

# IOWA STATE UNIVERSITY

## University Extension

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### Goals of Go Green Craze 2008 - 2009

**4-H Clubs** – increase 4-H membership; implement best practices of “Vibrant” 4-H clubs; incorporate Fun, Friends, Voice and Choice into 4-H events.

**Environment:** learn about and practice “reduce, reuse, recycle” and environmental stewardship at 4-H meetings and at home; emphasize bicycle, outdoor activities, and gardening 4-H projects.

**Money and Energy Savings:** share low cost ideas for 4-H projects; practice money and energy saving ideas at 4-H meeting and at home; explore Iowa vacations and low cost recreation ideas.

### Go Green Craze Club Incentive



**Incentive:** Do at least **ten** Go Green Craze activities from the resources provided or your own ideas. Earn a **4-H water bottle** and **one fill** of lemonade or iced tea in the bottle at the 4-H foodstand during the July 15 – 19, 2009 Boone County Fair for each member and leader of your club who participate in Go Green Craze. Members and leaders are encouraged to use the refillable bottle during fair to reduce trash.

### Best Practices of “Vibrant” 4-H Clubs

- \_\_\_ Members are involved in planning a **yearly club program** with consistent day and time to meet. Give a copy to each family and to Extension Office.
- \_\_\_ Plan a 4-H **family or club activity** to encourage members to have fun, learn, and work together.
- \_\_\_ Use a **greeter** at door to welcome members. **Introduce** visitors.
- \_\_\_ **Include four parts of club meeting** – pre-meeting, business meeting, education, recreation.
- \_\_\_ Use a **club newsletter or email** to communicate with all members. Follow up with members who do not attend a meeting.
- \_\_\_ Use **group decision making** methods including Brainstorming, Consensus, Rapid Response, Suggestion Box, Buzz Group, Committees.

Halloween Party for 4<sup>th</sup>, 5<sup>th</sup> & 6<sup>th</sup>  
graders. Invite a Friend.



Monday, October 27  
7:00 to 8:00 p.m.

Community Building  
Boone County Fairgrounds

Wear Costumes\* Prizes\* Games  
Planned by County 4-H Council

### National 4-H Week October 5–11

- \*Celebrate 4-H.                      \*Tell your 4-H story.
- \***Wear your 4-H T-shirt to school on October 7.**
- \*Display a 4-H poster at your school or library.
- \***Make a Difference** by helping with trail and lodge clean up, raking, and painting at 4-H Camp on October 11 anytime between 9 am – 3 pm.

### Enroll in 4-H by November 17

Remember to complete your 4-H enrollment form, have a parent complete medical information/release form, and pay \$20 fee by Nov. 17.

Many projects have more than one level. To advance to the next level, write in the correct number and if applicable circle yes to “need lit.”

Copies of the medical form will be kept by the Extension Office and club leader and taken to all 4-H events. The goal is to be prepared in case of an injury.

**New in 2008** are project guides for **Theatre Arts**, **Photography**, and **Robotics** (Explorer, Probe, Coach.)

# 4-H FAMILY NEWSLETTER

## October – November 2008

A newsletter for Boone County 4-H members, leaders, and their families.

Dear 4-H Families,

Fall is an exciting time in the 4-H year because clubs are **welcoming new members, electing officers, and planning programs** for the coming months. Think about which projects you want to continue from last year or new projects to try. All members are enrolling in projects and can order project guides by checking "Yes" under "Need Lit" on the enrollment form.

Parents are asked to complete an **Iowa 4-H Medical Information/Release Form** each year so that information is current. Boone County 4-H funds are used to purchase basic accident insurance for 4-H club members and leaders for regularly approved activities with adult supervision excluding skiing, sledding, tubing.

Club leaders will collect **\$20 per member state program development fee** with enrollment forms and medical forms by November 15. The limit per family is \$60. **Financial assistance is available.** Put a check on the line provided on enrollment forms. No member will be denied membership based on ability to pay.

