



CLOVER CHATTER

DECEMBER--- 2010

EXTENSION TO YOUTH AND 4-H



Joyce Coppess
Cedar County Extension
Office Manager and County Youth Coordinator
coppess@iastate.edu
Office Phone -- 563-886-6157
Fax -- 563-886-2356



STATE RECOGNITION APPLICATIONS

A new process for applying for state recognition has been created and simplified. The area level of interviews has been eliminated. Applicants will now interview at the state level. Completed applications are due to the State 4-H Office by February 1, with interviews held in Ames on March 26th.

Opportunities for state recognition include:

- National 4-H Conference
- National 4-H Congress
- State 4-H Council
- State Project Awards
- Iowa Youth Technology Team

More information on each recognition opportunity is available at this website:

www.extension.iastate.edu/4h/teens/awards.htm

Questions?? Contact the Extension Office

Joyce Coppess, Cedar County Youth Coordinator

Youth Development Committee Members 2010 - 2011

Loren Mohr—Chairperson
Michele Proesch—V Chair
Ann Mente—Secretary
Teri Baird
Tom Driscoll
Christa Eads
Rich Fitzgerald
Dave Frederick
Ed Wehde
Deb Wenndt

Extension Office Hours

Monday—Friday

**8:00 AM—Noon
and
12:30 PM—4:00 PM**

Phone—563-886-6157

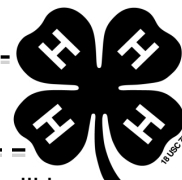
Fax—563-886-2356

Office Staff

Joyce Coppess
Office Manager
County Youth Coordinator
Betty Ellerhoff
Bookkeeper & PT Office Assistant
Daleta Christensen
Youth Program Director
Bob Owen
Region 16 Director



IOWA STATE UNIVERSITY
University Extension



Enrollment Forms.....

Do you have your enrollment form turned into the office? Be sure that you get it in on time so you will be able to participate in the Cedar County fair. The absolute deadline for returning members to have their enrollment forms into the Extension Office is December 30th at 4:00 p.m.

New member enrollments will continue to be accepted until May 15th at 4:00 p.m.

Welcome New 4-H Members.....

CENTER RING LEADERS

Kerilynn Battey
Ben Berglund
Clayton Eads
Katrina Gustafson
Noah Jedlicka
Madison O'Leary
Amanda Smith
Erica Wehde
Steven Wethington

NEW HORIZONS

Taylor Brown
Josh Miller

PORK CENTER PIONEERS

Greta Albaugh
Logan Thimmes
Kealy Taylor
Courtney Thompson
Jared Thompson

CLARENCE JUNIOR H'S

Makayla Helmold
Jamie Kremer
Samantha Kremer
Kaitlyn Thompson

SPRINGDALE WILDCATS

Jacob Barnhart
Derek Fetzer
Ethan Fetzer
Lexie Wehde

INLAND 4-H

Ben Ellis
Bryce Lafrenz
Erica Lucas
Jarod Moeller
Jonah Werth

SUGAR CREEK CHALLENGERS

Kolten Bentley
Erica Chapman
Blake Ehler
Lauren Jensen
Charli Mosier

LOWDEN LASERS

Karlie Proesch
Sebastian Cinkovich
Amanda Phan

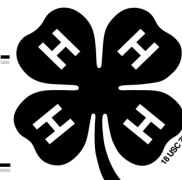
Let's see this list continue to grow.

Iowa Junior Holstein Association.....

Grab Your Shirts.....Slip on Your Sandals and join Dairy enthusiasts for a fun-filled Hawaiian luau at this year's annual Iowa Junior Holstein Convention on December 28-29 at the Bluffs Inn in Decorah, Iowa. All youth ages 8-21 interested in dairy are invited to attend the convention. There will be fun quiz bowl and jeopardy competitions, mixer games, pizza and a dance. Contact Luke Rauen, Iowa Junior Holstein President at lrauen@iastte.edu or 563-451-7878 for more information.

MISSION STATEMENT

4-H EMPOWERS YOUTH TO REACH THEIR FULL POTENTIAL WORKING
AND LEARNING IN PARTNERSHIP WITH CARING ADULTS



Tractor Supply Supports 4-H

Tractor Supply stores in communities across the country have long supported 4-H clubs and now Tractor Supply Company has entered into an official partnership with the National 4-H Council as your National 4-H Project Headquarters.

This means that local clubs and 4-H members can also reap rewards from Tractor Supply with the new TSC Clover Card.

By registering for a card, you will get special notifications from TSC and 4-H and access to special deals at TSC only available to TSC Clover Card holders. Best of all, each time you use your card, your club has a chance to win additional funding from TSC.

Each month, TSC will randomly select five transactions made with the Clover Card. The local club associated with each of those cards will receive a Tractor Supply Gift Card. Remember, each swipe of the card give your club a better chance to win gift cards from TSC. The TSC Clover Card offers special deals to those in the 4-H community – parents, guardians, volunteers and leaders.

