



## Wright County

# 4-H NEWSLETTER

Iowa State University Wright County Extension \* 210 1<sup>st</sup> Street SW \* Clarion, IA 50525  
phone 515-532-3453 \* fax 515-532-3415 \* [www.extension.iastate.edu/wright/kidsteens](http://www.extension.iastate.edu/wright/kidsteens)

### **SPECIAL POINTS OF INTEREST:**

4-H Fun Nite  
4-H'ers for 4-H  
Workshops  
Leaders Information  
Camps  
Livestock information  
FSQA information  
4-H Camp Center information  
Clothing Event information

**4-H Fun Nite**  
Saturday, March 14<sup>th</sup>

Doors open at 5:30  
with games beginning  
at 6:30.

Invite family and  
friends to attend!

### **Bryan's Comments...**

March is finally here and spring is just around the corner. Many of you are beginning to make plans for what you are going to be doing this summer. Consider this question, "Have you taken advantage of everything 4-H has to offer?" The 4-H program offers its members from 4<sup>th</sup> – 12<sup>th</sup> grade a wide range of opportunities to participate and become involved in. Take advantage of these unique learning experiences like Junior Camp, Area Intermediate Trip to the Twin Cities, State Conference, and the many other camps offered at the Iowa 4-H Center near Madrid. Remember, you do not have to be a 4-H member to attend camp at the Iowa 4-H Center, so ask a friend to go along. Take your next adventure with 4-H and experience the fun, new friends, new learning, and exciting opportunities are available to you. Continue watching the upcoming newsletters for information or call the Extension office to find out more.

Don't forget to set your project goals for this year as well. Setting goals is important in deciding what you want to accomplish throughout the year with your 4-H projects. Goal setting is important through out life, not just in 4-H. 4-H is alive and growing in Wright County! Share your 4-H experience with a friend, who knows, they may join the fun as well.

Experience what the clover can do for you!

Bryan Whaley  
4-H Youth Development Field Specialist

**4-H FUN NITE IS SATURDAY, MARCH 14<sup>TH</sup>, 2009**

## 4-H CLUB HAPPENINGS

**Dayton Lake:** will meet Sunday March 1st at 5p.m. at the Extension office--final plans for fun night will be made. Several members signed up for a presentation, so please be ready!!

**Iowa Hawkeyes:** Meet at 1 p.m. on Sunday, March 1, at the Belmont United Methodist Church parking lot to go to the Forest City YMCA for an afternoon of swimming and fun, followed by pizza. Regular March meeting has been moved to TUESDAY, March 3, at 6 p.m. at the Belmont Methodist Church.

**Lake Clovers:** Next regular meeting is Saturday, March 14, 10:00 AM at the Extension office.

**Liberty Pathfinders:** Meeting this Sunday, March 1st at 6 p.m. at the United Presbyterian Church.

**Troy Trojans:** March meeting will be Saturday, March 14 at 10:00 am in the basement of Rotary Ann South. Remember to get in your order forms for the Schwan's fund raiser.

**Troy Topper:** Meeting March 8 at 4pm at school administration bldg. Reminders will be sent for presenters and hosts. Don't forget, each family brings a pie for fun night March 14, please label it and bring it in a disposable container. You have your assigned times for working in our booth.

**Teen Council:** Short meeting after clean up at 4-H Fun Nite.

**Wright County PIG:** Meet on March 10th following the swine clinic at the Clarion High School.  
(Approximately 7:30pm)

**Wright Wranglers:** Meeting is Saturday, March 21st at 1:30 p.m. at Plagge Arena in Sheffield, call the Martens for directions. We will be riding first, short meeting about 2:15 p.m., and riding until 4 p.m. The cost is \$10 per rider; parents will need to sign a waiver. Shirt orders need to be in at 4-H Fun Nite. The shirt design is the same as the green shirt but we are ordering in various colors, \$8 per shirt.