Sincerely,

Rich Wrage, Boone County Extension  
Education Director ([rwrage@iastate.edu](mailto:rwrage@iastate.edu))

Joyce Patterson, Boone County  
4-H Youth Coordinator ([jpatt@iastate.edu](mailto:jpatt@iastate.edu))



Visit our Home page at [www.extension.iastate.edu/boone](http://www.extension.iastate.edu/boone)

## General 4-H News

### Suggestions for record keeping

The Participation Summary is designed to include the **highlights** of your projects. Write more details including citizenship, communication, and leadership on the basic, experienced or advanced project records.

4-H Youth Committee members have reviewed 4-H record books from **52 members** and selected award recipients to be honored on November 9. **101 4-H members applied for 231 project awards.**

Suggestions from the committee:

- \* Set goals on what you want to learn.
- \* Set more challenging goals each year.
- \* Set goals you can control – not ribbons.
- \* Plan ahead to do citizenship, leadership, communication in your projects .
- \* Action photos add interest to your records.



**Thank you** to leaders and committee members who have spent hours reviewing records, nominating and selecting 4-H award recipients.

**Boone County 4-H Clubs with 80% of '07-'08 members re-enrolled by November 17 (forms into Extension Office and fee paid) will be awarded ice cream for a club meeting!**

### Be a part of new Central Iowa Area Council by attending retreat Nov. 8 - 9

Youth 9<sup>th</sup> – 12<sup>th</sup> grades can be part of the effort in forming a Central Iowa Area 4-H Council. An area council is like a county council but it is made up of 4-H'ers from seventeen counties. A fall retreat is planned at the State 4-H Camp near Madrid, November 8<sup>th</sup> – 9<sup>th</sup>, 1:00 p.m. – 11:00 a.m. with a cost of \$10 to cover lodging and meals.

Contact the Extension Office for registration information by October 24. Once you are signed up, a confirmation letter will be sent. Jeff Macomber, 4-H Youth Field Specialist, is area council advisor. Contact him at 515/993-4281 or [jmacombe@iastate.edu](mailto:jmacombe@iastate.edu)

### Invite your friends to join 4-H.

- Offer them a ride. Answer questions.
- Welcome and introduce new members.
- Share what you have learned.
- Include them in recreation.
- Match with an experienced "buddy."

**Invite new 4-H'ers in Madrid to "Experience 4-H" on October 13 at the library from 6:30 – 8:00 p.m.**

## Go Green Craze at officer training

Nov. 25 from 7 – 8:30 pm.

☺ Time will be spent in officer groups learning how to do the responsibilities of your office.

☺ Learn about **Go Green Craze** incentives and how to incorporate ideas into your club meetings.

**Award:** Any officer bringing a “*So You Are \_\_\_\_\_ of your Group*” to officer training **with the activities completed** will be given a 4-H pen.

**Election suggestions:** Club officers may be nominated from the floor (no second is required, one nomination per member per office) or by a nominating committee (further nominations may be taken from the floor.) Voting by written secret ballot is recommended.

## 4-H members invited to join Central Iowa Area Tech Team (CATT)

CATT received a GIS mapping grant for the upcoming 4-H year. The grant includes licenses for software, resource books, training, and aerial and topographic map disks of all the continents – an impressive package! As part of the grant, during the coming year the team agrees to make a “Community Atlas” of maps decided upon by the members in their local communities based on their interests. You are invited to join the Tech Team!

On October 11/12 Central and Southeast Area’s Tech Teams will meet at Lake Ahquabi near Indianola to do GPS waypoint marking and GIS multi-use trails in Summerset State Park and other outdoor activities.

Meetings will be held the 2<sup>nd</sup> Saturday of each month from 1 – 3 p.m. at the Story County Extension Office in Nevada. Contact Jane Runneals at [janerun@iastate.edu](mailto:janerun@iastate.edu) or 515/382-5066 with questions. CATT website is: [www.centralareatechteam.org](http://www.centralareatechteam.org)



Heidi Manken	Jackie Means
Aja Porter	Skyler Rinker
Kaitlyn Romitti	Thad Satre
Erin Soderstrum	Jamie Soderstrum
Alycia Sterenberg	Jake Venner
Kelsey Westrum	Tjaden Ahrens

Advisor: Molly Hamilton, Natalie Hedlund, and Ward Hunter. They will be helping with Discover 4-H, the Halloween party, Awards Day, and officer training, and much more.

