



## 4-H Hello

January and February were very busy and exciting months for Cass County 4-H. This vibrant county program hosted the club volleyball tournament, the Discovering 4-H Workshop and Share-the-Fun, as well as vibrant club meetings and officer trainings. As we continue to work together, I expect many more great times. I will never say it enough, without our volunteers this would not all be possible. Thank you! Don't forget it is never too late to ask others to join us in this great organization called 4-H. Please continue to do your part to grow our club program.

Forever Green,

Susan M McKinley

## FEEDER CALF IDENTIFICATION

4-H and FFA members planning to exhibit Feeder Calves at the Cass County Fair must bring their calves to the County ID Day on **Saturday, June 13**. Calves will identified Calves must be brought to the fairgrounds between 8:00 AM and 12 Noon on the 9<sup>th</sup> to be tagged and identified. As in the past, 4-H tags will cost \$1.00 each. Please contact the Extension Office if you have any questions.

## IOWA STATE FAIR

The Iowa State Fair will run August 13-23. That means State Fair Livestock and Horticulture entries will be due to our office by **July 1st**. 4-H exhibitors must have completed 5th grade through 12th grade to be eligible to exhibit at the Iowa State Fair. The 2009 Iowa State Fair 4-H Premium Book is now available to view online at,

## Did You Know?

- ◆ Clubs can submit news to the Extension Office for the newsletter. Deadline for submissions is the second Friday of each month.
- ◆ It is a great idea for the reporter to submit their news story to the local papers.
- ◆ It is important to share our 4-H story to grow the 4-H club program. We reach approximately 300 youth with our club program. Now is the time to tell our story to recruit for next year!

Look for county fair activity forms in the mail soon.

Registration deadline is July 1st!

### ...and Justice for all

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## Curtis' Corner

Having trouble getting a project done? Here are a couple tips that I've learned that may help you out. One of the best get-'er-done tricks that I use is this—if I have the time and ambition to work on something in the here-and-now, I don't let anything stand in my way of working until I'm ready to quit. Be it sleep or supper, I'd prefer to get some work done while I'm focused and ambitious. Please, however, don't take this to the extreme and fast for a sleepless week of 4-H projects. Ambition does run out, kiddos, so use it while you've got it. Here's an idea to manufacture some ambition if you're lacking; what better way to get excited about working on something than to invite a friend over to help you make something? As 4-Hers, we all know someone that's excited about the same things as ourselves, so we can ask for (and give!) help. I used this tactic when building my cardboard Titanic for the great physics class cardboard boat regatta, and it worked wonders. It kept me focused, excited, and creative. Another way to get that ambition?—setting aside time to work through goal setting. Goals, as always, are the best tool in a 4-Hers arsenal of awesomeness. As I've discussed goals before, here's another way to look at it. Think of goals as setting deadlines for yourself. For instance: "I'm going to have all the materials for the boat sitting on the shop table by Friday." Or "I'll finish sanding this desktop before Thursday at six p.m. so I can go to the movie." Deadlines are really actually great things; don't think of them as bad, as many are prone to do. Think of deadlines as getting tasks out of the way so you can do more projects and have more fun! But they're no good if you don't stick to them. This isn't always possible, I understand (believe me, I understand), but do the best you can. Then be a 4-Her and make your best better! Someday you'll thank me. I hope.

Good Luck,  
*Curtis*

### 4-H Pledge

I pledge my HEAD  
to clearer thinking  
My HEART  
to greater loyalty  
My HANDS  
to larger service  
My HEALTH  
to better living  
For My club,  
my community,  
my country  
and  
my world



### County Fair Set-Up

Be sure to mark Friday, July 27th on your calendar as set-up day for county fair. I have always been amazed at how quickly the fairgrounds transform on set-up day as 4-H members and volunteers work together to prepare for their big week. When your club has finished with the work in your area, the entire club should report to Ray Zellmer in the commercial barn. If there is additional work to be done, you will be directed where to go. If there is no more work to be done, **EACH** member of the club will need to sign the attendance sheet for your club. If you aren't present to sign the sheet, you won't be counted as being there. As in the past, *all 4-H clubs and FFA chapters must have 50% of their members and leaders actively participate and sign the attendance sheet to receive premium money.* The same will be followed on Clean-up Day on August 4th. Please read page 8 of your fairbook for club assignments.

Senior 4-H'ers, here

## Sewing Project Resource

If you are looking for sewing ideas for 4-H members who are new to sewing, check out: [http://4h.wsu.edu/clothing/quick\\_projects/list.htm](http://4h.wsu.edu/clothing/quick_projects/list.htm).

## AK-SAR-BEN

June 15 is the deadline for all market swine, meat goat, market lamb and feeder calf DNA to be to the County Extension Office. **Iowa Market Animals and Feeder calves must be identified on an Iowa State 4-H ID sheet by the state deadlines. Any animal listed on this ID Sheet would be eligible to have DNA pulled for AK-SAR-BEN.** (from the Knights of AK-SAR-BEN Office)

The superintendent for the department is required to tag an animal with a 4-H ear tag. If the superintendent is not available, please contact the Extension Office to make arrangements.

