



# Cass County 4-H News

## IOWA STATE UNIVERSITY University Extension

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## July/August 2008

Are you anxious for county fair? I'm always excited about county fair, but sometimes I find myself getting stressed out with the work that needs to be done. I know this can happen in 4-H families, too. The best way to reduce stress is being prepared in advance. Here are a few tips for having a positive fair experience:

1. Get your fairbook from your leader and read it. Mark the activities you plan to participate in and know the rules.
2. Work on your exhibits NOW. It doesn't matter if it's showing your animal or giving a working exhibit, the more you practice, the better prepared you'll be.
3. Find out what your fair assignments are and write them down. Know where you should report for fair set-up and cleanup day; Know where your club is in charge of grounds pick up; What other fair activities have you signed up to help with?
4. Watch your mail for work schedules and judging schedules. Read them carefully and keep them in a safe place.
5. Carefully read this newsletter, it contains many valuable tips and reminders.
6. Call our office with your questions. There is no such thing as a dumb question.

Remember, Fair is about FUN! Make the most of it!

*Julie Hering Kent*  
*Youth Program Coordinator*

**Activity Forms are  
due July 1<sup>st</sup> or Before  
to the Extension  
Office**

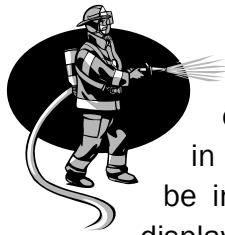
### **SATURDAY EXHIBIT JUDGING**

Be sure to mark your calendar - 4-H Building Judging will be SATURDAY, July 26 from 9:00 AM - 3:00 PM. That's right, **SATURDAY MORNING!** Check page 49 of the fairbook for the exact time your club is judged. Be sure to tell your friends and neighbors that the 4-H Exhibit Building will open Sunday at 1:00.

### **HAVE YOU HEARD**

- Tierney Sothman and Nakia Brown attended area Junior 4-H Camp at Madrid
- Kaley Stender, Drew Ladd and Alisha Blake were camp counselors at area Junior 4-H Camp at Madrid
- 16 clubs donated \$871.50 to 4-H'ers for 4-H.
- 15 clubs donated \$1,374.50 to the Cass County Endowment
- 21 Flower Barrels have been planted on the Fairgrounds by 4-H Clubs. This is the Youth Council's Iowa's Promise Grant for Community Service.
- Cass County RAMS ran the concession stand at the beef show.
- Brighton ran the Concession stand at the sheep show.
- Cass County will send 10 delegates to State 4-H Conference. They are: Alisha Blake, Jack Brown, Michelle Buboltz, Victoria Frisbie, Drew Ladd, Casey Marshall, Amanda Phippen, Kaley Stender, Emily Ullerich and Katie Wright.
- Grove H.O.T. held a family fun day with a BBQ and fishing at Lake Anita
- Pleasant-Noble United went to Adventureland on June 1st, and had a great time!
- Lincoln Guys & Gals held their meeting at the Massena Outdoor Classroom and learned about that facility

## CHURCH PHOTOGRAPHY CONTEST



Pictures of Church's are encouraged at the fair. All church pictures will be arranged in a special display at fair and may be invited to be part of a traveling display after fair. Prize money will be awarded to 1st and 2nd place in this contest.

## 4-H'ERS IN ACTION PHOTOGRAPHY CONTEST

4-H'ers wanting to enter the State Photography Contest "4-H'ers in Action" can bring their 5 x 7 color photo to be judged on Saturday of the county fair. Pictures should show 4-H'ers involved in a project, doing community service, or anything related to 4-H. 4-H'ers are limited to one picture in this contest. A caption telling what's happening in the picture is required. Captions are limited to 75 words or less. See page 48 in the fairbook.

## LIVESTOCK JUDGING

The Cass County Livestock Judging Contest will be held on Tuesday, July 29<sup>th</sup> Registration will begin at 3:30 PM at the FFA Foodstand and the contest will start at 4:00 PM at the outdoor show ring. Get a team together from your club. Rules are on page 43 of the fairbook.

