



# **4-H Family Handbook**

Bremer County

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## **Welcome To the Bremer County 4-H Program**

Dear 4-H Families,

As a 4-H member, parent or leader you will learn more about the 4-H program and the opportunities it has to offer your family. Your 4-H membership is a time for fun, learning, growing and sharing with your family. You will have the opportunity to make projects, meet new friends, develop skills for decision-making and problem solving, gain knowledge about your community, and develop self-confidence.

The 4-H program offers many programs at the club, county and state level as well as international opportunities through exchange programs.

The 4-H Office is located at 720 7<sup>th</sup> Ave. SW, Tripoli. The office hours are Monday through Friday 8:00 a.m. - 4:30 p.m. If you have questions, please feel free to contact the office at 319-882-4275 or visit us at your convenience. For after office hours drop-offs, please use the box inside the front entrance.

Our website is another good source of information and as well as access to various registration forms. The web site is <http://www.extension.iastate.edu/bremer/>

We look forward to a learning and growing experience for you and your family through the Bremer County 4-H program.

Learning by Doing and To Make the Best Better,

Bremer County Extension Staff



## **WHAT IS 4-H?**

**4-H** is a youth organization that belongs to the members, their families, and other interested adults who serve as volunteer leaders. Professional leadership is given by Extension staff of Iowa State University. Support for 4-H programs is a joint effort of county government, the State of Iowa and the United States Department of Agriculture.

**4-H** is an informal educational program through which parents, other interested adults and youth themselves can help young people develop the confidence, social skills, decision-making abilities and subject matter knowledge which they need to lead a richer, fuller life and to be responsible citizens. Here in Bremer County, the 4-H program begins at the club level, of which you are now a part. 4-H members, parents and leaders have fun, learn and work together in project groups, club activities, special interest groups, and many special events.

**4-H** also reaches out to youth who are not involved in the community club program through Day Camps, Afterschool programs, and in school enrichment programs

**4-H** is open to all youth and adults regardless of their ethnic background, race, creed or disability. Most 4-H community clubs have meetings for the entire membership once a month. During these meetings, youth learn the process of decision-making, community service efforts

and project opportunities. 4-H helps develop life skills, which will help them become effective citizens and leaders in our community.

**How to Find out More** visit our website <http://www.extension@iastate.edu/bremer/>

The monthly newsletter, the HOTLINE, will be available online or by mail. Please read the newsletter for all updates and programs.



## **History of 4-H**

4-H, the current informal, educational program that promotes youth development began between 1890 and 1900. The educational climate of that decade saw educators for the first time recognize the needs of young people; educators began to stress that education should meet those needs. Agricultural college professors in nearly all states were organizing “farmers’ institutes” meetings to bring the latest scientific agricultural information to farmers and their wives.

From the cooperation of agricultural college professors and county school superintendents, a club structure emerged for agricultural education for youth. Credit for starting clubs with formal organization requirements is usually given to A. B. Graham, superintendent of schools in Clark County, Ohio. The model for a formally organized club was one he started in 1902. The boys’ and girls’ agricultural club he formed consisted of officers, projects, meetings, and recordkeeping requirements.

Several Iowa county school superintendents and local teachers were pioneers in the club organization movement. O. H. Benson in Wright County and Jessie Field Shambaugh in Page County taught farm topics in schools. Both became county school superintendents in 1906 and vigorously promoted “club” work.

Another Iowa county superintendent, Cap E. Miller in Keokuk County, also pioneered in club organization. In 1904 he made plans and urged his teachers to promote clubs and teach farm subjects. He sponsored a county organization of boys and girls with officers and educational programs. Miller’s plans fostered many of the teaching tools of today’s 4-H program – elected officers, educational programs, project requirements, records, regular meetings, and exhibits.

In Iowa, the work with boys was called “Boys Agricultural Clubs” work. The boys exhibited corn and garden products and had livestock judging contests. With girls it was titled the “Girls Home Culture Clubs”; these clubs taught sewing, canning, and gardening.



From 1905 to 1914, clubs were started in nearly all states. Boys and girls usually were enrolled by mail, and most were not under the immediate direction of a leader. Literature and instructions were sent to members from the state Extension office

At about this time, Professor P.G. Holden, superintendent of Iowa Extension, gave A.U. Storms the job of organizing 4-H in schools. In 1911 E.C. Bishop, from Nebraska, was appointed the first full-time state club leader for Iowa. With the passage of the Smith-Lever Act in 1914, county agents and local leaders began to organize

4-H clubs. Club meetings and projects were made major requirements.

