

The Allamakee County Planning Team for the NE IA Food & Fitness Initiative met on August 20 at 4:15 pm at the Waukon Wellness Center. Present: Mary Koopman, Mary Mathison, Rachelle Howe, Lana Snitker, Teresa Wiemerslage.

The group shared their ideas on key audiences to take FFI information to: Schools, workplaces, Generation Iowa program, hospital staff, clergy, church suppers, 4H and youth.

They group reviewed the Regional Team Summary then watched the webcast.

Evidence of Collective Thinking leading to quality results

- Community working together for school and WWC
- Postville NICHES project (supervisors, school and YMCA)
- Cooperation with drop off sites for GROWN Locally
- FFI—what else could have brought 5 counties together—public and private. Talk of the town.
- St. Vincent considering being a local food source for low income
- New playground equipment at Waukon schools
- Waukon, Postville and Harpers Ferry Community Gardens

Evidence of Collective Action

- Sept 7 Family Fun Day at Waukon City Park
- Triathlon with golf, bike, run
- 1st Dualathon on Sept 20
- Use local food for fundraisers (vegetable boxes, apple boxes)