### Reminder:

Each 4-H Club is required to have a manure wagon at County Fair! See page 13, Rule #12 of your Fairbook.



## LIVESTOCK AFFIDAVIT

The issue of using drugs with livestock in an illegal manner has become a great concern at local fairs. Random testing may be performed on fair animals and action taken to remedy violations. The Cass County Fairboard requires Livestock Exhibitors at the Cass County Fair to complete an affidavit. Affidavits will be available at your 4-H club meeting. Each exhibitor showing beef, sheep, swine or goat **must fill out this affidavit and return it to the fair veterinarian at check-in.** Failure to turn in a properly completed affidavit will result in not being allowed to compete.

## 4-H/FFA HERSDMANSHIP

Herdsmanship is all about providing good stalling and housing for your animals while they are at fair. Your efforts to have clean bedding, animals that are clean and comfortable and an attractive appearance to your area of the barn will have a lot to do with how many people walk through the barns to look at your exhibits.

We want to show people that raising and caring for our animals is important. Livestock exhibitors are expected to keep their barn area (stalls, tack areas, walkways, tools, etc.) orderly, neat and attractive as possible. Herdsmanship duties are the responsibility of the exhibitors. Livestock areas will be inspected twice daily by senior 4-H members. Each club/chapter will be rated daily. Read page 44 in your fairbook for more information on Herdsmanship.

Cass County 4-H clubs have always taken pride in keeping their barn areas clean and neat. The Herdsmanship Superintendents want to recognize you for your hard work. The first place Herdsmanship club will receive a swimming/pizza party after fair. Now that's something to work for!

## EXHIBITS GOING TO STATE FAIR

All State Fair static exhibits must be hauled to Des Moines and home again as a group. Individuals will not be permitted to check exhibits in or out at the Iowa State Fair. A few volunteers will be needed to help transport this group of exhibits to Des Moines and back to the Extension Office. Since individuals will not be allowed to check building exhibits out at the State Fair, there will not be State Fair tickets available as we have had in the past.

## SENIOR MUD VOLLEYBALL TOURNAMENT

The Youth Council is sponsoring a Mud Volleyball Tournament for senior 4-H'ers on Friday, August 1. The double elimination tournament will begin at 3:00 PM in front of the grandstand. Four players (2 girls & 2 boys) must be on the court at all times. Your team may consist of up to 6 members to allow for substitution. 4-H'ers may play on only one team. Teams can register at the volleyball net at 2:30 on August 1. Grab your 4-H friends and form your team!

## MARK YOUR EXHIBITS AND TACK

It is always in your best interest to mark all pieces of your exhibit with your name, club, address, and phone number. Don't forget to mark your tack! Taking a broom, bucket and grooming brush to fair may not seem like a lot of stuff—until you lose it. Marking everything will help you identify your own tack and will help identify who lost items belong to!

## CATCH-A-CALF



Cass County 4-H'ers will have the opportunity to participate in the Catch a Calf program. The Fairboard has secured sponsors for 10 calves for the program. There will be 2 divisions: grade 4-6 and grade 7-9. Five names of 4<sup>th</sup>-6<sup>th</sup> grade 4-H'ers will be drawn Monday night of fair, after the beef show and those individuals will receive calves. Ten 7<sup>th</sup> – 9<sup>th</sup> grade 4-H'ers will be drawn to compete to catch 5 calves in the show ring Monday night. 4-H'ers wanting to participate in this event must complete an application form which is available at the Extension Office. All applications are due July 11. A complete set of rules and expectations will be available with the application.

## GARDEN PEDAL TRACTOR RACE \$500 in prize money!



Monday night entertainment at the fair will be YOU! Cass County 4-H'ers are invited to compete for \$500 in prize money by pedaling garden tractors! This unique piece of equipment is a regular garden tractor re-built with pedals, just like the ones the little kids ride – but big kid size. Clubs are invited to create teams with 6 members (2 juniors, 2 intermediates, and 2 seniors). Teams are encouraged to be from 1 club; however 2 clubs may combine if necessary. Each club is limited to 2 teams. \$500 in team prizes will be awarded. Teams will register Monday night at 7:30 in the stage area.