Club work for rural youth was organized several years before the term “4-H” or before the four-leaf clover emblem was used. O.H. Benson, Wright County school superintendent, reported a gesture of good will by Iowa school children that led to choosing the four-leaf clover as the emblem for 4-H throughout the world.

The story goes: one sunny June morning in 1906 at a one-room country school near Clarion, Iowa, 11 pupils spent their recess outside searching for four-leaf clovers. They had plucked seven clovers when a visitor drove up. Their teacher recognized the guest as Superintendent Benson. At the teacher’s suggestion, the children surrendered their good luck charms and placed the seven clovers into the hands of Superintendent Benson.

He said, “I’m looking for an emblem for the agricultural clubs and the schools of the country, and you have just given me that emblem – the four-leaf clover; it will help explain to young and old the message of a four-square education.” The four main ideas for four-square education included educational development, fellowship development, physical development, and moral development.

In 1907 and 1908, Superintendents Benson and Shambaugh began to use an emblem of a three-leaf clover with an “H” on each leaf, one each for the head, heart, and hands. This was to be the membership badge for every boy and girl member of the Wright County Agricultural and Homemaking Clubs. Superintendent Benson said, “Out of the hearts, hands, and heads of these farm children was born the significant 4-H emblem.

The emblem was used on placards, posters, literature, shields, caps, uniforms, badges, and labels. In 1909 he wrote that the first pins with the clover emblem came into use. In 1911, O.H. Benson worked in Washington D.C. to help organize club work throughout the United States. He and others suggested ideas for a national emblem to represent the developing club program. The four-leaf clover emblem suggested by Benson was chosen. O.B. Martin, who was directing club work in the South, is credited with suggesting the fourth H to stand for Health.

The cooperation among colleges and communities away from campuses made it possible to offer education to young and adult citizens. The value of this cooperative relationship gained recognition when the United State Congress passed legislation to strengthen and perpetuate the college/community service to citizens. This legislation, known as the Smith-Lever Act, became law in 1914. One agricultural land-grant college in each state was designated as the institution to cooperate with local communities. In Iowa, this is Iowa State University at Ames. The Smith-Lever Act provided for the extension of factual information and technical assistance to people not attending colleges through the establishment of the Cooperative Extension Service. In 1914 Boys' and Girls' Club Work was included as a program of the Cooperative Extension Service, and 4-H remains there today.

4-H was not the name for these early youth groups, even though the present 4-H emblem was adopted in 1911. The term "4-H" first was used in a 1918 federal publication written by Gertrude Warren. In the early 1920's a group at a conference in Washington, D.C. discussed the need to give the boys' and girls' club work a distinctive name that could be used nationally. Several people favored "4-H" as the name for the

organization; in 1924, "4-H" was adopted formally as the organization's name.

Today young people may participate in 4-H community or project clubs, special interest groups, or school enrichment programs. 4-H is available in towns and cities as well as in rural areas.



## **4-H EMBLEMS AND SYMBOLS**

**Emblem** - The 4-H Club emblem is a green four-leaf clover with a white letter "H" on each leaf. The four H's stand for **Head, Heart, Hands and Health.**

**Pledge** - 4-H Members will learn the National 4-H pledge.

I pledge My Head to clearer thinking  
My Heart to greater loyalty  
My Hands to larger service, and  
My Health to better living, for  
My Club, My Community, My Country and  
My World.

**4-H Colors** - Green and White are the 4-H colors. The white in the 4-H flag symbolizes purity. The green, nature's most common color, represents life, growth, and youth.

**Motto** - "To Make the Best Better" is the aim of each member in improving project work and in building better clubs and communities.

**Slogan** - "Learning by Doing" is the 4-H member's way of acquiring new skills and learning how to get along with others.

## 4-H TERMS

**Cloverkid** Youth that are in Cloverkids are in kindergarten through third grade.



**Code of Ethics**-The 4-H program expects members to model positive behavior at 4-H events and activities. The program also expects youth will show good sportsmanship and make ethical decisions. This form is to be signed by the youth and a parent or guardian and returned with your fair entry.

**Community Service** – Giving back to one’s community through service helps 4-H’ers carry out their pledge “to larger service”. Most 4-H clubs will complete one or more service projects each year.