## What is a 4-H junior leader?

A leader is the person with major responsibility for planning and carrying out an activity to help a group attain its goal. *So you are a Junior Leader...* (by Rachel Bethards) has suggestions and ideas on developing a leadership plan.

### Project youth leaders may:

- \* Help the first year project members
- \* Review project guides - do activities with club.
  - \* Conduct a club or county project workshop
  - \* Help project members prepare for county fair

### Club junior leaders:

- \* Mentor new members
- \* Work with officers to be ready for club meetings
- \* Help plan and carry out the club program
- \* Lead a specific activity - fun, citizenship, fund raiser
- \* Be a committee chairperson (such as club booth)

## High school students - plan ahead to apply for awards/scholarships

High school students are eligible to apply for area/state recognition including:

**State Council**                      **National 4-H Conference**

**State project awards**      **National 4-H Congress**

To apply, prepare five pages of support material (due **Feb. 2**) and interview at the area level on March 7, 2009.

**Seniors:** 4-H scholarship information and applications will be due **Feb. 1** to the State 4-H Office with a transcript and two letters of recommendation. Forms will soon be available at [www.extension.iastate.edu/4H/grants.html](http://www.extension.iastate.edu/4H/grants.html)

## How many 4-Hers in Boone County in 2007-2008?

A 4-H'er is defined as youth with 6 or more hours of ISU Extension educational program contact.

### Community Club

**312** members in **19** 4-H clubs

141 male, 171 female

85 farm, 171 rural/small town, 56 in Boone

129 juniors, 59 intermediates, 124 seniors

### School Enrichment

**812** students in 38 units (Outdoor classrooms, Amazing Human Machine, Home School)

### Special Interest

**326** youth in 18 units (Babysitting, Clover Kids, Challenge, Fish Iowa, Aerospace Interest)

**Total unduplicated participants = 1251!**

**Boone County 4-H Clubs with 80% of '07-'08 members re-enrolled by November 17 (forms into Extension Office and fee paid) will be awarded ice cream for a club meeting!**

## Congratulations/Welcome!

• Congratulations to **Holly Kauffman (music)** and **Alexa Lingren (Citizenship)** who earned state 4-H project awards. **Laura Heineman** also interviewed at the state level in the dog project.

• **County 4-H Council members for 2008 – 09**

Bailey Bergman	Jessica Frantum
Emily Hackenmiller	Audra Haglund
Lauren Haglund	Leah Haglund
Andrew Heineman	Marcus Heineman
Bryant Hunter	Grant Isaacson
Spencer Larson	Alexa Lingren



## 4-H news briefs

☺ The Boone County **4-H Youth Committee** is looking for new adult members to serve a 2-year term (with an optional second 2-year term) and older youth to serve a 1-year term. Terms run from January to December.

Committee members serve as club liaisons, determine county 4-H policy, help carry out county 4-H events, and select and present county award recipients.

☺ **Fair premium checks** will soon be in the mail to one leader per 4-H club. Thank you to fair board, auction supporters, supporters of quilt raffle.

☺ Support 4-H outstanding graduate awards by eating **omelets** on November 6 from 6 - 8 am at the fairgrounds -



sponsored by Ag Committee of Boone Area Chamber of Commerce.

☺ **Pioneer Grants** provide "seed money" for clubs to do community service projects. An application due Dec. 1 and tips for completing are at EO or online at:

[www.extension.iastate.edu/4H/Pioneergrants.html](http://www.extension.iastate.edu/4H/Pioneergrants.html)

☺ A citizenship activity for a 4-H member or a club is making **holiday cards** for the Iowa 4-H Foundation to send to major 4-H supporters. Cards are to be handmade (not computer generated) with generic holiday themes. Cards should approximately 4¼" X. 5½" with envelopes. Name of club and county may be written on the back of the card.

## Notes for Parents and Leaders

### Parents talking to other parents to recruit new 4-H members

Share with other parents the benefits you see 4-H offering your son or daughter.

⌘ 4-H'ers can **explore new interests** in a safe environment with caring adult leaders.

⌘ 4-H'ers can **expand what they are already doing** into a 4-H project such as gardening, bicycle, fishing, photography, shooting sports, or self determined.

⌘ 4-H'ers **develop life skills** of communication, citizenship, leadership, responsibility, goal setting, record keeping, and project knowledge/skills.