## SHOOTING SPORTS VOLUNTEERS NEEDED

42 Cass County youth have enrolled in the Shooting Sport project and are being trained this summer. To keep this program growing we need more adult volunteers. The next training to certify adult leaders will be September 19-21 at the Iowa 4-H Camping Center near Madrid. Training disciplines include riflery, shotgun, muzzle loading, archery and wildlife skills. If you or someone you know is interested in being trained to work with the 4-H shooting sport program in Cass County, please contact the Extension Office as soon as possible.



## QUESTERS AWARD

Again this year, the Franklin H. Whitney Questers will donate a \$50 savings bond to a 4-H'er whose exhibit promotes restoration, preservation and study of antiques or collectibles. Any exhibit that dates from 1940 or before is eligible. To have your exhibit considered for this award, you must register with the Franklin H. Whitney Questers on Saturday, July 26<sup>th</sup>, when you enter your 4-H exhibit to be judged.

## DECORATORS SHOWCASE KIT AVAILABLE

The kit is complete with carpet, wallpaper, upholstery samples and room plans which may be used to practice for Decorator's Showcase. Check it out to use at a club meeting or achievement show. Use it to teach new members, or for older members to practice their decorating skills. If you want to practice for the Decorator Showcase before fair, you can check this kit out from the Extension Office.

## PROJECT Vs EXHIBIT

Throughout the 4-H year, you learned and then demonstrated to your club how to make cookies. Next you made cookies for the 4-H club bake sale and finally gave cookies to senior citizens. The learning and activities done during the year create the project.

The exhibit is the plate of cookies and the explanation of your achieved goal for them. Be sure to explain how you achieved your goal, what you learned as you worked to achieve your goal, and what you may do differently next time.

The exhibit tells the audience what you learned while achieving your goal, a single idea of the project. The project enhances skills learned from accomplishing a goal. For example, sharing cookies with senior citizens enhances your citizenship skill as you are being kind to those in your community.

## BATTLING 4 BRAD

Help show your support for Brad Amos by wearing a "Battling 4 Brad" bracelet. Proceeds will go to Brad, who was burned over 63% of his body in an explosion at Pelgrow in Griswold on June 3. The bracelets are \$5 each and are available through Hallie Peck, Heath Larsen or at the Cass County Extension Office.

### FAIR CLEAN-UP DAY

Fair Set-Up:

Friday, July 25 at 6:00 PM

Fair Clean-Up:

Saturday, August 2 at 8:00 AM



See Page 8 in the Fairbook for your club's assignment.

All Clubs must have 50% of their members and leaders participate to receive premium money!

## **COPYRIGHT...HOW IT EFFECTS 4-H EXHIBITS**

The copyright law states that an individual can use another's work (art, photograph, written word, logo, trademark, team insignia, etc.) for their personal use. This means you will not duplicate the item, you will not make money from the item and the items will not be on public display.

This last item is the clause we must enforce in the 4-H fair setting. If you plan to use the idea, be sure to secure the appropriate permission from the creator. The Extension Office has an example letter you may use to get this permission. A copy of the letter must be included with the exhibit during the judging process. There will always be gray areas in interpretation of the copyright laws. Remember even if you change the design you should always credit the original source of the design.

Duplication of copyright materials or design should not be used in a 4-H exhibit that is presented as original work by the exhibitor. A copyright design cannot be displayed in a public setting (fair) without permission being granted from the owner of the copyright.

## **SWINE EXHIBITORS:**

You are required to have a Premise ID number in order to show your hogs at the Cass County Fair. If you have questions about this call the Extension Office immediately.

Your first individual hog is automatically entered in the swine carcass contest. And now you have the opportunity to enter your 2<sup>nd</sup> individual in the carcass contest too. If you want to enter your 2<sup>nd</sup> hog in the carcass contest you must do that through your club leader by July 11. There is a \$6 entry fee to sign up your 2<sup>nd</sup> animal for carcass.

