

CLOVER CONNECTION



Susan M. Oliver
Cass County Extension
County Youth Coordinator
smmck@iastate.edu
712-243-1132

Project Work

While I know record books can be a strain, I LOVE looking at them and so do the record book judges. Our youth are doing so many amazing things all year long and it is so impressive to see them use their communication skills as they put their efforts in writing. We had a great turn out on record books and hope to see even more next year. I can't encourage you enough to pull out your project records and start them at the same time you pick out your projects for the year. Create your goals in that area now and spend your year working towards them. Winter is a really nice time to do extra work in a lot of project areas. Please contact me if you have questions or want one-on-one help.

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Susan M. Oliver



4-H
GROWING TOGETHER

IOWA STATE UNIVERSITY
University Extension

805 WEST 10TH STREET, ATLANTIC, IA | 712-243-1132 | M-F 7:30AM—NOON, 1:00PM—4:30PM

Iowa State University Extension programs are available to all without regard to race, color, national origin, religion, sex, age, or disability.



National 4-H Week

National 4-H Week is October 2-8. This is a time for us to help our communities become aware of our great program. It can also be an opportunity to recruit new 4-H members. Ideas to celebrate National 4-H Week include: make a window display at a local business, wear 4-H shirts to school, hang posters promoting 4-H in schools or businesses, send a plant or balloon to a 4-H supporter, give a classroom presentation about 4-H, enclose brochures about 4-H

in church bulletins, or write letters to the editor about 4-H. Above all - - - Have Fun!!! We have many things to be proud of and this is our week to share them with the public.

If youth, as clubs or individually, are interested in promoting 4-H in one of the above ways, contact Susan at the Extension Office at 712-243-1132 to see what she can do to provide resources or other help. Together we can spread the message.

County Convention—October 9 at 2:00 PM

What better way to celebrate National 4-H Week than with County Convention? Please be there on Sunday, October 9 @ 2:00 PM at the Cass County Community Center. To help move things along, we are asking that clubs sit together during the program. Club pictures will be taken in the lobby after your club has been presented on stage. There will be a YAC member helping the newspaper, but be prepared to listen carefully and share information to move things

along as quickly as possible. Recognition will be given to project award winners and leaders and the new Youth Council will be installed. Special club awards will be presented this year:

- Best Community Service Project
- Herdsmanship Awards
- Club Officer Books
- Best Window or Display during National 4-H Week
- Best attendance at County Convention

Don't forget your 4-H Tee!

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Sign Up For An Extreme Leadership Adventure

Calling all 7th-9th graders! We're about to spice YC2 up...I'm eager to announce that when youth apply for YC2 we will be going on an Extreme Leadership Adventure with the Ricochet program. Plan to eat food, make friends and do amazing leadership challenges each meeting. We will meet 9 times for 45 minutes in November and take turns showcasing our talents making snacks. I can't wait to try out some of my new recipes like s'mores bars.

We will learn more about communication, attitude, stress management, and, yes, you still get to plan an awesome lock-in for 7th-9th graders.

7th-9th graders will be directly sent an application and it will also be online after County Convention at www.extension.iastate.edu/cass.

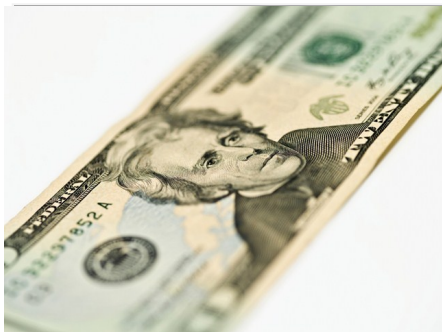
Also "Like" "Iowa State University Cass County Extension" on Facebook for other special reminders.

MISSION STATEMENT

4-H EMPOWERS YOUTH TO REACH THEIR FULL POTENTIAL WORKING



Treasurer Training



As you know, the club treasurer has an important responsibility. Several of you mentioned that these officers needed training beyond what we offered at the club meeting. Club treasurer training will be held on **Wednesday, November 9 at 7:00 PM** at the Community Center in Atlantic. In

addition to your club treasurer, we would like one leader or adult to attend with the officer. Attendance at this is key.

Pioneer Grants

The objective of Pioneer Community Improvement Grants is to stimulate local 4-H clubs in Iowa to plan and carry out community improvement activities by providing “seed money” needed to make the projects successful. Pioneer will provide up to \$5,000, with grants amounts ranging from

a minimum of \$25 to a maximum of \$250, to selected 4-H clubs in Iowa. Awards will be made directly to the clubs through the Iowa 4-H foundation from Pioneer as soon as selections are made.