## **4-H Fun Night 2009**

Mark your calendars for 4-H Fun Nite March 14, 2009, at the Clarion-Goldfield High School. The evening will run from 6:30 to 9:30 pm. There will be Games, Food, Fun, and Prizes all in one night. Coronation will be held at 8:00 pm. All families are asked to participate in the following ways. Each club is assigned to bring pies, cakes, and or bars. Your club is listed below. Parents committees have been planned to help with food stand, bingo, traffic control, tickets sales, and the raffle. Letters were mail early part of February. If there is an area you would like to help in, please call to volunteer. Last years royalty parents are asked to decorate the stage for coronation.

**Cakes & Pies:** All families are assigned to bring either a cake or pie. **Please bring all pies and cakes in disposable containers and label the kind of pie!!**

The club assignments are as follows:

**Pies for lunch stand:** Dayton Lake, Iowa Hawkeyes, Troy Toppers, Wright County P.I.G., Wright Wranglers

**4 Pans of Bars:** Wright County P.I.G. (Do not cut)

**Cakes for Cake Walk:** Lake Clovers, Liberty Pathfinders, Pleasant Progressors, Troy Trojans

**Cake Walk at Fun Nite:** Pleasant Progressors

## 4-H'ers for 4-H

The Iowa 4-H'ers for 4-H campaign has kicked off. Money raised from this year's campaign will be used to provide financial assistance for youth attending Iowa 4-H Youth Conference and summer 4-H camps, assist 4-H families, pay 4-H program fees, and many other 4-H youth events. Campaign goal is \$30,000, each club is recommended to donate \$2.50 per member to the campaign. All clubs meeting this goal will receive a special campaign certificate. What your club donates will be added to our Wright County total, and the top five counties will be recognized at the state youth conference in June. Last year Wright County was recognized. I have again challenged all clubs to donate \$3.00 per member to the 4-H'ers for 4-H campaign. So as a county let's increase our donation to the 4-H'ers for 4-H campaign.

## JEWELRY WORKSHOP

Eagle Grove Art teacher, Ann Wilde will lead a jewelry workshop on Saturday, April 4<sup>th</sup> from 9:30 to 11:30 am at the Extension office. She will demonstrate how to make jewelry with beads, string (embroidery floss), and twine/hemp with beads and/or shells. Those attending will be able to learn and make jewelry for themselves. Call the office today and sign up, Registration is required.



## Pillow Case Sewing Workshop

Want to make a funky, new pillow case, plus get a fair exhibit done? Sign up for this workshop Saturday, April 25<sup>th</sup> at the Extension office from 9 – 12 noon. Call the Extension office or email [jnorman@iastate.edu](mailto:jnorman@iastate.edu) to sign up. A few sewing machines will be provided. Items needed for the pillow case workshop include: fabric (2 pieces), thread, scissor, and sewing pins. Fabric needs to be a minimum of 42" wide. 100% Cotton fabric that is firmly woven makes a durable pillow case. Fabric required: Fabric A ¼ yard and Fabric B 6/8 yard. These two pieces of fabric will make one pillow case, so when choosing fabric look for fabric that color coordinates with each other. All fabric needs to be laundered before the workshop.

## Spring 4-H leaders Training/Meeting

Monday, April 6<sup>th</sup> @ 6 p.m. at the Extension office. Bryan Whaley, Youth Field Specialist, will lead the state leaders training. All leaders are to attend the training/meeting.

## 4-H leaders

If you were not able to attend the fall 2008 4-H Volunteer Training, Vibrant 4-H Club, we want to make sure you have an opportunity to complete these trainings. Trainings can be done either by the online training at [www.extension.iastate.edu/4hvolunteers](http://www.extension.iastate.edu/4hvolunteers), or a DVD that can be checked out from the Extension office. All 4-H volunteers who have on-going contact with youth are required to complete two training modules per year. If you have questions please call the Extension office.