**Conference Judging** – A type of judging at fair where the 4-H’er and the judge visit about the exhibit being evaluated. The 4-H’er should be able to answer questions about their exhibit such as what steps they did to complete, where they learned certain skills, what problems they had, how much it costs, etc. The 4-H’er can also ask questions to get help in doing future exhibits. Parents are not allowed to participate in the conference.

**HOTLINE** The monthly Bremer County 4-H newsletter mailed or e-mailed to every 4-H family. The HOTLINE gives information about county level 4-H meetings and activities offered to 4-H members, leaders, and parents.

**Enrollment Form** A form you complete at the beginning of the 4-H year to join a 4-H club.

**Re-enrollment Form-A** computer generated form specific for each youth already enrolled in 4-H. This form is used to sign up for projects each year.

**Junior 4-H’er** – A youth enrolled in 4-H who is currently in grades 4-6.

**Intermediate 4-H’er-** A youth enrolled in 4-H that is currently in grades 7 or 8.

**Senior 4-H’er-** A youth enrolled in 4-H that is currently in grades 9-12.

**Livestock ID**-All youth planning to show livestock at the Bremer County Fair must complete this form and turn it into the Extension Office by May 15. This form asks for information (breed, tag numbers, color markings, etc.) on animals you plan to exhibit at the fair. The form is required for Beef, Sheep, Swine, Dairy Cows, Goats, Horses and Dogs. No identification form is needed for poultry, rabbits and pets (except dogs).

**4-H Endowment Fund**-A fund established by the Extension Council in Bremer County to help insure the future of the 4-H program. The fund provides support to local clubs to complete service projects and a \$500 college scholarship. Contributions to the Endowment Fund can be made through the Bremer County Extension Office.

**Fair Entry** A form you will receive in May where you list the specific exhibits you will display at the Bremer County Fair. The Fair Book contains the listing of departments and the entries for the classes. The Fair Book may also be found on the website: <http://www.bremercountyfair.com/>. You need to be enrolled in the project to enter an exhibit in that class by May 1. Forms are due in the Extension Office by July 1.

**FSQA or Food Safety & Quality Assurance** – This is a training to help youth learn good production practices. All youth

exhibiting animals that might enter the food chain, are required to complete this training. Youth age 9-11 must attend a training every year. Youth in grades 12-14 can take a test that is good until they turn 15, youth age 15-19 can take a test that is good until they turn 19. Youth not wishing to take the test can attend training every year.

**4-H Grade** Some events require grade limits. In that case, grade is determined as of the current year, which begins on October 1.

**4-H Year** A new 4-H year start October 1 and ends September 30 of the following year.

**ISUE** Iowa State University Extension is responsible for the administration of the 4-H Youth Development Program.

**Project Literature** 4-H member and leaders guides which provide you with an outline for you to study your 4-H projects.

**Record Book** Your record book is a complete record of the 4-H's member's accomplishments in project and activities for the current 4-H year. You are required to complete a record book and submit it to your General Leader by September 1. Record Books are then reviewed by the leader and sent to county for consideration for county project awards. Project Award Form must be submitted with your Record Book to General Leader.

**Weigh-In** –Individuals planning to exhibit market beef, sheep or swine at the county fair must have their animal(s) weighed in on a designated date and at a central location. Beef are weighed in December, swine and sheep in April. The animals are re-weighed at fair and a rate of gain is calculated.



### **Purpose of a 4-H Club Meeting**

Club meetings help youth

1. learn new information
2. develop social skills
3. acquire leadership, communication and citizenship skills
4. Have FUN!

4-H members are expected to attend monthly meetings. Club meetings are also a family event. Parents are encouraged to attend meetings with their child.

### **How often do clubs meet?**

Most clubs will meet once a month. Typically they will select a regular meeting night such as the 3<sup>rd</sup> Monday or 2<sup>nd</sup> Sunday.

### **How long are club meetings?**

A 4-H meeting will typically last about 1 to 1 ½ hours. The meeting includes business, an educational program and/or educational presentations and recreation. Most clubs have families take turns serving as host where they are responsible for providing some type of refreshments either before or after the meeting.

### **Who Conducts the Meetings?**

All clubs elect officers at the beginning of the year. Officers are elected to the positions of president, vice president, secretary, treasurer, reporter, historian, photographer and recreation leader. These youth then are responsible for leading the club meetings. Club officers should meet with the club's organizational leader prior to the meeting to develop the meeting agenda items.