Local clubs are asked to submit their application to the county

Extension office by **December 1**. A county staff member will review all applications from the county, make comments on the back, sign them, and then for-ward them to the State 4-H Office.

Discovery 4-H



It's time to start making plans for the Discovery 4-H workshop. The first planning meeting **October 25 from 6:30-7:30 PM** at the Extension Office. Any parent, leader, or 4-H member wanting to help with this year's Discovery 4-H Workshop is invited to attend this planning meeting. At this meeting

we will decide which of the 14 project areas to cover and what kind of activities to do.

Please consider attending to help plan this fun event!

OUR VISION

A WORLD IN WHICH YOUTH AND ADULTS LEARN, GROW, AND WORK TOGETHER AS CATALYSTS FOR POSITIVE CHANGE



Citizenship Washington Focus



Citizenship Washington Focus (CWF) is a nine-day trip for 4-H youth in grades 10, 11 and 12. The trip provides a setting to experience leadership and citizenship in a whole different way at the National 4-H Center. Youth who have participated in previous trips have returned to report that it has been the single most educational highlight of their 4-H career.

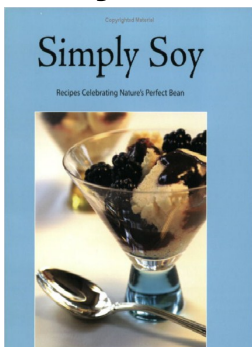
tour site admissions, and most meals. Registration and a \$350.00 deposit will be required to secure a spot. Registration opens October 1, 2011 and closes December 15, 2011.

To learn more about the trip and get registration information visit: www.extension.iastate.edu/4h/cwf.

Participants can select either June 8 – 16 or June 15 – 23 to attend the trip. 4-H'ers and adult chaperone will travel by chartered bus to Washington D.C. Some highlights of the trip are: Lincoln's Springfield Home, Gettysburg Battlefield, Capitol Hill, Smithsonian Museums, Mount Vernon and Kennedy Center. Beside tours and workshop you'll have time for socializing and meeting new friends. Cost of the trip is \$1,370. This includes lodging, transportation,



It's Soy To Me



The Iowa Soybean Promotion Board has provided each of our clubs with a cookbook, titled, *Simply Soy*. The cookbook celebrates soybean farmers across Iowa and the USA. The recipe book includes a chapter, "The Magical Bean," that addresses the vast ways that soybeans are used,

as well as the health benefits of soy.

Ask your leader to borrow your club's copy of this book to help you with your Food & Nutrition project learning. I expect to see a few soy exhibits at the 2012 Cass County Fair!

OUR VISION
A WORLD IN WHICH YOUTH AND ADULTS LEARN, GROW, AND WORK TOGETHER AS CATALYSTS FOR POSITIVE CHANGE



Why Record Keeping?

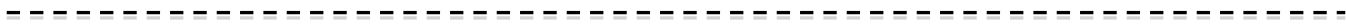
According to the Iowa 4-H Web site, the purpose of 4-H recordkeeping is to teach how to keep records, which is an important life skill. Recordkeeping is an ongoing process that does not end when the 4-H year ends. Youth are encouraged to select from a variety of alternatives to meet their individual recordkeeping needs and learning styles.

Objectives

1. To learn how to set goals, how to make plans for

action, and how to decide how well you did (evaluation).

2. To learn the skills of record keeping and organization to use now and in the future.
3. To learn to communicate and summarize.
4. To learn responsibility by completing a task.
5. To evaluate information that will market personal skills through future resumes and application forms.



Attention Treasurers

Each Fall, treasurer training is held in Cass County to prepare the county's treasurers for their officer responsibility. Here are some treasury check-up items pulled from the *Financial Guidelines for Iowa 4-H Clubs and Groups*, *General Financial Guidelines for 4-H Treasurers*. Some things we should verify every month and some will be new additions related to the month's newsletter. Is your club following these guidelines?

- Club prepares and approves a budget for the year.
- Club uses Treasurer's 4-H Record Book, 4-H 21 or computer program
- Checks are recorded, maintained and there are no missing checks.
- Records are written in ink to prevent changes.
- Treasurer's book can be reconciled with the most recent bank statement.
- Club requires at least two adult leader's names and the youth treasurer's name on the bank account.

Two signatures are required on each check issued.

Payments are made in response to a formal written bill or invoice and show the purpose of the expenditure.

Club minutes reflect a monthly report by the club treasurer.

Expenditures are made only after approval by the club members at the meeting in which they were presented for approval and payment, (recorded in the monthly minutes).

All money received is acknowledged with a written receipt, deposited in the bank and receipts are a permanent part of the club records?

Fundraising activities have prior review from the county extension 4-H youth staff.

