



# New 4-H Classes for 2009 B.V. County Fairbook

2009 CHALLENGE RECIPE CLASS (Not a State Fair Class)

## BREAD IN A BAG

### Directions

In a one-gallon (heavy duty) Ziploc bag, mix:

- ½ cup all purpose flour
- 1 pkg. or 2 ¼ teaspoons yeast
- ½ cup warm water
- 2 Tablespoons sugar

**\*\*\*Use skills learned in this exhibit for additional exhibits. Ideas might include: 521 B – Compare purchased to home-made, 521A –Baked product, or 521 C – Function of ingredients display, etc. \*\*\*\***

Close the bag and knead it with fingers until the ingredients are completely blended. Leave the bag closed, with the contents in the corner, and let rest 10 minutes.

Then add:

- 2 cups whole wheat flour
- ¾ cup warm water
- 1 tablespoon vegetable oil
- 2 teaspoons salt

Mix well. Add enough all-purpose flour to make a stiff dough, about 1 or 1 ½ cups. Close the bag and knead it (you may need to remove some air in the bag). Add more flour until dough no longer sticks to the bag. Spray the hands or food handlers gloves with oil so there will be no sticking. Open the bag and allow the dough to fall out onto clean or gloved hands. Form the dough into a loaf, and place in a loaf pan or onto a cookie sheet. Remember the dough will grow 1 ½ times larger. Cover the loaf with oil sprayed plastic wrap and allow to rise 30 (quick rise yeast) to 45 minutes. Bake for 30- 35 minutes in a 350 degree oven. Cool on rack and store in loose fitting container or plastic bag.

### Challenge Class Rules:

1. Any 4-H member is eligible to enter.
2. Members may enter ONE entry of bread.
3. No pre-entry is required.
4. It is important that the recipe be followed as it is written, as your exhibit will be compared with others.
5. Entry should be labeled and packaged the same as any other prepared food that is exhibited. (paper plate with clear plastic bag)
6. The purpose of this contest is to use only the following recipe-make, bake, and present your best loaf of bread.
7. This class is NOT eligible for state fair, however the recipe could be used for a class that is a state fair class.
8. Ribbons and premiums will be awarded in each age division. Blue, Red, White and Champion and Reserve Champion.
9. Please exhibit 1 loaf of bread on a plate or covered piece of cardboard.

**Class # 2001** Junior Challenge Exhibit (4–6th grades)

**Class # 2002** Intermediate Challenge Exhibit (7–8th grades)

**Class # 2003** Senior Challenge Exhibit (9–12th grades)



## MAKE IT WITH DENIM (Not a State Fair Class)

**(4-H'er may enter the "Make it with Denim" in a home improvement, visual arts, or clothing class in addition to this "Make it with Denim" class. Exhibit should have separate entry tags if entered in two categories).**

Patterned after the "make it with wool" contest, the "Make it with Denim" class allows the 4-H'er to construct and/or design something from denim fabric. Objectives of the class are to:

1. Promote the versatility of denim fabrics and yarns
2. Encourage and recognize personal creative skills of 4-H'ers

Rules:

1. Fabric may be recycled from another garment or new fabric.
2. An exhibit made from denim might include but is not limited to: rugs, clothes, jewelry, stationery, tote bag, quilt, table runner, and purse.
3. Exhibits will be evaluated on creativity, use of fabric, and workmanship.
4. A 4-H'er can exhibit two items in the fair class. Items can not be the same type of item.
5. Up to five exhibits will be selected as best of show.

