

MEETING MINUTES

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| DATE: May 8, 2008 | LEADER: Dan Lane |
| TIME: 6:00- 8:00 | RECORDER: Nancy Yelden |
| PLACE: Clayton Co. Extension office | GROUP: Clayton Co. Food and Fitness team |

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| MEMBERS PRESENT: [X] | X | Kim Gau | | |
| X Vicki Carolan | X | Renae Kraus | | |
| X Dick Fette | X | Terese Jurgensen | | |
| X Dan Lane | X | Nancy Yelden | | |
| X Haleisa Johnson | X | Tim Engelhardt | | |
| X Judith Crandall | X | Margaret Corlett | | |
| X Fran Passmore | X | Heidi Feuerhelm | | |
| X Joyce Cherne | | | | |

1. Reviewed Minutes
2. Reviewed Agenda

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| <p>Welcome & Introductions</p> | <p>Introductions and encouraged members to refer to website: www.iowafoodandfitness.org to update them on committee's purpose and objectives. Enjoyed a delicious meal provided by Doug Schmidt from Franklin Hotel in Strawberry Point. Doug and Therese shared information regarding the "1888 Dinner". Can go to the Strawberry Point website for more information.</p> <p>-</p> | <p>Members shared what wellness activities they have been participating in: Dan- Completing assessments of playgrounds in various communities. Interesting to see how much is available in our smaller communities. Therese- Received a UMGC grant to sponsor a teen dance on 6/14 for Safe Coalition. Haleisa- Received a Take Action Grant for diabetes prevention at Central school. Vicki-Central school participated in Go the Distance and received recognition of \$1000 for participation. Heidi- repairing bandstand and park in Farmersburg Judy- Tilled the community garden and ready for planting. 4-6 families participating Kim: Carole received Governors Award for Lighten Up Iowa, Diabetes Advisory Board planning to offer programs.</p> | |
| <p>Regional Team Update</p> | <p>Dan and Tim continue to work with Build Environment workgroup. Many communities have completed park/recreational surveys. Renae shared that the health fair in April for Clayton Ridge high school students and community members was well attended. Offered a scavenger hunt at each booth with prizes awarded at the end. Had healthy snacks of carrots and apples available to participants. Tapestry newspaper interviewed Renae regarding the health fair and wellness programs. Haleisa reported on the Vision Deployment Workgroup. Plans to meet with Kellogg representatives on 5/27 in Rochester. Looking a various models. Regional team discussed and approved year two budget. Dan asked the county committee if they would be in agreement to offering a meal to the groups to entice them to attend meetings to discuss the NEIF&F Initiative. Groups that may be approached: county employees, farmers, ministerial group, fair board or farmers market vendors.</p> | | |

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| <p>“Public Health Key Informant Interview Summary”</p> | <p>Viewed the power point presentation developed by Public Health Directors regarding the “Key Informant Interviews” that were completed earlier this spring.</p> <p>Discussed the following questions after the presentation:</p> <ol style="list-style-type: none"> 1. What do you see in this report – What jumps out at you? <ul style="list-style-type: none"> -Consistent with the things that we are doing/seeing. - Many concerns identified are also in community health assessments that we did 3 years ago. <p>Good health care and also the need for specialists. Environmental barriers.</p> <ol style="list-style-type: none"> 2. How does this information validate what you know about our communities? <ul style="list-style-type: none"> - We have not missed anything. 3. How does this relate back to our vision statement? <ul style="list-style-type: none"> - Geographic location - Doesn't talk about the food aspect of health. How it impacts it. - We tend to be reactive not proactive. - Over scheduling has killed spontaneity. - Need to address exercise and local food availability in survey also. 4. Where do we go from here? <ul style="list-style-type: none"> - PH partners will be completing comprehensive survey and using this information to assist in developing the survey tool. <ul style="list-style-type: none"> - Will be applying to Wellmark Application for funding to assist with the survey. - Luther students will assist in completing county profile for each county. | | |
| | <p>Next meeting will be June 12, 2008 from 6-8 PM at Central State Bank meeting room in Elkader.</p> | | |