



November 2009

Iowa State University Extension Woodbury County

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www.extension.iastate.edu/woodbury/

Iowa 4-H Campus Staff help with many programs and duties for the 4-H program. Campus staff and some of their responsibilities are:

Chuck Morris – Director

Don Broshar – Leadership assistance and Urban Staff development

LuAnn Johansen – Leadership assistance & staff development

Judy Levings – Program leadership Assistance

Brenda Allen – Youth (state council)

Mike Anderson – Agriculture

Holly Bignall – E-set (Science)

Chris Gleason – Operation Military Kids and volunteer development

Mitch Hoyer – Policy and Risk Management

Becky Nibe – Tech Design and Data Support

Jay Staker – E-set (Science)

Bryan Whaley – Shooting Sports

There is also the Iowa 4-H Foundation and office support staff that help keep the Iowa 4-H Program growing and organized.

For information on Woodbury County 4-H, please contact:

Lujean Faber

4-H Program Coordinator

e-mail: faber@iastate.edu

712-276-2157 extension #12

OR

Laura Johnson

Youth Worker

e-mail: Laurajoh@iastate.edu

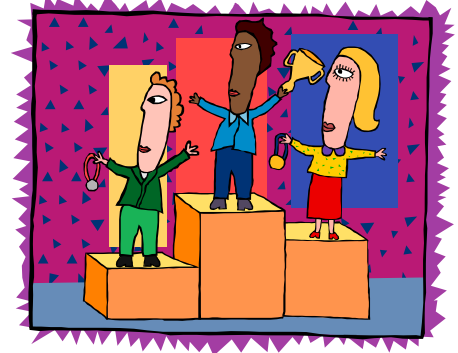
712-276-2157 extension #21

4-H Awards and Recognition

Giving recognition to 4-H members is important.

Members receive recognition in a variety of ways that are awarded at club meetings, 4-H events, County Fair and through their project work.

Applying for 4-H project awards is a wonderful opportunity to tell others what you have done in 4-H.



It can be confusing on what 4-H'ers need to do for 4-H project awards. The 4-H Recognition Team is working on ways to help the 4-H'er, parents and leaders understand the award process. Enclosed in this issue of the *4-H Scene* is the "Woodbury County Project Award Guidelines" – this form was revised last year. It tells the 4-H'er what is required to receive a green, blue or purple award for 4-H'ers in 4th – 8th grades; and bronze, silver, or gold award for 4-H'ers in 9th – 12th grades. 4-H award information is available on web at: <http://www.extension.iastate.edu/woodbury/kidsteens.htm> Please note: If you meet the requirements, you may be eligible for the "purple" award instead of the "green" award. You do not have to go in order of colors to receive awards.

How do 4-H awards benefit 4-H members?

- 4-H'ers learn to set goals
- 4-H'ers learn writing skills and how to interview
- Helps with scholarships or job applications
- Tells others what YOU have learned in 4-H
- Recognizes the 4-H'er for what they have accomplished

Your 4-H application or story is a handwritten or typed - one to five pages, or you can do a 10 minute audio or video tape. Applications will be due to your 4-H Leader before March 1.

Now is the time to start setting your goals towards 4-H project awards. Award applications/stories will be due March 1. The 4-H Recognition Event will be held in June.

Opportunities for 4-H members

For more 4-H opportunities for both youth and adults, go to the following website: <http://www.extension.iastate.edu/4H/publicinfo.htm>



4-H Citizenship Washington Focus Trip – buses are filling up
The 2010 Citizenship Washington Focus trip to Washington, D.C. is filling up fast and 4-H'ers on the waiting list will be able to go on the trip. As of press time there were still two open slots. There will be two buses with 98 4-H'ers going to Washington D.C. June 4-12. The trip fee of \$1200 includes transportation, lodging, insurance, entertainment, admission fees, and most meals. Applications and first deposit of \$250 were due on a first come first serve basis.