## Central Area 4-H Council Retreat

Mark the date, Saturday March 28<sup>th</sup>, 1 p.m. – Sunday March 29<sup>th</sup>, 11 a.m. to attend the spring **Central Area 4-H Council Retreat!** Youth 9<sup>th</sup> – 12<sup>th</sup> grade are welcome to register for this event that is open to 4-H'ers from Central Iowa. The retreat will be held at the State 4-H Center near Madrid. The purpose of a retreat and area council is to bring 4-H'ers together from the central area of Iowa to have fun and make friends. Also during the retreat you will be sharpening your skills of leadership, citizenship and communication skill. Overall you will be taking steps to make 4-H more vibrant. To register or ask questions, contact Jessica Norman, [jnorman@iastate.edu](mailto:jnorman@iastate.edu), 515-532-3453. Registration deadline is March 16<sup>th</sup>. The cost for the weekend is \$15. This fee covers lodging, meals and activities.



## Central Iowa 4-H Intermediate Trip: Discover the Twin Cities

Make plans to join the fun in discovering some great places around Minneapolis and St. Paul, June 23<sup>rd</sup>-25<sup>th</sup>, 2009. You will meet 4-H'ers from 16 other counties in Central Iowa. The places you'll be visiting are: Cabela's, Minnesota Zoo, Mall of America, Rainforest Café, Science Museum Of Minnesota, Pizza Lucé, Mill City historic flour mill museum, Minneapolis Sculpture Garden, Padelford Packet River Showboat and comedy performance "*Is there a Doctor in the House?*", Valleyfair Amusement Park. Think of all the project areas and life skills that are related to the trip: animal science, science and technology, history, theatre arts, money management, consumer product selection, food and nutrition, responsibility, citizenship, social skills and of course, LOTS OF FUN! Consider doing a fair exhibit related to your experiences.

## Iowa 4-H Youth Conference, Animal Science Round-up, or CSI: Crops.

"Voyage to Greatness" is the theme for the 2009 Iowa 4-H Youth Conference held June 30-July 2, 2009, at Iowa State University. Youth in 8<sup>th</sup> -12<sup>th</sup> grades are invited to attend (4-H membership not required). There is opportunity for learning, service, and FUN! For more information contact Jessica at the Extension office 515-532-3453 or email, [jnorman@iastate.edu](mailto:jnorman@iastate.edu).

## Photography Camp

June 18-20 at Iowa 4-H Center for 4-H youth in 7<sup>th</sup> – 12<sup>th</sup> grades At camp you will receive hands-on experience with basic camera settings, portraits, close-ups, landscapes, special effects, architectural photos, and computer photo enhancement along with learning from skilled instructors. Cost of camp is \$160.00 if registered by May 1<sup>st</sup>. There are scholarships available, inquire with Jessica at the Extension office. Please let Jessica know if you're interested in attending.



## Last Chance to sign up Swine & Sheep Nutrition and Selection Clinic



March 10<sup>th</sup> at the Clarion High School from 6-9 pm. Clinic sponsored by ADM Show Tech Feeds, Wright County P.I.G. 4-H Club, and Clarion-Goldfield FFA. Presenter will be Al Schminke, and he will show the youth what to look for when selecting their project. There will be live animals for demonstrations, and judging. Swine Clinic will be from 6-7:30 pm and Sheep Clinic will be from 7:30-9 pm. Youth and parents may attend both swine and sheep clinic or just stay for one of the animal species. **Register for Swine and/or Sheep Clinics by calling the Extension office at 515-532-3453 by March 2<sup>nd</sup>.** When calling please indicate which clinic(s) you plan to attend and how many will be attending. Food will be provided between the Swine and Sheep Clinics.



## FSQA Dates

**April 13-** Test out 9-12, noon Workshop 1:30-3:30 pm at the Extension office. All 4-H youth with a livestock project **MUST** be FSQA certificated to show at county and state fairs. Livestock includes: all beef, dairy, swine, sheep, rabbit, goat and poultry. Youth under 12 must attend a FSQA workshop. Age is determined by January 1, of current year. Youth 12 to 14 years old may elect to take the intermediate test or attend a workshop. Youth 15 to 18 years old may elect to take the senior test or attend a workshop. Passing the test in their age division will certify them without further training or testing required while in that age division. Please call the office and sign up if planning to attend either workshop or test out. **Since Belmond is making up school on April 13<sup>th</sup>, I will hold an FSQA Workshop in Belmond at the United Methodist Church basement on Thursday, April 23<sup>rd</sup> from 4 to 6 pm.** This will be the last workshop for the year in Wright County, please plan to attend if you need to get FSQA certificated.