All money raised using the 4-H name is used only for 4-H activities. (Not given to individuals, but for; educational programs, activities, workshops or 4-H club supplies)

4-H PLEDGE

I PLEDGE MY HEAD TO CLEARER THINKING, MY HEART TO GREATER LOYALTY, MY HANDS TO LARGER SERVICE,
AND MY HEALTH TO BETTER LIVING, FOR MY CLUB, MY COMMUNITY, MY COUNTRY, AND MY WORLD.



Project Updates

To begin your 4-H adventure, start looking at the many project areas that 4-H has to offer. You may choose one or more projects from more than 45 different areas.

There is a 4-H project for everyone! Projects are fun to do alone and with your friends. The video shown above shows many of the 4-H exhibits featured at the Iowa State Fair.

Think about:

An interest you'd like to explore
A hobby you'd like to learn more about

A topic of interest shared by you and your family

Something that is fun for you

Remember to select projects that you can get help from your parents/guardian, grandparents, friends or other 4-H members.

Work with your parents/guardian and leader to select your 4-H projects. Let's say you want to learn how to take a photograph, feed a dog, build a birdhouse, or plant a garden. When you learn those skills, you also learn life skills such as:

how to make decisions

how to get organized

how to keep records

how to work with others

4-H is full of fun times to work and play with others, including community service projects, club trips and activities, and camps.

All these skills can help you as you go through school and beyond.

For many 4-H'ers, an interest they have in certain 4-H project areas will lead to future careers.

Ideas—For The Record

CITIZENSHIP

- Donate your art for a fundraiser (Visual Arts).
- Help teach others about farm safety (Crop Production/Safety).
- Make a compost bed for a community garden (Horticulture).

LEADERSHIP

- Organize a fundraiser to help benefit an animal shelter (Dog).
- Volunteer to teach or lead music at a day camp (Music).
- Arrange for a guest photographer to present to your club (Photography).

COMMUNICATION

- Teach someone the important traits in selecting a breeding heifer (Beef).
- Design a poster on dairy breeds (Dairy Cattle).
- Give a speech on the importance of the dairy industry (Dairy Goat).

4-H IS BASED ON RESEARCH



Calendar

CALENDAR

October 2011

- 1 [North American International Livestock Exposition \(NAILE\)](#) entries due for beef, sheep, boer goat, wool, & swine, for information call 502-595-3166
- 1 Iowa Limousin Junior Award applications due, for more information call 641-587-2198
- 4 Best Display Nomination and Community Service Nomination Due
- 2-8 National 4-H Week
- 5 National Youth Science Day <https://site.4-h.org/NYSD/>
- 9 County Convention
- 25 1st Discovery Workshop Planning Meeting

November 2011

- 1 YC2 Forms Due
- 9 Treasurer Training
- 5-18 North American International Livestock Exposition (NAILE); <http://www.livestockexpo.org/>
- 15 Pioneer Grant **2010 Reports** due in County Extension Office
- 25-29 National 4-H Congress, Atlanta, GA, <http://www.national4-hcongress.com/>

CALENDAR

December 2011

- 1 Pioneer Grant **2011 Applications** due in County Extension Office
- 17 Market Beef Weigh-In

*Remember to share information with the Extension Office also, whether you are a leader updating your club program or a 4-H'er with a great story and pictures to share about what you are doing in 4-H, I love to hear from you. You can e-mail me at smmck@iastate.edu and I will try to return your e-mail in 24-48 hours.

ATTENTION NEW LEADERS

Beginning this fall, 4-H staff across Iowa will join together to provide new 4-H club/project and Clover Kids volunteers training program. Advantages of this new training program include:

- Learning about the role of a caring adult
- Dynamic training to boost the positive youth development knowledge and skills to support a vibrant 4-H club or Clover Kids group
- Meet and network with other new volunteers and volunteer mentors beyond their county

Included are breakout sessions specific for 4-H clubs and Clover Kids groups.

Multi-regional training dates and locations:

- Nov. 12 Creston 9:30 - 3:30
- Nov. 12 Emmetsburg 9:30 - 3:30
- Nov. 19 Waterloo 9:30 - 3:30
- Feb. 11 Ankeny 9:30 - 3:30
- March 10 Sioux City 9:30 - 3:30
- March 17 Atlantic 9:30 - 3:30
- March 24 Fairfield 9:30 - 3:30
- March 24 Nashua 9:30 - 3:30

You may attend any session. To register, go to <http://extension.iastate.edu/4h/Volunteers> and click on the link under Training.

WANT TO KNOW MORE?

FIND US AT: EXTENSION.IASTATE.EDU/4H/CASS