

The Allamakee County Planning team of the NE IA Food & Fitness Initiative met on March 19, 2008 at the Waukon Wellness Center at 4:15 pm. Present: Anne Blocker, Teresa Wiemerslage, Rachelle Howe, Paul Rael, Solvig Hanson, Dave Duncklee, Lana Snitker, Janel Clarke, Brianne Eilers, Lisa Curtin, Mary Koopman, Katie Blocker.

Introductions were made and members shared responses to this question: “Share a discussion, project, or grant you have had in your personal or work life related to the Food and Fitness Initiative in the last month.” The comments included:

- Working on grants for Wellmark, NIFF producers and All. Co. Comm. Foundation
- RSVP updates
- New articles developed and radio station ads
- Discussions with co-workers
- Spring Plantings have started. Have been doing presentations at nursing homes on local food
- Brochures and printed from Locally Grown
- 15 producers attended the Safe Food Handling Seminar
- Unveiling of a new consumer campaign
- Buy Fresh-Buy Local Directory is being worked on
- Documentation of product use/consumption
- Luther Students are working on a public health assessment for the counties

The Regional Team members gave a summary of the Regional Team meeting. Refer to the Regional Team minutes.

The group viewed the webcast—“Building A Local Food System, Part 3 – Planning For Our Future” and broke into two groups for discussion.

Discussion items included:

- Produce Auctions
- Community/Coop Gardens. The County Farm was given as a possibility.
- Classes for canning
- Community Greenhouses
- Agri-tourism opportunities
- Schools serving fresh salad bars
- Schools serving 1 fresh item at each meal
- Pricing issues for schools and restaurants
- Cost – price of gas will effect price of food
- Locally Grown – Meat- Dairy in Restaurants
- Summer Camps for kids
- COMMUNICATION is needed

The meeting adjourned at 6 pm.