Our World in Focus: The Irreplaceable Wild— Annual Public Photography Contest and Exhibit

Iowa 4-H'ers are invited to submit photographs that focus on wild plants and animals of Iowa, the United States, and the world. Deadline for contest entries is Tuesday, December 1. An 8x10" copy of the photo and a required artist statement describing the subject matter should be sent via mail or email to UNI Museums in Cedar Falls. Prizes will be awarded and entries displayed at the opening reception on Saturday, Jan. 9 at 2:00 pm. For rules, entry forms, and mailing address visit: http://www.uni.edu/museum/calendar/photo_contest/index.html

4-H Cookbook Fundraiser for Clubs

The Iowa 4-H Foundation is celebrating its 60th Anniversary with a collectible that will get you cooking. The 60th Anniversary Edition cookbook is on sale now and available for purchase at www.extension.iastate.edu/store for only \$20. However, if there is a 4-H club looking for a fundraiser, they can have county staff purchase the cookbooks online at \$10 and resell them for \$20, raising \$10 each for their club or county program. This exclusive 192-page cookbook put the 4-H Foundation at work with Meredith Corporation's Better Homes & Gardens Test Kitchen and Successful Farming Magazine. You will find recipes for Hometown Potlucks ranging from delicious snack mixes and dips to enchilada casseroles and a variety of fresh salads. You will even find desserts including chocolate goody bars, cranberry apple casserole and praline cheesecake squares.

Test your knowledge on Parliamentary Procedure

Brenda Welch, Youth Program Specialist for Region 5 sent this site on Parliamentary procedure. You can read about parliamentary procedure and then take a test. <http://urbanext.illinois.edu/who/inside.html#>



The Christopher Columbus Awards

The Christopher Columbus Awards presents an opportunity for 4-Hers that are interested in math and science to apply their interest in serving their community. The Christopher Columbus Awards program is a national competition that is **designed for sixth through eighth grade students**. The team of 3 to 4 youth and an adult coach must identify a problem in its community, and devise a solution that requires the team to obtain hands-on experience with the scientific conclusions. They have invited Iowa 4-H to participate.

At an awards ceremony held at Walt Disney World, two gold medal winning teams will receive a \$2000 savings bond each and a plaque for each team member along with a plaque for their school/club and one team will receive a \$25,000 Columbus Foundation Community Grant to bring their service idea to life. The competition is geared toward middle school-age children, and gives kids experience in solving real-life problems using the scientific process of exploring, analyzing and drawing conclusions. Find out more at <http://www.christophercolumbusawards.com/>

Iowa 4-H Youth Conference 2010

The theme for the 2010 Iowa 4-H Youth Conference has been decided: **Set the Stage**. And, please mark your calendars now for this event, **June 29-July 1, 2010**. More details about the Iowa 4-H Youth Conference for 4-H'ers who have completed 8th grade – through 12 grade as of May 2010 will come after the first of the year. If you have questions or would like a State Council member to talk to your club – we have two 4-H'ers in Woodbury County who would be glad to encourage youth from your club to attend State Conference e-mail Lujean at faber@iastate.edu for their names.

Give the Gift of Grain to Benefit Iowa 4-H

Crop producers who want to support Iowa 4-H Youth Development can decrease their federal income taxes by as much as 40%. By giving the gift of grain, farmers impact youth across the state and can also avoid including the sale of the cash crop in income and can still deduct the cost of growing the crop. These funds can be directed to local county endowments through the Iowa 4-H Foundation to make an impact on your local 4-H program. Note: To qualify for the highest tax savings, crops must be donated from the previous tax year. If you have grain left over from 2008, it will qualify, otherwise wait until January 1st to donate grain from 2009. Gifts of grain grown in the current year are welcome, but do not incur the same tax advantages. For specific instructions on how to donate grain to support 4-H, contact Albert Grunenwald at (515) 294-4780 or abgrunen@iastate.edu

Pioneer Grant Brochure, Application and Information on Web

Pioneer Hi-Bred International is offering Pioneer Community Improvement Grants through the Iowa 4-H Foundation again this year. Clubs are encouraged to apply for "seed money" to help them get started on community projects. The brochure, information, and application are on the web at: <http://www.extension.iastate.edu/4H/PioneerGrants.html>

Applications for 2010 grants are due in the county office on December 1, 2009.

Area 4-H Awards – start setting your goals now!

4-H'ers in grades 9 – 12 are eligible for area awards. 4-H'ers may apply for project awards, 4-H congress, 4-H conference, state council or tech team. For information, please go to the following website: <http://www.extension.iastate.edu/4H/recognition.htm> This site gives you information and eligibility for each award along with tips on how to do an application. Applications are due Monday, March 1 to the extension office, interviews will be held in Storm Lake in April.