## Animal Identification forms Due – May 15<sup>th</sup>

For all species of animals to be shown at County, and State Fairs. Animals included swine, horses, poultry, rabbits, dairy, pets, breeding beef & sheep, so basically anything that breathes and eats. Market beef and sheep will or have been ID'd at weigh-in.



## Pullorum Certificates Needed

When ordering poultry for your 4-H project, be sure to ask for a Pullorum Certificate from the hatchery. This will be needed when you ID your birds in May.

## SWINE AT IOWA STATE FAIR

Youth wanting to show market swine at the Iowa State Fair must show derby swine too. Intent to participate forms are to be completed and due March 20<sup>th</sup> to the State 4-H office. All swine (derby, market and breeding) must be verified at a regional site. All swine will be tagged, ear notches read, and have a DNA sample taken.

For 2008, the Iowa State Fair Premium Book will only be available online at, [www.iowastatefair.org](http://www.iowastatefair.org), youth will not be receiving a paper copy in the mail as in previous years.

## Beef, Swine, & Sheep Workshop with Showmaster

Come learn with the experts at Showmaster Boot Camp 2009. This is a great educational opportunity for kids showing cattle, hogs, and sheep. This will be held on March 14, at the Johnson County Fairgrounds in Iowa City, IA, registration begins at 8:00 a.m. The day will be broken into species segments starting with cattle. The experts will be covering daily care and management, clipping, fitting, feeding and showmanship. This year we are working with Iowa State University offering FSQA certification. Lunch will be provided with great door prizes. If you would like more information or would like to reserve your registration, please call Kim Lewis at 319-430-0474 by March 5<sup>th</sup>.

## New Member Record Book Workshop

All new 4-H members and parents are invited to attend a workshop on the 4-H record book. You will see examples of other youths record books, how and what awards your youth can apply and most importantly will explain how to put the record book together with the correct information. This workshop is a great time to start the record book and ask question while working on the 4-H'ers record book. For more information please call Jessica at the Extension office 515-532-3453, or email, [jnorman@iastate.edu](mailto:jnorman@iastate.edu).

## 4H NIGHT with the Iowa Barnstormers

Saturday, May 30, 2009 - 7:05pm. Join fellow 4H Members from Clubs across the state for a GREAT night with the Iowa Barnstormers. As a member, you and your 4-H Club can purchase tickets for your friends and family to the Iowa Barnstormers game for as low as \$10 a seat.

\*\*Be sure to let us know your Club Name for recognition of your Club on our video board during the game! Please call the Extension office or email Jessica at [jnorman@iastate.edu](mailto:jnorman@iastate.edu) to reserve your seats today.



## Omaha Zoo Trip

Nine Wright County 4-H members will be going on the Omaha Zoo trip on March 26 to 27. Those going are: Brook Boyd, Zachary Konvalinka, Mikaela Livengood, Matt Magee, Tristan Mennenga, Maycie Rector, Jossie Sann, Trenton Sann, Celeste Swanson, & Katie Wigans. Chaperone: Nancy Magee These youth will join 4-H'ers from four other counties on the overnight trip to the zoo. The trip is open to 6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup> grade 4-H members. If you missed the opportunity this year, keep it in mind for 2010. This is an annual trip for intermediate 4-H members.

2009 Wright County Fair theme: "Voyage to Greatness"



## Iowa 4-H Center, 2009 Summer Camp Information

### **Discovery Camp** (Ages 8-10) **June 7-10, June 28-July 1, Aug. 2-5: \$185 / \$210**

Experience all the adventure and excitement we can pack into three days! You'll be introduced to our camp traditions and favorite activities, including creek walks, archery, canoeing, and much more! Bring a friend with you or make new ones!