## **FOOD AND NUTRITION EXHIBITS**

What are some examples of some food and nutrition projects to exhibit at county fair? How about trying:

- Whole grain muffins or breads
- A healthy eating plan
- Foods preserved according to USDA guidelines
- Recipes that you have adjusted for fat, fiber, or sugar
- "Grandma's recipe" as a poster exhibit, rather than a food item
- A favorite family food item
- Food and Fitness craze display, poster, notebook, etc.
- Food safety issues

Not sure if the food item you want to prepare is an acceptable food exhibit? Ask these questions:

1. Does this product require refrigeration?
2. Would you eat this product at room temperature?
3. Will this product hold up so it represents a standard when evaluated by judges or viewed by the public?

We have a resource that can help you decide if a food item is an appropriate food exhibit. Now is the time to check using [inappropriate Food Exhibits for Iowa 4-H Fairs, 4H3023](#) issued February, 2004. This resource tells what acceptable and unacceptable food items are and shares the reasons why. Make sure to stop by the Extension Office and pick up a copy today!



## WHAT TO DO WHEN YOUR 4-H PROJECT IS BEING JUDGED

Here are some steps you may want to practice before you come to share what you have learned in your 4-H project with the judge. You might practice these skills with your parents, grandparents, brother or sister, or even work on them during your 4-H club meeting.

Introduce yourself when you come in and before you sit down. The judge really does want to know your name so try these steps to practice.

1. Look at the person you are going to meet and smile.
2. Use a pleasant tone of voice.
3. State your name - "Hello (Hi), my name is ..."
4. While saying this, extend your hand and shake the judge's hand.
5. Following the judge's greeting telling you his/her name, respond with "It's nice to meet you"

The judge will try to make your sharing about your project as easy as possible by asking you questions that will help you tell about it. You will find that when you are done sharing your project, the judge will share comments on the things that they see that went well as you learned and they may have some comments on new ideas you might try, to learn more about your project or to help you improve in meeting your goals.

When you are through with your judging session, don't forget to shake the judge's hand and thank them for their time.



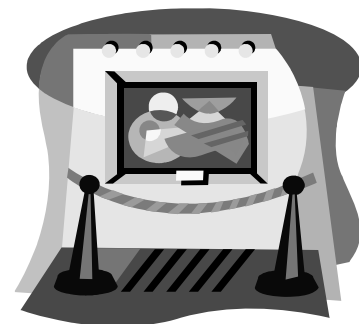
## JUDGES EVALUATE EXHIBITS ON MORE THAN LOOKS

Judges think about more than how your exhibit looks when they decide what ribbon to award you at the fair. The appearance of your exhibit is important, but it is also judged by what you learned. Judges want to know **what goals you had** as you made your exhibit and **how** you made it. That is why they talk with you as your exhibit is being judged. Be prepared to answer the following:

- What were your goals for this exhibit?
- What steps did you take to reach your goals?
- What was the most important thing you learned as you worked toward your goals?
- What ideas or plans do you have for the future based on what you learned?

As in the past, Write-ups will be optional with any exhibit at the Cass County Fair. This means that fair judges will read any write-up that accompanies a fair exhibit; however, judges will not penalize exhibits that do not have write-ups. If you choose to include a write-up with your exhibit, be sure to answer the four questions listed above.

The Iowa State Fair requires that all exhibits have a write-up, so doing them for county fair would be good practice.



## **SOMETHING TO THINK ABOUT**

The 4-H motto is “To Make the Best Better”. Don’t forget 4-H also has a slogan: “To win without bragging and lose without squealing.” Make sure you take time to think about these words before county fair. What does a good winner look and sound like? Everyone won’t win a first place or get selected for State Fair. How can you be a good sport even when you might be disappointed? Discuss these questions as a family before fair rolls around. If everyone lived the 4-H slogan at the fair, it would be a great fair!

## **JUNIOR DAY CAMP**

“Tropical Paradise” is the theme of this year’s Junior Day Camp. The camp will be held Friday, July 11 from 9:00 – 3:00 PM at Lake Anita State Park. The camp is being sponsored by the 4-H Youth Council. Activities at camp will include: friends and more! This camp is open to all Junior 4-H’ers in grades 3-6. Registration information was mailed to all Jr. 4-H’ers and are due July 1.