Thank You 4-H Fair Superintendents!

A Big THANK YOU to the following 4-H Volunteers who give unselfishly of their time to help 4-H'ers and their families during the Fair and all year long!

Kay Adam	Sherry Mastbergen
Dawn Allen	Denyse Meister
Rob Ankerstjern	Molli Moodie
Andy Beaver	Judy Monson
Mike Beavers	Bill O'Connell
Laura Benson	Keith Parker
Curt Blankenburg	Jane Parkhill
Tammy Brady	Dan Paulsen
Clarissa Burroughs	Kathy Pithan
Charlie Clark	Michele Pucelik
Jen Coover	Alan Ralston
Peggy Davidson	Diane Ralston
Ashley Diediker	Janet Ralston
Stephanie Dorale	Dennis Rumohr
Amanda Etler	Kathy Tabke
Dana Flint	Lane Tabke
Rachael Gardner	Sam Thomas
Kevin Grieme	Terri Trefl
Barb Hansen	Wayne Ralston
Jennifer Holtgrew	Vickie Sieger
Lee Hull	Janie Sparr
Brittani Jackson	Brianne Streck
Courtney Jackson	Tom Swanger
Jamie Johnson	Roxie Ullrich
Lorraine Jepsen	Elaine Utesch
Denise Knaack	Jessica Utesch
Robert Knaack	Kari Utesch
Vernon Knaack	Ashley Weber
Bob Kurtz	Deb Wilcox
Maggie Locke	Dan Witten
Kelley Locke	Pat Wright
Laurrie Logan	Penny Yaremko

4-H Recognition Team

The 4-H Recognition team met on October 24 at the extension office. Election of officers were held, the new officers are:

President: Drew (youth), **Cheryl Zobel** (adult)

Vice President: Nicole (youth), **Debbie Wilcox** (adult)

Secretary: Emilee (youth), **Michele Brand** (adult)

Discussion was held on updating project award guidelines, and discussed the recognition event.

Next meeting of the 4-H Recognition Team will be held on January 20, 6:30 pm at the Woodbury County extension office with pizza for supper.

Please Note: the 4-H Scene that is posted on the web will only list first names of youth or not add them to articles. If you would like to see the articles with the youth names see the 4-H Scene that was mailed or ask for a newsletter to be sent to you.



New Leader Training to be held November 30

Youth Program Specialist, Brenda Welch, will be offering a new leader workshop on Monday, November 30 at the Woodbury County Extension Office from 5:30 pm – 7:30 pm. There will be a wealth of information to help new volunteers. This is targeted to volunteers from 0-3 years of experience. A light supper will be provided at no cost to the volunteers. To register just contact Lujean Faber at 712-276-2157 or e-mail faber@iastate.edu

4-H and Fair Committee

The 4-H and Fair Committee will meet on January 21, 2010 at 7:00 pm at Farm Bureau in Merville. Agenda will include: approve 2010 4-H Fair Superintendents, Hall of Fame, and update on programs. Anyone interested in becoming a member may contact the extension office. The 4-H and Fair committee is responsible for rules for county fair and sets fair rules and guidelines. Adults and youth are encouraged to become a member. The 4-H & Fair committee meets about 4 times a year.

4-H Fair Superintendent Positions Open

The 4-H Personnel Committee will be selecting 4-H Fair Superintendents in December. Job descriptions are available. If you are interested and would like to be considered, please contact the Woodbury County Extension Office by December 1. The Following superintendents positions are open:

4-H Livestock

General Livestock
Assistant Livestock
Cats/Small Pets
Cattle
Dairy
Dog
Herdsmanship
Horse
Poultry
Rabbit
Sheep
Swine

4-H Building

General Overall Building
Assistant 4-H Building
Ag & Natural Resources
Child Development &
Personal Development
Communication
Food & Nutrition
Home Improvement
Horticulture
Photography
Pie Contest
Science, Mechanical &
Engineering
Textiles & Clothing
Visual Art

4-H Superintendents are responsible for reviewing fair rules and guidelines, attending a couple of meetings throughout the year, setting up livestock weigh-in, plan workshops/training and able to attend the Woodbury County Fair. There is a term limit of three years. There are openings in livestock, small animals, 4-H building and communications. Woodbury County fair is August 4-8, 2010 (4-H building judging is August 2, Livestock entry is August 3). Detailed job descriptions are available for each department.

