

## MEETING MINUTES

<b>DATE:</b> September 11, 2008	<b>LEADER:</b> Darla Kelchen/ Dan Lane
<b>TIME:</b> 6:00- 8:00	<b>RECORDER:</b> Nancy Yelden
<b>PLACE:</b> Brainard's Country Change	<b>GROUP:</b> Clayton Co. Food and Fitness team

MEMBERS PRESENT: [ X ]	X	Darla Kelchen	X	Nancy Yelden
X Dan Lane	X	Kim Gau		
X Carole Glawe	X	Leigh Judge		
X Glenda Plazey	X	Julie Zittergruen		
X Haleisa Johnson	X	Tim Engelhardt		
X Heidi Feuerhelm	X	Joyce Cherne		
X Barb Sauser	X	Rena Kraus		
X Fran Passmore	X	Jeff Jergens		

1. Reviewed Minutes
2. Reviewed Agenda

Welcome & Introductions	<p>Introductions and encouraged members to refer to website: <a href="http://www.iowafoodandfitness.org">www.iowafoodandfitness.org</a> to update them on committee's purpose and objectives. Meeting minutes and agenda are listed on the county web site <a href="http://www.claytoncountyiowa.com">www.claytoncountyiowa.com</a></p> <p>Enjoyed a delicious meal with French Onion soup, rice and steak kabobs served by Brainard family who operate the Country Change.</p>	
Update	<p>Dan shared an e-mail with all participants from Theresa W. regarding participating in the "Value Chain Partnership" project.</p> <p>Dan shared copies of the "Buy Fresh, Buy Local" handout that is available from NEI Food &amp; Farm Coalition.</p>	Can has more copies at his Extension office or can request form Theresa at Allamakee Co.

<p>Regional Team Update</p>	<p><b>Communications W/G:</b> Have displays available for health fairs, county fairs, etc. describing our NEIF&amp;F project. Contact Winn. Co. ISU to reserve display.</p> <p><b>Resource W/G:</b> Hired Carolyn Corbin, from Upper Exploreiland as grant writer. Lynette Anderson hired as youth coordinator and will be working with 14-15 schools in our project.</p> <p><b>Inclusive W/G:</b> Developed Food Pantries HO which was reviewed.</p> <p><b>Built Environment W/G:</b> Dan shared the Clayton Co. Built Environment notebook. Assignments were made with members present to have each town in Clayton Co. submit sidewalk policy to Dan. W/G working on completing the trail maps.</p> <p><b>Built Environment &amp; Schools W/G:</b> Shared HO re: Safe Routes to School. All schools in Clayton Co. are participating. Schools will be receiving survey to complete and return to the W/G. Need to encourage parents and children to participate in the survey.</p> <p><b>Community Planning W/G:</b> Shared the W/G is moving forward on the Wellmark grant application for funds to assist with the community survey which will be developed by Luther College and W/G members.</p>	<p>Haleisa will reserve display to have at Plagman Barn celebration in Sept. and Osborne Heritage Days in Oct. Will also have available the “Buy Fresh, Buy Local” pamphlets’.</p> <p>Kim shared the Family Resource Center in Guttenberg has received a grant to offer vouchers to purchase infant formula for families in a crisis. Ask for Sue Meyer: Emergency Baby Care Fund. Members volunteered for several parks and recreational areas that still need more information. Need to return survey information to Dan as soon as possible.</p> <p>Surveys will be completed: attitudinal, policy &amp; environmental. Each school will complete school policy survey, student travel tally &amp; parent attitudinal/behavioral survey. Survey will include grades K-8<sup>th</sup>.</p>
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<p>Regional Team Update: Core Values</p>	<p>Reviewed the “Vision Deployment Matrix” (HO) and how we are working on steps from bottom of matrix and moving upward. Working on developing strategy’s now.</p> <p>DRAFT Strategies:</p> <ol style="list-style-type: none"> <li>1. Ensure that school district policies &amp; practices support health living of children, families &amp; community members.</li> <li>2. Ensure that fresh, local healthy food is available &amp; affordable in all communities, neighborhoods and institutions.</li> <li>3. Ensure that communities have a built environment that supports abundant opportunities for physical activity and play.</li> </ol> <p>Members divided into 3 groups to address specific questions regarding each strategy.</p> <p>Question 1: Question #1: Bases on your experience &amp; the discussions you’ve been apart of through the NEIF&amp;FI, do these strategies make sense &amp; seem to be a good fit? Why or why not?</p> <p>Question #2: Who on your county needs to9 a part of our FFI discussion in order to address these strategies?</p> <p>Question #3: Looking the strategies, how do you see yourself working to support these strategies, either personally or professionally?</p> <p>Question #4: What other question or thoughts need to be considered by the NEIF&amp;FI Regional team before they bring DRAFT TACTICS to our group next month?</p>	<p>Question #1: Strategy # 1: Suggest including &amp; expanding definition of schools to beyond 12 grade (Upper Iowa University, Luther College, NICC, etc.), alternative schools, adult education, home school children, daycares &amp; preschools, child care centers. Strategy #2: Brought clarity. Gives distinct picture. Strategy #3: Yes. Schools focus. Great place to start. Sidewalks to school.</p> <p>Question #2: Strategy #1: Superintendents, Extension, Principals, colleges: UI University, Luther, NICC, alternative schools, preschools and day care centers, coaches, Farm Bureau, school faculty Strategy #2: Producers, processors, clergy, retail, farmers markets, schools, hospitals; Food shelves, BOS, legislators Strategy #3: City council, schools, BOS, summer youth leaders, city park board members/facility managers, county &amp; city trails committees, state parks (Pikes Peak &amp; Effigy Mounds)</p> <p>Question #3: Strategy #1: Clayton Ridge School received a mini grant to offer education to students regarding the benefits of utilizing Farmers Markets and promote locally grown foods. Strategy #2: Lobby legislators to make locale grown vegetables affordable, grants to producers &amp; processors, personally shop more locally. Strategy #3: Advocacy with our contacts personally or through work.</p> <p>Question #4: Strategy #2: Sustained financially, funds for marketing, how to change the mindset of producers &amp; consumers. Need to have all ages participate in Farmers Markets, now is usually seniors.</p>
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	Next meeting will be October 9, 2008 from 6-8 PM, Location to be determined. Darla will e-mail committee members with site location.	
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