# **RESPONSIBILITIES**

## **AS A MEMBER**

- \* Attend the monthly club meeting
- \* Attend project meetings (be attentive)
- \* Complete your projects early and exhibit them at County Fair
- \* Explore: educational presentations, leading pledges speaking, exhibiting, making posters
- \* Serve as an officer, committee member or helper in club events
- \* Complete end-of-year record book and apply for awards
- \* Bring your parents with you to meetings
- \* Read the "HOTLINE" mailed or e-mailed to your family from the Bremer County Extension Office.



## **AS A PARENT**

- \* Attend club meetings with your children --  
- **DON'T SEND THEM!!!**
- \* Serve as an Adult Leader, a Project Leader or Committee Helper
- \* Help children begin their projects very early (Nov. - Jan.)
- \* See that your children meet their responsibilities in their projects and complete them
- \* Encourage your son/daughter to exhibit their projects at County Fair
- \* Encourage your son/daughter to complete their record book
- \* Read the "HOTLINE" mailed or e-mailed to your family from the Bremer County Extension Office



## **AS A PROJECT LEADER**

- \* Complete 4-H Volunteer Child Protection and Safety check
- \* Attend the two required volunteer training session each year.
- \* Set regular meetings (minimum 4-6)
- \* Direct members as to where they can obtain the supplies and information needed for their projects
- \* Encourage members to start and complete project early to avoid frustration, and disappointment
- \* Encourage members to exhibit their projects at County Fair and complete their record book
- \* Encourage, Encourage, Encourage



## **AS AN ORGANIZATIONAL LEADER**

- \* Complete 4-H Volunteer Child Protection and Safety Check
- \* Attend the two required volunteer training session each year.
- \* Guide, Encourage, Teach. . .
- \* Encourage parent involvement
- \* Plan yearly programs with club officers
- \* Identify project leaders and co-leaders to help the club
- \* Supervise meetings
- \* Encourage member input
- \* Attend county leader meetings and workshops

# **WHO'S WHO IN 4-H**

## **Local Club Level Leaders**

**Organizational Leader** A volunteer who is responsible for the overall organization of the club. They collect enrollment from members, help members plan the yearly club program and club meetings. They work with the other club leaders to provide learning experiences and activities for members.

**Activity Leader** A volunteer who is responsible for working with the youth in the club to organize and conduct special activities such as the service project, fund raising event, club.

**Project Leader** A volunteer who helps 4-H members as they learn, make and create something in a specific project area.

**Youth Leader** 4-H member, Grades 5th – 12th, who are enrolled in the Leadership project. As a youth leader, you can get involved on the club, county and the state level. Youth Leaders are asked to take an active role in teaching younger members as a project leader, a club officer, or committee chairperson.

## **Membership**

**Clover Kid Member** Youth, in kindergarten through third grade, who is enrolled in a local 4-H club or special Clover Kid club.

**4-H Member** Anyone in 4<sup>th</sup> grade through 12<sup>th</sup> grade who participates in a local 4-H club.

**Independent Member**-an individual that works on their own under the supervision of an adult mentor. Members must meet six times a year with their mentor, complete a service project, demonstrate their learning

by giving a presentation before a group and submit a record on progress towards goals to their mentor at the end of the year.

## **County Level**

**4-H & Youth Committee** A group of adults and 4-H youth who meet approximately 8 times a year to support the 4-H program. The group helps to plan county events, organizing the annual Omelet Brunch, coordinates the Snak Shak food stand at fair and establishes policy and guidelines for the 4-H program.

**County Council** A group of youth currently in 10<sup>th</sup>-12<sup>th</sup> grade who help provide leadership for county events. The group is elected each year during the county fair. They meet 10-12 times a year.

**County Youth Coordinator**-This individual is responsible for the carry out of the overall 4-H program in Bremer County. They work with the 4-H & Youth Committee and the County 4-H Council to plan and carry out County Fair, annual Omelet Brunch fund raiser, conduct officer training and volunteer leader meetings, plus much more.

**4-H Youth Development Field Specialist** - The professional who guides, teaches and works with the county 4-H program to help assure it is conducting positive youth development programming. They are staff members of Iowa State University but have offices in local county Extension Offices.

**Fair Superintendent** Adults who work with the youth exhibits at the Bremer County Fair.

**Fair Board** A group of adults responsible for the planning and carry out of the Bremer County Fair.

## State

**State 4-H Council** - Youth are selected to serve on the State Council through an interview process held each spring. The State 4-H Council is responsible for planning the Iowa 4-H Conference and assisting with promotion of the 4-H program.