**Everything Camp** (Ages 9-14) **June 7-13, June 14-20, June 21-27, July 5-11, July 12-18, July 19-25, July 26-Aug. 1, Aug. 2-8: \$352 / \$377**

### **Half-week Specialty Camps – 4 p.m. Sunday to 4 p.m. Wednesday**

#### **NEW Secret Agents** (Ages 7-9) **June 28-July 1: \$195 / \$220**

Calling all agents...report for camp fun immediately! We'll be super-spies as we solve mysteries, explore, find clues, hidden treasures, and surprises. Swim, do crafts, have a campfire, go on a creek walk, and try the climbing tower, too! Super staff for 1st time campers! Top Secret fun is waiting for you!

#### **NEW Inside Out Camp** (Ages 7-9) **June 7-10, Aug. 2-5: \$195 / \$220**

Great first time camp! Lots of variety! Come and sleep inside a lodge one night and sleep outside under the stars or in tents another night. We'll play games, make crafts, and have lots of fun. Caring and fun staff waiting to serve you.

#### **Technomania** (Ages 9-12) **June 7-10, June 28-July 1: \$195 / \$220**

Make and launch rockets, build robots, use GPS units on scavenger hunts, plus other gadgets and experiments. All this fun and more while learning about science and technology! Enjoy swimming, campfires, and other camp activities, too.

#### **NEW Rail Camp** (Ages 9-12) **Aug. 2-5: \$195 / \$220**

Half-week camp for kids who love trains! Explore the Kate Shelly historical site located near Moingona one day and ride the Boone and Scenic Valley Railroad the next. We will also save time for swimming, campfires, and other fun camp activities when we are not learning about trains.

#### **Grossology** (Ages 9-12) **Aug. 2-5: \$195 / \$220**

This program is for the camper who loves getting dirty! Enjoy hands-on fun with clay, slime, gack, edible play dough, and paper mache. We will also mud slide and creek stomp, explore the pond life in a canoe, have a campfire cookout, and play mud volleyball! Lots of messy fun!

#### **NEW Short Creativity Camp** (Ages 9-12) **June 28-July 1: \$195 / \$220**

Develop your creative side with this short camp that combines art and drama! Hands-on experience with several crafts and then practice your skills in a short play you'll perform one night. There also will be time for swimming, campfires, and an art show on Wednesday.

#### **Short Un-Camp** (Ages 12-14) **June 7-10, June 28-July 1: \$195 / \$220**

Expect the Un-expected at this crazy camp! Enjoy extra pool time, a movie and pizza night, twice the store snacks, ice cream with your breakfast, sleeping in, food fights, and many more surprises! It will be Un-like any other camp you will attend! Sign up early for all this fun; space is limited!

### **Week-long Specialty Camps - 4 p.m. Sunday to 10 a.m. Saturday**

#### **Creativity Camp** (Ages 9-11) **June 7-13, July 5-11, Aug. 2-8: \$385 / \$410**

Want to develop your creative side -- then expand your imagination in this fun camp that combines art and drama! Explore the art of tie-dyeing, basket weaving, pottery, leather craft, scrapbooking, and bead work, plus try out your dramatic side with parts in a short play you'll perform at skit night. There also will be time for swimming and campfires, and an art show on Friday.

#### **NEW First Iowans Camp** (Ages 10-12) **July 19-25: \$385 / \$410**

Learn about pre-historic and historic American Indian cultures through hands on learning, exploring real Native American archeology sites, flint knapping, shooting bows and arrows, making pottery, and visiting local museums. Spend one night sleeping in a pre-historic American Indian structure and even get to try buffalo meat.

#### **NEW High Adventure** (Ages 10-12) **June 21-27, July 12-18: \$365 / \$390**

If you like to climb, then this is the camp for you! Spend quality time every day practicing your skills on our climbing tower, zip line, and high ropes course. Learn to work as a team on the low ropes course, how to tie basic knots, and how a belay team works.