**Class MWD01** Juniors – 4<sup>th</sup>, 5<sup>th</sup>, and 6<sup>th</sup> grades

**Class MWD02** Intermediates – 7<sup>th</sup> and 8<sup>th</sup> grades

**Class MWD03** Seniors – 9<sup>th</sup> – 12<sup>th</sup> grade



## PHOTO'S OF B.V. COUNTY

### Class # 851 F (Not a State Fair Class)

1. Photo's entered in Class 851A-851D are eligible for this class if the photos depict something of interest from Buena Vista County. Examples might be: Linn Grove Dam, Albert City Park, Alta Ball fields, Storm Lake Water Park, Newell Allee Farm, Sioux Rapids Theater, Rembrandt Mainstreet. Use your imagination and creativity.
2. Ten entries will be selected for special recognition.
3. No more than 5 photos may be entered per person.
4. 4-H'ers should have two tags on their entry if entering in class 851A -851D.

## EGG SHOW

### Class # 301B (Not a State Fair Class) Egg Show



- 1) Eggs must be produced by the 4H'ers own flock. A photo of the student with their flock must accompany their entry tag. Entry tags are available from the Extension Office and on the Buena Vista County Extension Web site.
- 2)Entry tags are to be attached to the entry.
- 3)An entry consists of a carton of one dozen of the same kind of eggs (standard and bantam chicken eggs ONLY). A 4H'er may enter up to 2 cartons in clean (used is fine) cardboard egg cartons.
- 4)Eggs may be white, brown or pastels. If necessary, eggs will be divided into these classes.
- 5)Due to non-refrigeration at the fair, all entries are deemed inedible and in the interest of consumer safety shall not be returned to the owner and shall be destroyed at the end of the fair.
- 6)Judging will be done on external qualities. Internal qualities will be judged only to break any ties.
- 7)Scores of 1-7 will receive white ribbons; scores of 8-16 will receive red ribbons; scores of 17 and above will receive blue ribbons.
- 8)Grand champion and reserve grand champion will be awarded to the top 2 total scores.
- 9)Judging score cards are available at the Extension Office and on the B.V. County Extension Web site. Judging score cards will be provided at the time of judging.



## CLUB OFFICER RECORDS

**(Not eligible for State Fair, unless exhibit is co-entered in Personal Development: Leadership. If entering in both classes, exhibit must stress the 'personal growth' as a result of the 4-H Officer role, leadership style used, resources secured, planning done, and how adults were involved in the project).**

### Class # 891B 4-H Reporter, Historian, Photographer

A collection of notes, stories, clippings, pictures, etc. showing what the club has done. To cover any or all of the club's history. Judging based on attractiveness, layout and convenience. Items can be displayed in a notebook, poster, display or any format that best highlights the officer's learning. Include a personal story of how you have grown as a result of the offer role, (i.e. skills learned, resources found, adults who helped you, etc.)

**Class # 891C 4-H Secretary's Book:** The current year's club activities shown in a calendar of events and minutes plus the club roll. Publication 4-H 0071 C has the recommended format. Sturdy folder or notebook is appropriate for exhibit. Judging will be based on neatness, completeness, and clarity of record information. Include a personal story of how you have grown as a result of the offer role, (i.e. skills learned, resources found, adults who helped you, etc.)

**Class #891D 4-H Treasurer's Book:** The current year's club financial transactions and monthly club reports and a short personal story of what the 4-H'ers has learned. Publication 4-H 0021 has recommended form. Include a personal story of how you have grown as a result of the offer role, (i.e. skills learned, resources found, adults who helped you, etc.)

**Class #891E All other 4-H Club or County Youth Offices:** The current year's club officer or county leadership activities displaying a collection of club program plan, committee notes, pictures, etc. Include a personal story of how you have grown as a result of the offer role, (i.e. skills learned, resources found, adults who helped you, etc.)

For more information on the 'new' fair classes contact the ISU Extension Office in B.V. County at 712-732-5056 or email Rhonda K. Christensen -County Extension Education Director, [rchris@iastate.edu](mailto:rchris@iastate.edu), Debbie Erpelding – CYC, [deberp@iastate.edu](mailto:deberp@iastate.edu), or Carol Ehlers-Youth Field Specialist, [xehlers@iastate.edu](mailto:xehlers@iastate.edu)