## 4-H ACTIVITIES AND EVENTS

Each club will have special activities throughout the year. In addition, there are countywide activities and events that 4-H members and adults may participate in. The listing below is only a partial listing. Other project related activities and events are held annually. All events are listed in the "Hotline" newsletter.

### CLUB

**4-H Week** (First full week in October)

Clubs can design a window display, set up a 4-H display at a school open house, promote 4-H at local stores, etc. or any way they may want to promote 4-H and recruit new members.

### COUNTY

**Clothing Selection & Fashion Revue** - Held in July (open to all members including Clovers) Members may sew (Fashion

Revue) or purchase a garment (Clothing Selection). Participants are expected to model the garment(s) at the County Style Show.

**County Project Meetings** - The Bremer County 4-H program has many countywide programs for different projects. These programs are to help youth learn more about a project. Leader training is also provided in many areas. Project meetings, workshops and leader training are listed in the Hotline newsletter. Trainings are offered for horse, dog, poultry.

**4-H Communication Day**-This county wide event is a day for youth to carry out an Educational Presentation, Working Exhibit, Share the Fun act or Extemporaneous Speaking. Youth of all ages can participate. They will be evaluated by a judge and awarded ribbons. The top youth in each area will be selected to advance onto the Iowa State Fair and Cattle Congress Fair. Communication Day is held in June.



### Bremer County Fair

4-H members bring projects for display. Judging is done "Face-to-Face", which gives youth an opportunity to tell the judge how they completed their project and what they learned. Each project will receive a ribbon placing. 4-H members will receive premium for their exhibits. Clover Kids receive a special Clover Kid ribbon. Top exhibits in the non-livestock areas done by youth in 5<sup>th</sup> grade and up will be selected to advance on to State Fair. Fair is held the last week of July to first week in August at the fairgrounds in Waverly. Fair Entries are due by July 1.

## Day Camps

Day camps are planned each summer for youth in grades K-3. Each year a different theme is selected. It is a fun and educational program for 4-H'er and non-4-H members.

## 4-H Awards Banquet (Held in November)

The program is held annually to congratulate, thank, award and encourage 4-H members, leaders, parents, families and guests after an exciting, rewarding and fun filled year.

## Area and State Events



### Junior 4-H Camp (4<sup>th</sup>-6<sup>th</sup> grade)

An overnight camping experience at the Pinebluff 4-H camp near Decorah. Youth stay overnight in cabins and do recreation and crafts around a selected theme.

### Intermediate Camp (7<sup>th</sup> & 8<sup>th</sup> grade)

A two night camping experience held in June at the Pinebluff 4-H camp near Decorah. Youth stay in camps, go canoeing, and complete the Challenge Course plus recreation and crafts.

### State 4-H Youth Conference (8<sup>th</sup> - 10<sup>th</sup> grade)

A three-day conference held annually at Iowa State University in Ames each June for youth. Youth attend workshops, do a service project, plus have numerous fun events including recreation, dances and a banquet. It is open to all 4-H'ers and non-4-H members.

### Citizenship Washington Focus (10<sup>th</sup>-12<sup>th</sup> grade)

This is an exciting trip to Washington D.C! Youth travel by chartered bus to the

National 4-H Center in Chevy Chase Maryland, which is just outside Washington D.C. While on the trip they will see local historic sites, visit monuments, see the Smithsonian Museums, participate in workshops to learn about our government and have lots of fun meeting 4-H'ers from around the United States. The trip goes in June every other year, on odd years such as 2009, 2011, etc.

## State 4-H Camps

Each year the 4-H program offers numerous state camps at their camping facility near Madrid, Iowa. Camps are open to youth in all age groups as well as several family camping events. Camps typically focus on a specific topic area. For more information about the camps go to the following website: <http://extension.iastate.edu/4hcenter/> and click on Summer Camps.



## 4-H RECORD BOOK AND AWARDS

Record keeping is a life skill that can be developed through your 4-H work. Setting your project goals, keeping track of the financial records, and recording your accomplishments are all part of complete record keeping.

The primary purpose of Record Books is to help the 4-Her and the family measure progress. 4-H record books should be filled out completely and accurately. Parents may oversee the member's work, but the member is to do their own writing or typing. Parents and Leaders should encourage each 4-H member to work on their record book throughout the year.