#### **Homesteaders** (Ages 10-12) **June 21-27: \$385 / \$410**

Sleep in Tents! Go back to the past and experience what it was like to live as a pioneer. Help build the log cabin, cook over the fire, trade for supplies at the general store, make butter, pull taffy, pan for gold in Richardson's Creek, make frontier crafts, canoe, swim, fish, creek stomp, and practice archery. End the week with a trip to the State Historical Museum to learn about true Iowa pioneers!

#### **NEW Military Heritage Camp** (Ages 10-13) **June 14-20: \$385 / \$410**

Learn about Iowa's military history by spending time with military re-enactors from the Civil War, World War One, World War Two, Civil War, and the Korea/Vietnam eras. Get involved with hands on learning about historic uniforms, weapons, artifacts, and tactics from Iowa's past wars. Try period military rations for lunch each day, tour the Camp Dodge museum, and even spend one night outdoors in a Civil War tent!

#### **Horse'n Around** (Ages 10-14) **June 7-13, July 26-Aug. 1: \$522 / \$547**

New in 2009: both beginner and intermediate riders will be able to attend the same week of horse camp and instructors will work with both skill levels. Come ride, love, and care for horses. Learn safety, horse basics, and riding skills for four hours each day from the staff at Jester Park Equestrian Center in Granger. Enjoy a trail ride, wagon ride, and end Friday with a celebration of games and fun horse activities. Spend time each afternoon in other camp activities such as swimming, climbing, crafts, and archery. We need a minimum of five campers to hold this camp.

**Gone Fishin (Ages 10-14) June 21-27, July 5-11: \$365 / \$390**

Whether you're fishing pro or you've never baited a hook, you'll get lots of hands-on experience at this camp! Learn about types of fish, the water they inhabit, and how to catch them. Take fishing trips to ponds, streams, lakes, and a nearby river. Enjoy a Friday night fish fry, swimming, and other camp activities. Bring your own fishing pole and tackle box or borrow equipment from the camp.

**NEW Splash Camp (Ages 10-14) July 12-18, Aug. 2-8: \$365 / \$390**

Great way to cool off during the summer! Swimming, creek walks, water games, water balloons, and other fun water activities. Enjoy the new pool slide, slip 'n slide, snorkeling, and kayaking, too! We will even take a trip to the lake for swimming, fishing, paddle boating, and a picnic! Excellent staff provides water safety and supervision.

**Climb & Canoe (Ages 11-13) June 14-20: \$385 / \$410**

Spend the first part of the week learning canoeing and climbing tower skills at camp – then travel off-site for a river canoe and rock climbing trip. You will learn all about ropes, harnesses, helmets, paddle strokes, lifejackets, swamping canoes, and how a belay team works together to keep everyone safe. Don't miss this one!

**NEW Sports Zone (Ages 11-13) July 5-11, July 26-Aug. 1: \$365 / \$390**

Do you enjoy the challenge of team sports? Come join us as we play basketball, sand volleyball, soccer, kickball, ultimate, and other sports daily. International camp staff will also teach sports from their home countries. Grow with your team as we not only learn to play the games, but also learn tips on healthy living, good nutrition, and sportsmanship. We will also tour the ISU athletic department and visit an athletic trainer.

**Just 4 Girls (Ages 11-13) July 19-25: \$365 / \$390**

Come to camp for a week full of giggly great girl time! Play games, make crafts, bake cookies, do hair and nails, have a karaoke slumber party, get modeling and fashion tips, and hang out with your new camp girlfriends. Plenty of camp fun too, with swimming, high ropes, and creek stomping... What a deal!

**Ready, Aim, Shoot (Ages 11-14) June 21-27, July 12-18: \$365 / \$390**

We will sample various "shooting" sports in this action-packed camp, including basketball, archery, rockets, marshmallow launchers, water balloons, air rifles, and skeet shooting with shot guns! Add in swimming, campfires, free time, and more!