⌘ **Opportunities in 4-H** to attend camp, earn scholarships, exhibit at county fair, serve as a club officer, and travel (financial assistance for 4-H'ers.)

### Give Extension Office copy of club programs & notify us of field trips

Vibrant clubs plan ahead and keep all members and their families involved/informed about 4-H activities. Vibrant clubs offer members fun, friendships, voice and choice. **Club programs** help to keep busy families informed on 4-H club plans for upcoming months. Involve 4-H'ers in your club program planning. The time spent now setting dates and places and dividing responsibilities will prove very worthwhile later.

As part of risk management, club leaders are asked to keep the Extension Office informed of activities beyond club meetings such as field trips and fund-raisers. This helps us know your plans and that you have thought about insurance, adult supervision, and transportation.

## Ag Notes

### COOL County of Origin Labeling What 4-H'ers Need to Do

The Iowa COOL Coalition has come up with a simple affidavit that can work for all species of livestock (beef, sheep, swine, poultry, goats.) This affidavit is at [www.iowabeefcenter.org/content/COOL/COOL%20Forms.doc](http://www.iowabeefcenter.org/content/COOL/COOL%20Forms.doc).

**4-H'ers who raise their own livestock** need to fill out the affidavit and keep it on file for two years. In the case of an audit, 4-H'ers can provide authorities with this affidavit along with other documents such as birth records.

**4-H'ers who purchase their livestock from others** MUST have the producer fill out and sign the affidavit, give it to the 4-H'er, and the 4-H'er should keep the affidavit on file for two years and give a copy to Extension Office.

Also consider applying for Premises Identification Number (unique number for every location handling livestock by calling 888/778-7675 or [www.agriculture.state.ia.us/animalIndustry/premiseIdentificationProgram.asp](http://www.agriculture.state.ia.us/animalIndustry/premiseIdentificationProgram.asp)

### Market beef and Pen of 3 weigh-in on Saturday, December 27

On Dec. 27, 4-H/FFA market beef and pen of 3 members will weigh and tag their animals and complete identification forms. Suggested weight is 600 – 700 pounds if gain is 2.5 – 3 pounds per day.

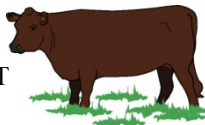
Location: King Feedlots

539 P Avenue (north of Boone on R27)

8:00 am – 2:00 pm

Boone, Story and Greene Counties own together a **retinal imaging machine** which will be used to nominate state fair market beef and sheep. Cost per animal will be \$5.

The Pen of 3 project (1018) is intended to be a realistic cattle-feeding experience. Emphasis will be on actual record of income, feed and other expenses and rate of gain. Call EO for copy of guidelines. Up to five calves may be weighed in and tagged, but only three shown at fair.



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**Join us at 4-H Awards Day  
Sunday, November 9, 2008  
2:00 – 3:45 PM  
Boone High School Auditorium**

*Awards to be presented include:*

Bronze, Silver, Gold **Project** Awards

**Special** - Merit, Achievement, Leader of Tomorrow,  
George Leonard Memorial and Spirit (Jr., Int., Sr.)

**Outstanding** Sixer, Freshman, and Graduate

**Chicago** Senior 4-H Award Trip and

**Scholarships** – Julienne Blomgren Memorial, Alice M. Flynn Memorial  
Chet Randolph Memorial, and Boone County 4-H Alumni

**Adult** - Alumni, Friend, Meritorious Service

Fran Thompson Outstanding **Leader**

2008 - 2009 County 4-H Council Installation

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## Families work together in 4-H - how can parents help?

Parents can help their child, other 4-H'ers, and club leaders have a better 4-H experience by:

- Helping your child choose projects, set goals.
- Completing Medical Information/Release form.
- Providing a place for 4-H materials at home (consider purchasing a small 4-H box.)
- Reading 4-H project materials and 4-H newsletter.
- Talking with club leaders. Attending club meetings.
- Volunteering to help with club activities.
- Giving encouragement when problems arise

**Hints for club meetings:** prepare an agenda, officers sit at front table, meet in a circle, respect the person talking, consider all suggestions, and have 4-H'ers take ownership to carry out decisions