenship or leadership projects. In Woodbury, we will need 4-H'ers to help with making this display.

4-H Legislature Day is open to youth in 7-12 grades. Each county can have 7 participants. An Adult(s) is needed to help chaperone. Fees and transportation costs will be paid for by Woodbury County Extension. Woodbury County will be invited every other year (or every odd year, like 2007). We won't have a chance to attend again until 2009! Registrations are due by January 26 to the Woodbury County Extension Office.

Digital Media Show and Tell Contest

CYFERnet is providing online missions related to science and technology for youth. The January mission will be a Digital Media Show-and -Tell that is a contest that uses technology to communicate a message to others. Entries can be in the following categories: PHOTOGRAPHY; AUDIO; VIDEO; MIXED MEDIA.

From 4-H clubs to summer camps to athletic teams, every youth program has something that makes it special. While one group is painting a mural or designing a fair exhibit, another group is planting trees or building a Web site. Some youth keep returning to their program to see their friends, to learn new skills, to explore nature or all of the above. What about YOU?

During CYFERnet's Digital Media Show-and-Tell contest, you can let the world know what makes your CYFAR and 4-H program special. Your mission is to use digital photography, audio, video or a mix of digital media to answer the question, "Why am I here?" In other words, what do you enjoy most about your program and what benefits keep you coming back for more? For more information go to www.cyfernet.org/4htech/missions.html

Youth Beef Team

The Iowa Cattlemen's Foundation sponsors a Youth Beef Team. The program is open to youth, ages 12-18, and is centered on promoting beef through public relations and promotional events. Youth are expected to complete 5 events annually and are awarded prizes based on their participation. These events can be as simple as a speech at school or at their 4-H meeting or assisting Woodbury County Cattlemen at an event. Participation is not limited to Beef producers or 4-H project members. To participate, the youth must participate in a training that will last 1 ½ to 2 hours. A training is tentatively scheduled for February 12, 6:00 pm – 8:00 pm at a location in Merville.

If you are interested, please contact 4-H Volunteers Gwyn Schramm or 4-H member Jared Schramm (phone 712-948-3460 or e-mail gwyn.r.schramm@monsanto.com) or Elaine Utesch (712-372-4569 or e-mail ceutesch@ruralwaves.us) or the Woodbury County Extension Office. Gwyn Schramm and Elaine Utesch will be the adult sponsors and Jared Schramm will be the Youth Team Lead. This is an excellent opportunity for all youth to gain public speaking opportunities and increasing their network.

Area 4-H Record Opportunities

4-H'ers who are in 9th-12th grades will have an opportunity to apply for Area Opportunities. The written applications (almost the same as how you apply for county awards) are due February 27. 4-H'ers will also go through an interview – the live interviews will be held on March 26 for Congress, Conference, Tech Team and State Council. The State Project awards will be held on April 2. All live interviews will be held in Storm Lake. Or 4-H'ers can have video taped interview. Contact the Extension Office for more information. All written applications are due to the Woodbury Extension Office on Feb. 27.

Opportunities include:

- State Project Awards (grades 9-12)
- National Congress (grades 10-11)
- National 4-H Conference (grades 9-11)
- State 4-H Council (grades 10 – 11)
- Tech Team (grades 9-11)

Woodbury County Extension

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4-H Scene January 2007

4-H Scene January 2007 - mark these dates on your calendar or as a reminder in your computer

January 18	4-H & Fair Committee Meeting, 7:00 pm at Farm Bureau in Merville
January 24	Small Animal 4-H Fair Superintendent Meeting, 6:30 pm at the Woodbury County Extension Office <ul style="list-style-type: none">4-H Fair Departments include: Poultry, Rabbits, Goats, Dogs, Pets & Cats
January 31	Large Animal 4-H Fair Superintendent Meeting, 6:30 pm at the Woodbury County Extension Office <ul style="list-style-type: none">4-H Fair Departments include: Beef, Sheep, Swine, Dairy & Herdsmanship
February 1	4-H Scholarship applications due to the State 4-H Office
February 7	4-H Fair Horse Superintendent Meeting, 6:30 pm at the Woodbury County Extension Office
February 18	4-H County Council Meeting, 7:00 pm at the home of Jared Schramm
February 20	4-H Building Fair Superintendent Meeting, 7:00 pm at the Merville Methodist Church (snow date Feb 27)
February 26	Area 4-H Award written Applications due to Woodbury County <ul style="list-style-type: none">Area Awards include: State 4-H Council, Tech Team, Congress, Conference and Project Awards
February 28	4-H Recognition Team Meeting, 6:30 pm at the Woodbury County Extension Office
March 1	4-H Stories for County 4-H Project Awards due to the Woodbury County Extension Office. <ul style="list-style-type: none">Leaders will need to set an earlier due date to evaluate the 4-H'er member's applications.
March 26	4-H Area Award Live Interviews for State Conference, State Council, Tech Team and State Congress <ul style="list-style-type: none">Live Interviews will be held in Storm Lake, IA
April 2	4-H Area Awards Live Interviews for Project Awards in Storm Lake, IA
August 1-5, 2007	2007 Woodbury County Fair

For more information on the Woodbury County Fair check out the web-site: www.woodburycountyfair.com



Woodbury County 4-H Foundation

Woodbury County 4-H has established a Trust Fund with the Iowa 4-H Foundation. We hope to establish a large enough endowment so that in years to come the interest from this account will provide us with money which can be used to enhance the traditional 4-H program.

Contributions to this fund can be made by individuals or families or by a 4-H Club and is tax deductible. Any amount given would be greatly appreciated.

A pledge of \$400 paid over 4 years would make you a member of the 4-H 400 Club. A gift given in memory of family or friend could enhance our fund. A tribute given in honor of a special occasion would also benefit our cause.