**Pack 'n Paddle (Ages 11-14) July 26-Aug. 1: \$385 / \$410**

Sleep in Tents! Hike deep into the scenic camp wilderness and set up camp in a different place each night. Learn to pack a backpack, paddle a canoe, build a campfire, put up a tent, cook over a campfire, use a compass, and GPS. You will campout, hike, fish, swim, and try archery. The highlight of the week will be the two-day canoe trip down the Des Moines River - spending one night on the river bank!

**NEW Archeology Camp (Ages 11-14) July 26-Aug. 1: \$385 / \$410**

Spend a week studying Iowa archeology! Learn to do surface surveys of newly discovered sites, pin flag artifact locations, explore areas of cultural activity to find new sites, get basic museum cataloging skills, learn about artifact types found in the area, talk about American Indian burial grounds, and so much more.

**Un-Camp (Ages 12-14) June 14-20, July 19-25, Aug. 2-8: \$385 / \$410**

Expect the Un-expected at this crazy camp! Enjoy extra pool time, a movie and pizza night, twice the store visits, ice cream with breakfast, mud volleyball, food fights, BBQ at Ledges State Park, a trip to the lake, and many more surprises! It will be Un-like any other camp you will attend! Sign up early for all this fun; space is limited!

**NEW Express Yourself (Ages 12-14) July 12-18: \$385 / \$410**

If painting, drawing, drama, or the arts interest you, don't miss this camp. We will explore various forms of art and expression – paint, draw, act, sing, and have lots of fun with other creative camp friends. Plus visit the Des Moines Art Center, ISU College of Design, and the ISU theater department.

**Night Owls (Ages 13-15) July 19-25: \$385 / \$410**

Stay up late...really late and explore the 4-H Center nightlife! Check out the stars from the Inspiration Point, play crazy night games, have a midnight pool party and scavenger hunt, relax around a late night campfire cookout telling camp stories, even climb and zip line at night with head lamps. Sleep in after all the fun so you can stay up and do it again. You'll even take a late night trip out of camp for some crazy adventures.

**Vertical Challenge (Ages 13-16) June 7-13, July 26-Aug. 1: \$365 / \$390**

Challenge your advanced climbing skills while discovering the ups and downs of our 50-foot tower with two climbing sides, dangle duo, and 360-foot mega zip! Inside the high ropes course, fly down the Zip Line at night and try the Cat Walk blindfolded just for starters. Learn knot tying, practice equipment maintenance and more!

**X-Treme Camp (Ages 13-16) July 12-18: \$385 / \$410**

Sleep in Tents! This adventure camp is for those who have what it takes to complete challenges, work as a team, build their own shelter, and cook their own food. Campers will be instructed in outdoor survival skills including orienteering, wildlife identification, outdoor cooking, fire building, marking trails, and American Red Cross Community First Aid. It's your chance to learn how to survive in the WILD and cooperate with others to be your best.

**Create-a-Camp (Ages 14-16) June 21-27, July 5-11: \$385 / \$410**

Come hang with friends at this laid-back camp where YOU set the schedule. You know what you want, let's do it! Hang at the beach, watch a movie, tackle the high ropes, plan your own menu...what's it gonna be? The schedule for the week is wide open for you to design, and the counselors will be there to help guide the group decision-making process.

**Open Highway (Ages 15-17) June 14-20: \$385 / \$410**

Two words... ROAD TRIP! Jam to some tunes and hang out with your friends in the van while certified camp staff drive you to a water park, a lake, mini golfing, and other cool destinations. The best part about this camp is that you get to do all that fun stuff and then come back and join in the fun at camp for campfires, swimming, and the evening all-camp programs.

## Additional Opportunities

### **Girls Night Out (Ages 7 and up) June 20-21 (Sat. 10 a.m. to Sun. 11 a.m.) \$80/person**

Spend the day with mom (or a woman like mom) relaxing at camp. Enjoy a spa event, crafts, campfires, cooking, swimming, climbing, archery, tea time, and other fun activities. Experience the joy of the outdoors while building and renewing your special relationship. Stay in air-conditioned and carpeted cabins with family-style meals served in our dining hall.