Woodbury County Extension
4301 Sergeant Road #213
Sioux City IA 51106-4710

PRESORTED STANDARD
U.S. POSTAGE PAID
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Permit No. 173

Return Service Requested



4-H Scene November 2009

4-H Scene November 2009 - mark these dates on your calendar or as a reminder in your computer

November 7	4-H Leader Training, 9:30 am at the Woodbury County Extension Office OR
November 8	4-H County Council Meeting, 3:00 pm at the Fairgrounds in Merville
November 13 & 14	4-H Lock-In for 4-H'ers in 8-12 grades in Monona, Plymouth & Woodbury – see enclosed flyer
November 10	4-H Leader Training, 7:00 pm at the Fair Office in Merville
November 16	4-H Enrollment Forms, Code of Conduct, Medical Release Form and \$30 Fee due to the Woodbury County Extension Office – youth can join 4-H until May 15, 2010
November 30	New Leader Training, for volunteers with 1-3 years experience, 5:30 pm – 7:30 pm at the Woodbury County Extension Office, 4301 Sergeant Road, Sioux City – a light supper will be provided at no cost to the volunteers
December 1	Pioneer Grant Applications due to the Woodbury County Extension Office
January 9, 2010	4-H Beef Weigh-in and verification for State Fair, 8:30 – Noon at the Kingsley Livestock Pavilion (Snow date for Beef Weigh-in will be Sunday, January 10, 1:00 pm – 4:30 pm)
January 15, 2010	Market Beef Identification Forms due at the Woodbury County Extension Office
January 20, 2010	4-H Recognition Team, 6:30 – 8:30 pm at the Woodbury County Extension Office with pizza for supper
January 21, 2010	4-H & Fair Committee, 7:00 pm at the Fair Bureau building in Merville, Iowa
February 1, 2010	4-H Scholarship Applications due to the State 4-H Office in Ames, Iowa – more information will be coming
August 4-8, 2010	Woodbury County Fair (4-H Building Judging day Monday, August 2; Livestock Entry August 3)
August 10-20, 2010	Iowa State Fair (Entry Forms due for Livestock, Dog and Horticulture 4-H Exhibits on July 1)

For 4-H information and a copy of the 4-H Scene - check out the Woodbury County Extension Web site at: <http://www.extension.iastate.edu/woodbury/> and click on Kids & Teens/4-H located on the left hand side



4-H Welcomes Drivers into Woodbury County

Look for the 4-H Welcome You to Woodbury County Sign on Highway 20 near Cushing, IA.
Thanks to the Ludvigson's for having the sign put on their land.

IOWA STATE UNIVERSITY
University Extension
Woodbury County

4301 Sergeant Road, Suite 213, Sioux City, Iowa 51106 (712) 276-2157 www.extension.iastate.edu/woodbury/

Dear Friends,

November, 2009

Nancy Nicho, a program specialist for Iowa State University Extension has a new column in the Spanish newspaper in South Sioux City, NE. It is written in Spanish. About 5000 people read it in the region. Some examples of topics include parenting, communication, working with schools and money management.

Extension is a partner with the Harkin Worksite Wellness grant update and there is a new group of people meeting as business representatives who have wellness programs at their businesses.

The nonprofit management alliance is sponsoring a Social Work Ethics Conference on December 9, 2009 in the afternoon. The Alliance is also planning a second grant writing session for nonprofit agencies. Extension is sponsoring an Agency Summit on January 22 for family and children serving non-profit agencies. CEU's will be available for all of these events.

The BASICS program has expanded into 2nd grade this year, so approximately 1800 students in the Sioux City district (K, 1st and 2nd grade in 11 qualifying schools) receive 8 hours of nutrition education during the school year. This is funded by a grant.

We have new videos that tell the Extension story and you can find them on our website. Look for Garden Show video and the Farmers Market/Garden to Table video. Our Master Gardeners, new and old were very helpful at the Farmers Market this year. They did survey's, helped at the Master Gardener Booth and helped people with carryout at the market. New ways for Master Gardeners to help! Watch for our 4-H TV commercial soon! Youth in 4-H clubs in Region 5 is 1,115. There are 6,773 youth being served in all programs.