**AK-SAR-BEN** entries are due at the County Extension Office on Wednesday, August 12.

To be eligible to exhibit at the AK-SAR-BEN Livestock Exposition the 4-H member must be at least 10 years of age by January 1, AND must meet the requirement for exhibition as set by 4-H office in the state of 4-H membership. 4-H members having completed their membership eligibility in a state are ineligible to enter the AK-SAR-BEN 4-H Livestock Expo as a member of another state. (from the Knights of AK-SAR-BEN Office)

## Plan to Volunteer at the State Fair

The Iowa State Fair is August 13-23. Preparation days in the 4-H Exhibits Building are August 10, 11 and 12. Youth and adult volunteers are needed to help throughout the Iowa State Fair in many ways in the exhibits building as well as in the livestock department. Check at the Extension Office for volunteer opportunities. Applications for volunteer positions are due July 1.

## Calling All 4-H Photographers

The Iowa 4-H Foundation announces a special opportunity for all 4-H members to participate in the third annual statewide photo exhibition titled, "4-H'ers in Action!" The theme this year will be *holidays and seasons*. The exhibition will again feature the best photo from each participating county and will be displayed at the 2009 Iowa State Fair. Photos selected for the exhibition will also be considered for future 4-H promotional materials.

## Livestock Update

### Beef

Several Cass County 4-H members exhibited cattle in the Junior division of the Iowa Beef Expo and did a great job. The results follow: Sam Cutler with a champion Maine Anjou market steer; Tyler Steele with a reserve champion Angus steer; Erin Steele with a first place Angus breeding heifer; Jake Tanner had a crossbred steer place first in class; Daylan Kleen with a class winning crossbred steer, third place Simmental steer and a fifth place commercial market heifer; Trace Ticknor with a first place commercial breeding heifer and a fourth place Chianina steer; Drew Ticknor exhibited a commercial breeding heifer; Mark Jacobsen exhibited a heifer; Dexter, Morgan, and Walker McDermott exhibited five head all placing fifth or better in their class; Shane Suhr placed second overall with a market heifer and took 2 market steers; Rich Nichols with 5<sup>th</sup> place Chianina breeding heifer; Reid Nichols with a 3<sup>rd</sup> place Shorthorn breeding heifer and a 4<sup>th</sup> place commercial breeding heifer; Kaden Wilson with a second place Chianina market steer. Four Cass County 4-H'ers were on a judging team; Erin Steele, Caitlin Paulsen, Ethan Miller, and Kaden Wilson.

### Horse

The Cowpokes met for the first time February 15, 2009. The schedule for meeting has been updated. That is available at the Extension Office and the dates follow: March 22, April 26, May 3, May 7, May 12, May 21, May 31, June 4, June 7, June 14, June 22. Save those dates, but make sure to get a detailed list of meetings.

### Swine

## Wray McDermott Memorial

### Beef Preview Show

May 30<sup>th</sup>, 2009

Show Time – 11:00 AM

May 31<sup>st</sup>, 2009

Show Time – 10:00 AM

Cass County Fairgrounds

I.J.B.A. Sanctioned Shows

For More Information contact Beth McDermott 712-243-5684 or 712-254-0954

Any Cass County 4-H'er May Participate

Entry Fee: \$25 per head/day  
Weigh-In & Registration:  
Friday 6-8 pm  
Saturday 7-9 am  
Sunday 7-8 am

Please  
make sure  
calves are  
well  
broke.

#### Additional Information

Health & Breed Registration Papers Required  
Heifers cannot be entered in more than 1 Division  
Woodchips will be provided – ABSOLUTELY NO STRAW  
Generators encouraged

**Schedule of Events**

**April**

- 2 – Spring Leader Training
- 4—Swine Weigh-In, 8:30-11:30
- 10 – Extension Office Closed

**May**

- 2—Sheep Weigh-In, County-only 8-11, State Fair Noon-2
- 2 – Meat Goat Weigh-In, 10 am – Noon
- 15 – Livestock Entries due in Extension Office
- 15 – 4-Hers for 4-H due at County Office
- 15 – Last Day to add or drop 4-H projects
- 23 – Deadline for State 4-H Conference

**Future Dates**

- June 30-July 2, **2009** - State 4-H Conference
- August 1-7-Cass Co. Fair
- Aug 13-23, **2009** - Iowa State Fair, “State Fair Time!”
- June 29-July 1, **2010** - State 4-H Conference

# June 2009

SUN	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

# IOWA STATE UNIVERSITY

## University Extension

Cass County Extension Services  
805 West 10th Street  
Atlantic, IA 50022



NON-PROFIT  
Postage and Fees Paid  
USDA  
Permit No. 22  
Atlantic Iowa

# Cass County Clover Connection

## **Sheep Show** **The Right Start 7**

Saturday, June 13<sup>th</sup>  
Cass County Fairgrounds  
Atlantic IA  
2 Shows  
10:00 AM & approximately 2:00 PM  
Weigh-In 7:00 AM – 9:00 AM

- Exhibitors must be under 21 years of age
- Interstate Health Papers required
- Exhibitors are responsible for own bedding
- This show is NPCLA Sanctioned
- Youth do not need to be NPCLA members to exhibit

### **For more information contact**

Jeff Anderson – 712-249-6820

Darrin Petty – 712-249-5884