## **STATE FAIR ENTRIES DUE JULY 1**

State Fair 4-H Entry Forms are at the Extension Office now. Make sure you make your State Fair Livestock and Horticulture entries by Tuesday, July 1.

## **YOUTH COUNCILS**

The Youth Council is open to all youth in 10 – 12 grades. The number of years a 4-H’er may serve on YC is now 2 years and there is no limit of how many youth may serve on the council. YC interviews will be held October 5 and the new YC will be installed at County Convention October 12.

We will also continue with the Youth Council 2 (YC2) with 7 – 9<sup>th</sup> grade 4-H’ers. These youth will not go through an interview or selection process but will need to complete an application.

All Intermediates and Senior 4-H’ers will receive information on the Youth Councils after county fair. Make sure you look for this in the mail and get the applications completed so you don’t miss out in 2008 – 2009. These applications will be due September 15.

## **SENIOR AWARD**

The Cass County Fairboard is once again awarding \$100.00 Savings Bonds to graduating High School Senior 4-H’ers who:

- Have participated in at least 3 Cass County Fairs
- Have completed their 4-H record book half of the years they have been in 4-H, including their senior year. (i.e. if you have been in 4-H for 9 years, you must have 5 years of your record book complete, including your last year.)

These savings bonds will be presented at County Convention on Sunday, October 12<sup>th</sup>.

The Youth Action Committee considers a complete record book to mean the goals & evaluation on each project area enrolled in are completed as well as any appropriate worksheets (livestock feed records etc.)

## COUNTY CONVENTION AWARDS

The Youth Action Committee is pleased to announce several new awards that will be presented at County Convention on October 12.

- **Best Window or Display promoting 4-H During National 4-H Week** – Many clubs do displays already, now we want to recognize you for your hard work. A nomination form must be turned in by September 15. These will be mailed to club leaders. Your window or display must be up by 8:00 AM on Tuesday October 7. YAC members will judge the displays.
- **Best Club Community Service Project** – We know how active our 4-H clubs are with community service projects during the year. Pick one project your club has worked on to nominate for the Community Service Award. Create a poster showing your club's involvement and complete the short application that will be sent to club leaders. These must be turned into the Extension Office by September 15. Posters will be on display at County Convention.
- **Top Historian, Treasurer & Secretary Book** – Our club officers work hard all year long to keep club records current and accurate. We want to recognize these individuals for their hard work. Club officers must turn their books into the Extension Office by September 15 to be judged.

## 4-H T-SHIRTS

4-H T-shirts can be purchased at "J & J Custom Graphic" at 217 Walnut St. in Atlantic. Check page 9 of you fairbook to see when you are required to wear your 4-H uniform.



## DEADLINE REMINDERS

### July 1 Deadline

(from 4-H member)

- ✓ Best of Iowa
- ✓ Clothing Selection Fashion Revue
- ✓ Decorator's Showcase
- ✓ Educational Presentations
- ✓ Extemporaneous Speaking
- ✓ Working Exhibits
- ✓ State Fair Livestock Entries
- ✓ Jr. Day Camp Registration

### July 11 Deadline

- ✓ Catch –A-Calf Entries (from 4-H member)
- ✓ Crop Entries (from 4-H members)
- ✓ Livestock Entries (from 4-H leader)
- ✓ This includes Beef, Dairy, Goat, Pet, Poultry, Rabbit, Sheep, Swine,
- ✓ Dog Entries are taken at Dog Obedience on July 2
- ✓ Horse Entries are taken at Mock Horse Show on July 6

## THANK YOU

The Clash of Champions sheep committee wants to thank everyone who showed animals or donated to the show. Over 100 head of lambs from 4 state participated in this year's show. Because there was little interest, the club lamb clinic scheduled for June 15 was canceled. If you have questions about showing your lambs at county fair, please call Darrin Petty at 249-5884.

## THANKS AGAIN!

Thank you to everyone who sponsored a team or had a regular team in the "Help Build the Future" golf tournament. We rose over \$1,700! Next year's golf tournament will be held at the end of August, 2009.