The Expanded Food and Nutrition Education Program just celebrated its 40th anniversary with an open house appreciation breakfast, and it was well attended by participants, partners and current and retired staff.

We are in need of PARTICIPANTS! If you are 18 to 40 years old and have an interest in on-line nutrition education lessons, we would like you to take part in a 90-minute focus discussion on Thurs., Nov. 12, from 6 to 8 p.m. at the Woodbury County Extension Office, Rm. 210. Participants will receive a \$25 gift card for their time. Light refreshments will be served. You must sign up in advance by calling Extension at 712-276-2157 by Nov. 10. Child care is not available.

Training will be offered at the Sioux County Extension office at 400 Central Ave NW Suite 700, Orange City, 51041 from 5:00- 6:30 pm on Monday, November 16 and a light snack will be provided. Dave Stender, an Iowa State University Extension program specialist, will present on buying livestock from a local farmer, Angela Jackson, a local food producer will share about her experience and the following topics: working with small meat processors. Sherry McGill will share an overview about how Northeast Iowa Food and Fitness is moving forward with promoting and organizing regional food production and how it has helped their local economy. Please RSVP to the Sioux County office by November 12. The phone number to call is (712) 737-4230. There is no charge for this event.

Sincerely,

Sherry McGill
Regional Extension Education Director, Iowa State University Extension

REGION 5 LOCK-IN

Who: 4-H'ers in grades 8-12

Where: Dave and Gwyn Schramm's House-- just outside of Merville

We will be meeting at the United Methodist Church on the corner of highway 20 and caravanning to Schramm's house. Please meet there between 6:30 and 6:45.

When: Friday and Saturday, November 13th and 14th from 7:00 PM to 9:00 AM.

Why: To have fun, make new friends, and come together as a region!

What: An Overnight Region 5 Event of indoor games, outdoor games, community service, dancing, movies, and lots and lots of food!!

Cost: \$8.00-- Helps cover cost of food and shipping of community service project.

We ask that each attendee bring one or two items listed on the second page. We will be sending these to soldiers overseas.

Registrations: Please send to

Woodbury Extension Office (checks payable to Woodbury County)

Attn: Lujean Faber

4301 Sergeant Road, #213

Sioux City, IA 51106-4710

For questions you can call Lujean at 712-276-2157 or e-mail: faber@iastate.edu

Registrations are due November 4TH OR as soon as possible!!

Indoor Games

- Wii
- Basketball
- Pool
- Fuse Ball
- Dance
- Guitar Hero/Rock Band
- Ping Pong
- Movies
- Xbox
- Board Games
- Dodgeball

Outdoor Games

- Bonfire
- Capture the Flag
- Flashlight tag

*Please include \$8.00 dollars with your registration (check payable to Woodbury County Extension)

Name: _____ County _____

Address: _____

City: _____

Zip: _____ Phone: _____ Gender: F or M

Grade: _____ *Adult Chaperone:* _____ E-Mail: _____

Emergency Contact: _____

Emergency Phone #: _____

I have American Income Life 4-H Insurance thru: (Check one)

My 4-H Club: _____ My County Extension Office: _____

All Woodbury County 4-H'ers are covered through American Income Life Insurance through the County 4-H Program.

*Registration will begin at 7:00 to 7:30 on Friday, November 13th at Drew Schramm's house.

Walk-ins are accepted with a \$10.00 fee. Adult chaperones are free.

*Please eat supper before you arrive, but later that night we will have taverns, and we will also supply breakfast.

*Please feel free to bring snacks to share with everyone.

*You may also want to bring a sleeping bag, extra clothes, board games, and a flashlight.

Please bring one or two of the following items for comm. service:

- | | | |
|------------------------|-------------------------|-----------------------------------|
| - Shampoo/ Conditioner | - Playing Cards | - DVDs |
| - Toothpaste | - Beef Jerky | - Disposable Camera |
| - Chapstick | - Any size of batteries | - Any type of non-perishable food |
| - Gum | - Deodorant | - Long-Distance phone cards |
| - Candy | - Magazines | - Other ideas!! |