

MEETING MINUTES

DATE: August 9, 2007	LEADER: Dan Lane
TIME: 6:00- 8:00	RECORDER: Nancy Yelden
PLACE: Clayton Co. Extension office	GROUP: Clayton Co. Food and Fitness team

MEMBERS PRESENT: [X]	X	Julie Zittergruen	X	Glenda Plazey
X		Tim Engelhardt	X	Nancy Yelden
X		Roger Thomas	X	Brenda Ranum
X		Dan Lane	X	Brian Rodenberg
X		Carole Glawe	X	Ellen Bechtel
X		Larry Gibbs	X	Ellen Johnson

1. Reviewed Minutes
2. Reviewed Agenda

Agenda Item	Activity/Discussion	Decision/Action/Conclusion	Who does it?
Welcome & Introductions	Welcomed new members and provided packets to update them on committee's purpose and objectives.	Informational	
Suggestion box	Dan reminded attendees to complete suggestion forms and add to suggestion box before end of the meeting.		

Agenda Item	Activity/Discussion	Decision/Action/Conclusion	Who does it?
Flip charts	Reviewed charts for: “Who Is Not Here That Should Be” (1) and “What Policy changes have you noted?” (2)	(1)- Added convenience store owners, restaurants /grocery stores, clergy and youth. (2)- Central School hiring a snack coordinator and working on developing program to offer healthy snacks to all students daily. Central Community Hospital implementing “Wellness Challenge” with employees to offer free health screening, track activities and then re-screen to monitor progress. Guttenberg Hospital looking for grant to offer screening for pre-diabetics and teaching with employees and if successful then would offer to community.	
Summary of July Regional meeting	Shared it is truly a regional concept. Set group guidelines and will use parliamentary procedure for decision. Reviewed Co-Directors and Regional team members roles, discussed future ideas for web casts. Shared this is a new project to everyone and we must share ideas. Kellogg Foundation representatives are coming in August to meet with Regional and local team members.	Informational	Haleisa, Tim and Brian
Youth Representative	Brandon Freidlein is interested in being one of our youth representatives. Carole and Julie will talk with Dr. Hugo’s daughter to see if she would also be interested in being our 2 nd youth representative.		Julie and Carole
Web cast #3 Why Safe Routes to School Matter	Viewed web cast and discussed questions: #1: “What benefits could you expect for our children by creating a Safe Routes to School program in our county?” #2: What obstacles could keep our county from implementing this program? #3: What services, information or facilities would help implement the SRTS program?	#1: Increase physical fitness, more socialization, teaching etiquette of walking/riding bikes, improved safety with less congestion dropping off /picking up children #2: City governments must be involved as well as schools. Current SRTS grant will fund new initiatives. Maintaining sidewalks. Getting parent to buy in for walking. Finding a volunteer to do walking school bus. #3: Schools, city government, parents, hospitals, police departments, Safe Coalitions	

Agenda Item	Activity/Discussion	Decision/Action/Conclusion	Who does it?
Web cast #4: Assessment & Mapping Toolkit for Building a Healthier Community: Safe Routes to School	<p>#1: Are there schools in our county ready to submit as SSRTS application?</p> <p>#2: If yes, should these schools be interested in submitting Regional application?</p> <p>#3: Are there schools in our county that would benefit from a SSRTS program?</p> <p>#4: If yes, have they already from a SRTS committee? If no, would they be interested informing one? Who would be key people to work on this effort?</p> <p>#5: What will a school need to implement the SRTS program?</p> <p>#6: Is there a school in our county that would benefit from the SRTS mapping Program?</p>	<p>#1: Not ready as we need to complete mapping first.</p> <p>#2: N/A</p> <p>#3: Central, Clayton-Ridge, MFL-MAR-MAC, Ed-Co.</p> <p>#4: Central applied last year but was not funded. Needs mapping to strengthen application. This committee could be re-activated. Other schools would have to develop a committee with city government, law officials, and school personnel.</p> <p>#5. Identify need of schools and participation of school, parents and city government.</p> <p>#6: Would need help with mapping and developing survey: Central, Ed-Co, & Clayton Ridge. Will ask MFL if they would be interested.</p>	
“What can we do as County F&F planning Team before our next mtg.	Discussed need for articles in new papers or newsletters.		
Worksite Wellness and School Wellness policies	<p>Brenda discussed in Oct each county will need to identify 2 worksites, one large and one small that would be interested in participating in a “Worksite Wellness” training. Would send 2 employees to the one day training and implement program in their worksite.</p> <p>In Nov. need 1-2 schools per county to share school wellness policies. Would need 1-2 representatives from each school.</p>	Bring ideas to next meeting.	
	Next meeting September 13 at Clayton Co. Extension office from 6-8PM.		