4-H Record Books are handed in to their leader by September 1 at the club level and are due to the Extension Office by September 15 to be evaluated for possible county awards. All 4-H members are encouraged to apply for Record Keeping and Project Awards. County project winners are selected based on their record book and are announced at the annual Awards Banquet in November.

**Your record book should include the following:**

1. Record Book Binder (Green) available from the County Extension Office or you may use a 3-ring binder.
2. Title Page: Include your name, club, grade in school, years in 4-H and a picture of yourself.
3. Expected Standards for Bremer County (also has Record Book order at the bottom)
4. 4-H club program
5. 4-H Yearly Summary
6. Project Record Sheets – This may be the Basic, Experienced or Advanced form. Each project you are enrolled in will need a sheet. For example you need one sheet for Foods & Nutrition not one sheet for your chocolate chips cookies, one sheet for bread. Pictures and clippings can help tell about your year in 4-H.
7. 4-H Project Worksheets (beef, dairy, horse, dog, horticulture, swine, sheep, photography, crop, poultry)
8. Tabbed by project with current year on top.

**Record Book forms can be received from your club Leader, at the 4-H Office, or on the Bremer County 4-H website: <http://www.extension@iastate.edu/bremer/>**

**County Awards**

To receive a county award you must meet the following requirements:

1. Turn in a completed Record Book to the club and at county level.

2. Include a **completed** project sheet for the award in which a member is applying.
3. Complete worksheets in projects where needed (beef, dairy, dog, horse, horticulture, swine, sheep, crop, poultry, photography)
4. Record Book must be completed by the 4-H member.

Your record book will be returned to you after the evaluation. You will continue to use the record book binder or notebook throughout your 4-H career. Each year you will add the new worksheets and information to the book.

**AWARDS AND TRIPS**

**County Awards**

**Achievement for Record Keeping Awards**-Recognizes youth for excellence in record keeping skills. Awards are given based on Record Book judging.

**Junior, Intermediate and Senior Volunteer Award**-Recognizes a youth for their volunteer service to the 4-H program at the club or county level.

**Family Volunteer Award**-This award is given to a family where two or more family members, including parents, have volunteered their time to strengthen the 4-H program in Bremer County. This may be on the club or county level.

**Club Community Service Award**-This award recognizes a 4-H club for outstanding work on a service project.

**Junior Record Book Awards** – Awards for 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> level Juniors and Outstanding Junior

### **Intermediate & Senior Project Awards**

These awards are to recognize youth for their personal growth and knowledge in a project area. Intermediate youth must show evidence of citizenship and/or leadership skills and Senior age youth must show evidence of citizenship and leadership skills in the project area for which they are applying. Members must currently be enrolled in project area for 2 or more years and include project worksheets where needed.

#### **Wilma Beam Outstanding Intermediate Communication Award**

To recognize youth for outstanding achievements in the areas of Educational Presentations, Working Exhibits, Share the Fun at the club or county level. Youth need to have completed 7<sup>th</sup> or 8<sup>th</sup> grade and have been in the communication project at least three years.

#### **Wilma Beam Outstanding Senior Communication Award**

To recognize youth for outstanding achievements in the areas of Educational Presentations, Working Exhibits, Share the Fun and/or Extemporaneous Speaking at the club or county level. They must also have demonstrated leadership and citizenship skills in the communication project. Youth need to have completed 9<sup>th</sup> - 12<sup>th</sup> grade and have been in the communication project a minimum of four years.



### **OVERALL SENIOR AWARDS**

#### **Agriculture and Natural Resources Award**

Recognizes youth in grades 9-12 that have demonstrated growth and knowledge in a variety of agricultural project and respect for agriculture and its importance to communities. Must have demonstrated leadership ability. (Includes crop, conservation, animals, entomology, forestry, horticulture, plant science, vet science, fish and wildlife project areas.)

#### **Science & Technology Award**

Recognizes youth in grades 9-12 who have shown growth and knowledge in at least 3 of the following project areas: aerospace, astrology, automotive, computer, small engines, tractor, welding and woodworking. Must show leadership in project areas.

#### **Personal Development Award**

Recognizes youth in grades 9-12 who have shown growth and knowledge in at least 3 of the following project areas: camping, citizenship, communication, health, leadership, music and safety. Must also have demonstrated leadership ability.