### **Dad & Me Camp July 11-12 (Sat. 10 a.m. to Sun. 11 a.m.) \$80/person**

This camp is for dads (or grandpas, uncles, etc.) and their sons/daughters ages 6-11 to come and experience a fun weekend together at camp! Enjoy the climbing tower, swimming, archery, nature hike, campfire, outdoor cooking, creek walk, and leather craft. Great way to make new friends and family memories!

### **Volunteer Camp Nurses Needed**

The Iowa 4-H Center is seeking camp nurse volunteers for the 2009 camp sessions. We need adults professionally trained and certified with a minimum certification as a Registered Nurse (RN). Responsibilities include collecting meds and performing health checks during camper check-in, running med-call at each meal and before bed, handling all minor and emergency medical treatment, recording all medical treatment in our medical log, and restocking supplies. Nurses arrive at camp between 1:00 and 2:00 p.m. on Sunday of the week they volunteer. They will live on-site in the Health Hut until after closing ceremonies end that week. The Health Hut is full furnished with your own bedroom, bathroom, kitchen, and health center for the campers. Meals for the week are provided in the camp dining hall. Nurses who volunteer during our half-week camps (week 4) will receive one free week-long resident camp registration OR two free half-week resident camp registrations. Nurses who volunteer during our week-long camp sessions (Weeks 1, 2, 3, 5, 6, 7, 8, 9) will receive two free week-long resident camp registrations OR four free half-week resident camp registrations OR one free week-long AND two free half-week registrations. It is a great way to enjoy camp and give your kids a fun experience for free. Sorry, family members are NOT allowed to live in the Health Hut with you. Volunteer camp nurses MUST complete a driving record check, a criminal background check, and attend the training on Saturday, May 30, 1 to 4 p.m. before volunteering during the summer. For more information, call (515) 795-3338 or email [4hcentermail@iastate.edu](mailto:4hcentermail@iastate.edu).

### **Wilderness Trips (Open to Older Youth and Adults)**

The Iowa Environmental Education website, [www.iowaee.org](http://www.iowaee.org), will list out-of-state Wilderness Trips planned for summer 2009. Visit the site for details and registration information

## CLOTHING EVENT THE \$15 CHALLENGE

All participants are challenged to search garage sales, consignment stores, Goodwill Stores, Salvation Army stores and others of this type and put together an outfit for \$15 or less. Receipts will be required, although they can be handwritten receipts for garage sales. The \$15 Challenge does not include shoes or accessories, although an individual participant may choose to include either or both in the \$15 Challenge. Garments purchased at end of season sales at regular retail outlets would not qualify for the \$15 Challenge category, but could be used for Clothing Selection. (The reason is to encourage alternate venues for shopping.) Guidelines for "an outfit" include a one piece garment such as a dress or a two piece outfit consisting of a top and bottom.

## Clothing Event judging date

Fashion Revue, Clothing Selection, \$15 Challenge, & Modified Outfits will have conference judging on Friday, June 26<sup>th</sup> at the Extension office from 12 noon-5 pm. The youth will model and receive award placing during the County Fair.



IOWA STATE UNIVERSITY  
University Extension  
Wright County Extension  
210 First Street SW – P.O. Box 433  
Clarion, Iowa 50525

**Happy St. Patrick's Day!**



## Dates to Remember

March	2	Babysitting Clinic
	7	Intermediate Trip to ISU Women's Basketball game
	9	Babysitting Clinic
	10	Swine & Sheep Clinic
	14	4-H Fun Nite
	23	Babysitting Clinic
	27-28	Intermediate Omaha Zoo trip
	30	New Member Record Book Workshop
April	4	Jewelry Workshop
	6	Leader's Training/Meeting
	13	FSQA test out and workshop
	23	FSQA workshop in Belmond
	25	Pillow Case, Sewing Workshop
May	9	Sheep & Meat Goat weigh-in
	15	Animal ID forms due