

**Howard County FFI meeting Minutes**  
**April 9, 2008**  
**6:00- 8:00 PM**  
**Laura Rose Lobby at the hospital in Cresco**

**Present:** Elaine Govern, Matt Kabliska, Charlie Baier, Larry McGee, Hazel Boyle, Ronda Hughes, Colleen Peckham, Joye Meyer, Mike Zeimetz, Bruce Weigel, John Lloyd, Brian Ney, Randy Mashek, Robert Hughes, Jan McGovern, Marian McGee, Brenda Ranum Eric Nordschow, and Ann Mansfield.

Welcome by Charlie & Matt. A meal was served. People introduced themselves and told why they came tonight. Charlie explained that a few people had to leave at 7 PM so we were changing the agenda to show the DVD next.

**Guest Speakers:** Brenda Ranum and Ann Mansfield  
Co-Conveners for the NE Iowa Food & Fitness Initiative

**View DVD:** *Celebrate What's Right With The World*

**Discuss DVD & Vision**

The group discussion of the DVD and the vision was done as a large group.

The group gave Brenda their ideas about the vision and Ann recorded them to take back to the regional group.

**Share NE Iowa F&F Initiative Working Vision:**

**Creating vibrant communities that support access to locally grown, healthy, affordable food and safe places for physical activity and play—for everyone**

**Brief Summary of Reg. Food & Fitness Leadership Team Meeting**

A summary of the Regional Food & Fitness Leadership Team Meeting was given by Elaine, Ronda, and Larry.

**1. Diversity Workshop**

**2. Work Group Reports**

**3. WKKF Calendar of Events**

- May 15th – Deadline: Year One Report due to WKKF
- June 24th - 26th - WKKF F&F Conference in Detroit, MI (travel June 23 and June 27)
- November – Anticipated Distribution of RFP for Implementation Phase
- February 2009 – Anticipated Deadline for Submission of Implementation Grant Proposal
- April 1, 2008 – Anticipated start of Implementation Phase

**4. Next Regional Leadership Team Meeting:** Wed., April 30, 2008

### **Evolution of Northeast Iowa Food & Fitness Initiative:**

- April 2007 – WKKF grant award to NE Iowa
- May 2007 – NE Iowa Community Conference - developed a county and regional structure
- June 2007 – Began holding monthly County F&F Planning Team meetings and learning through webcasts; selected Regional F&F Leadership Team members
- July 2007 – Regional F&F Leadership Team formed
- Nov 2007 - developed our **Core values--our identity and Purpose**
- Mar 2008 - **formed the Vision**
- July 2008 - **strategies will be identified**
- **August 2008 - tactics will be identified**
- **September – October 2008 - county F&F planning teams and partners will identify activities.**
- **November 2008 - activities will be selected for the Community Action Plan**
- **January 2009 - Community Action Plan will be completed for counties to review.**
- **February 2009 - Community Action Plan will be submitted to the WKKF.**
- **April 2009 - WKKF will select Communities to Implement their Community Action Plans**

### **Questions & Answers**

Charlie & Matt led the discussion following the program. The group had some new people so we talked about what was going on in the different communities and how things were starting to move forward.

Wrap-Up: We thanked everyone for sharing their time and ideas. The May meeting will be Wednesday May 21, 2008 at the Laura Rose Lobby in the Cresco hospital. The June meeting will be Wednesday June 18, 2008 at the Laura Rose Lobby in the Cresco hospital. The meeting ended at 8:00 pm.