#### **Expressive Art Award**

Recognizes youth in grades 9-12 who have shown growth and knowledge in the areas of photography and visual arts. Must also have demonstrated leadership ability.

#### **Family & Consumer Science Award**

Recognizes youth in grades 9-12 who have shown growth and knowledge along with evidence of importance to communities in the following project areas: Clothing, Child Development, Food & Nutrition, Home Improvement, and Consumer Management. Must also have demonstrated leadership ability.

### **Citizenship Award**

Recognizes youth in grades 9-12 who have demonstrated social responsibility and respect and has responded to the needs of others. Must also have demonstrated leadership ability in this area.

### **Leadership Award**

Recognizes youth in grades 9-12 who have strengthened local 4-H units and their community through their leadership responsibilities and encouragement of other youth.

### **Achievement**

Recognizes youth in grades 9-12 who have shown outstanding knowledge in a variety of 4-H projects, shown outstanding personal growth and citizenship and has made contributions to improve family and community living.

### **Myrtle Leistikow Award**

Awarded to a senior age 4-H'er who has shown outstanding accomplishments in 3 of the following 6 project areas: Home Improvement, Foods & Nutrition, Child Development, Clothing, Visual Arts and Horticulture. They must also show evidence of helping younger 4-H'ers.

### **I Dare You**

Recognizes individuals who have demonstrated outstanding leadership qualities, have personal integrity and excellent character; are leading balanced lives and making a positive difference in 4-H. Youth must have completed 10<sup>th</sup>-12<sup>th</sup> grade and have been in 4-H for 2 or more years.

### **Glenyce Axon Excellence Award**

Recognizes a 4-H'er for excellence in record keeping, participation in a wide variety of projects and activities at the local and county level, shown project achievement and demonstrate excellence in character and

personal development. Youth must have completed 11<sup>th</sup> or 12<sup>th</sup> grade.

## **State Awards**

### **Project Awards**

Recognizes youth in grades 9-12 for overall achievement and growth in project work. There must be evidence of leadership, citizenship and communication in the project area. Applications are due February 1 and youth must participate in an interview process. Area winners advance on to state level competition. Up to 50 state winners will receive \$100 savings bonds.

### **National 4-H Congress**

Recognizes youth in grades 10-11 who have shown the ability to address issues of concern to youth, are committed to active roles in their community. Award is a trip to Atlanta, Georgia in late November. Applications are due February 1 and youth must participate in an interview process. Area winners advance on to state level competition.

### **National 4-H Conference**

Recognizes youth in grades 9-11 who have experience on the local, county, area or state level with advisory groups or councils. Award is a trip to Washington D.C. where winners will meet with government officials and donors to update them on current developments in 4-H and the impact 4-H has on youth. Applications are due February 1 and youth must participate in an interview process. Area winners advance on to state level competition.

### **National 4-H Dairy Conference**

Recognizes youth in grades 9-12 who have a strong interest in the dairy industry and who have carried out dairy and dairy related project work. Award is a trip to the World Dairy Expo in Madison, Wisconsin. Applications are due July 1.

### **Iowa Youth Technology Team**

Recognizes youth in grades 9-12 who have demonstrated a strong interest and have shown ethical behavior in the field of technology. Winners become part of a state team that assists with state 4-H events. Applications are due February 1 and youth must participate in an interview process. Area winners advance on to state level competition.

### **State 4-H Council**

Each area in the state can select up to 8 youth in grades 10-11 to serve on the council. Council members must have demonstrated outstanding leadership and communication skills. Applications are due February 1 and youth must participate in an interview process. Area winners advance on to state level competition.



## **Scholarships**

### **Bremer County 4-H Youth Camp Scholarships**

All 4-H members are eligible for scholarships to assist with local, area and state camps. Support is 30% up to a maximum of \$100.

### **College Scholarship**

Numerous college scholarships are available 4-H youth. Applications along with a copy of your high school transcripts and letters of recommendation are needed. Over \$100,000 is given in scholarship annual to Iowa youth. Applications are due February 1. For a complete listing of all the scholarships and criteria contact the Extension Office.

### **4-H Club Service Project Grants**

All clubs are eligible to apply for up to \$100 to plan and carry out a service project. Funding comes from the Bremer County 4-H Endowment Fund.

### **Bremer County 4-H College Scholarship**

Each year one graduating 4-H senior will be selected to receive a \$500 scholarship. Individual must have been a 4-H member and must be planning to attend either a technical school or college. Check with the Extension Office for more details.