

MEETING MINUTES

DATE: July 10, 2008	LEADER: Dan Lane/Darla Kelchen
TIME: 6:00- 8:00	RECORDER: Nancy Yelden
PLACE: Clayton Co. Extension office	GROUP: Clayton Co. Food and Fitness team

MEMBERS PRESENT: [X]	X	Darla Kelchen	X	McKenzie Johnson
X Vicki Carolan	X	Joan Elaine Follon	X	Scot Michelson
X Dick Fette	X	Judith Crandall		
X Dan Lane	X	Nancy Yelden		
X Haleisa Johnson	X	Tim Engelhardt		
X Judith Crandall	X	Margaret Corlett		
X Brian Rodenberg	X	Le Ann Judge		
X Carole Glawe				

1. Reviewed Minutes
2. Reviewed Agenda

Welcome & Introductions	Introductions and encouraged members to refer to website: www.iowafoodandfitness.org to update them on committee's purpose and objectives. Enjoyed a delicious meal provided by "Fennellys' Irish Pub & Restaurant in Elkader.		
-------------------------	---	--	--

Update from Detroit Trip	<p>Carole and Scot shared highlights from trip to Detroit with the Kellogg team. 5 youth and 13 adults from NEIF&F were able to make the trip.</p> <p>Shared a slide show of trip highlighting: Eastern market Gardens, walking/biking trails utilizing old railways, proclamation signed by mayor to remove junk food from schools in Oakland, 6,000 vacant lots that are being turned into green space and system changes. Most memorable quote: “You don’t have to leave to live in a better neighborhood”</p>		
Regional Team Update	<p>Dan shared the summary of the partner’s teleconference that summarized many of the sub-committees activities. Summary was attached to the agenda.</p> <p>Highlights’ shared:</p> <p>Built Environment- Brian- Gathering data on opportunities in regions regarding parks, indoor & outdoor recreational areas.</p> <p>Schools- Brian- Had a scheduled mtg. with directors & superintendents in June but postponed due to floods. Trying to find way to connect school & NEIF&F re: PE, healthy snacks, & healthy meal</p> <p>Vision Deployment- Haleisa- Looking at vision 5-10 years out.</p> <p>Communication – Haleisa- working on elevator statement</p> <p>Community Health- Nancy- Working on Wellmark grant to submit for funding.</p> <p>Grant writer is still being discussed. Possibility we will be working with Upper Exploreland.</p> <p>Youth: Discussing more projects to implement.</p>		

<p>Web cast: “Policy and System Change”</p>	<p>Viewed the web cast and discussed the following questions in small groups and then came together to share ideas.</p> <ul style="list-style-type: none"> - What is our collaborative vision? <p>What systems need to be changed to realize our vision?</p> <p>What policies need to be created, implemented, changed, or enforced to bring about that system change?</p>	<p>Relates to the NEIF&F goal. Natural beauty of our area. Physical opportunities reduced in Elkader due to flood but other area in Clayton Co. continue to offer opportunities for recreation. DOT has sideline along roads for bikes.</p> <p>Incentive for participation Education Subsidize the farmer’s that produce to sell locally so food is affordable. Buy locally due to high transportation costs. Change mindset regarding convenience items- need to buy locally.</p> <p>Funding for policies to be implemented Look at what policies already exist that aren’t being enforced. Need to be aware or involved when DOT plans for new highway construction so bike trails can be discussed. Look at polices that assets in causing transportation, walking paths, bike trails, etc. Support system for education people. Teach residents how to be self sufficient in cooking foods from scratch, process garden produce and how to garden. Utilizing less processed foods may help decrease food allergies.</p>	
	<p>Next meeting will be August 14, 2008 from 6-8 PM at Stone School in Volga.</p>		