For more details and stores located near you go to the website: www.tractorsupply.com and click on the event page - then in the upper right hand corner you will find information about the 4-H and TSC program.

Community Service Project

by Center Ring Leaders 4-H Club

- WHAT:** Recycle your Christmas cards or other greeting cards
- WHEN:** Cards will be collected until February 7, 2011.
- WHERE:** Drop your cards off at the Cedar County Extension Office
- WHY:** Cards will be recycled and used for art projects at Camp Courageous. They are able to use the entire card for their projects, you do not need to remove the back of the card.



4-H Day at Cyclone Women's Basketball Game

The Iowa 4-H Foundation is hosting a 4-H Day at the Iowa state Women's basketball game versus Texas A & M on Saturday, January 22, 2011 at Hilton Coliseum in Ames. Tip-off is at 11:00 am. Ticket prices are discounted and will include admission to game, pre-game tailgate, Exclusive Cyclone 4-H t-shirt, donation to the Iowa 4-H Foundation.

Join your fellow 4-H members and Cyclone fans from 8:30 – 11:00 am for an exclusive 4-H pre-game brunch tailgate that will be held at the Iowa state Center Scheman Building (next to Hilton Coliseum). Parking is available directly north and south of Scheman or in the lots across the street to the south where other game attendees will park.

Pick up your ticket(s) and t-shirt(s) at the tailgate event prior to the game. They will not be mailed in advance.

For more information – go to this website www.extension.iastate.edu/4h/explore/isuwbb

There is a deadline for ordering tickets and shirts.

LEARN THROUGH 4-H

<http://www.extension.iastate.edu/cedar/kidsteens.htm>

4-H Hot Sheets Available in Place of Project Publications



Here is some ***HOT*** news for you! 4-H Project publications have been replaced by project Hot Sheets. Hot Sheets are a one page powerhouse of information packed full of ideas on a particular project area. A list of reliable resources can also be found on the back of each sheet for you to explore. To access Hot Sheets, go to:
<http://www.extension.iastate.edu/4h/projects>

A list of project areas will be in a column on the right side. Selecting a project area will take you to the website where you can click on the Hot Sheet hyperlink on that page.

If you still would like to look at the project books, we have complete sets on file in the Extension Office for purchase.

State 4-H Volunteer Retreat

Leaders, parents, and 4-H members in grades 7 – 12 are invited to attend the State Volunteer Retreat on February 11 – 12 at the Des Moines Area Community College (DMACC) in Ankeny. Titled “Keep Soaring” this retreat is guaranteed to enhance your skills in meeting the needs of your club.

Due to a generous grant from Monsanto, cost of the retreat is only \$10 if you register by January 21. Late registrations are \$15 and accepted until January 28. For more information contact the Extension Office or go to:
<http://extension.iastate.edu/4h/Volunteers/retreat.htm>

4-H Foundation Cards

Each year the Iowa 4-H Foundation asks clubs to send in homemade Christmas cards to be used to send to donors. This year, due to a large number of surplus cards from past years, Christmas cards are not needed. However, birthday, thank you, anniversary, etc cards are needed and would be appreciated.

Please keep the size of the cards to 4.5' x 6.25" or the size of a sheet of paper folded twice to save on postage.

Cards may be sent to the Iowa 4-H Foundation, Extension 4-H Youth Building, ISU, Ames IA 50011-3630

4-H Scholarships Available - Juniors, Seniors and College Students

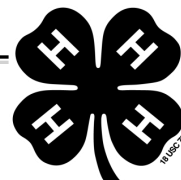
Are you planning to further your education after high school? If so, check out the 4-H scholarship website at: <http://extension.iastate.edu/4h/teens/scholarships.htm> Here you will find information for scholarships that are for 4-H members only as well as scholarships where 4-H members must meet eligibility requirements.

All Scholarships are due to the State 4-H Office no later than February 1. Non 4-H scholarships will have their own deadlines and requirements. Please be sure to read all requirements for scholarships and the residency restrictions.

HIGH SCHOOL JUNIORS: You are eligible to apply for the Hills Bank & Trust Leadership grant. Information for this opportunity can be found at the same website. Applications are also due on February 1st to the State 4-H office.

The upcoming Holiday vacation is a great time to start completing your scholarship applications. It takes time to complete the application process ----- so start early! If you need reference letters from the office, please ask early so we have time to complete them.

HAVE A SAFE & HAPPY HOLIDAY SEASON



4-H Night with the Rough Riders

Are you interested in attending a hockey game with the Cedar Rapids Rough Riders? You have an opportunity to do just that on January 8th when the Rough Riders play host to the Green Bay Gamblers at the "The Stable".

Invite your friends and family to get discounted tickets – no matter the size of the group. The deadline to

order specially priced tickets will be January 7th.

If you have questions or you want to order tickets contact Alissa at 319-247-0340 or send an email to awanless@roughridershockey.com.

You can also find information on their web page <http://www.ridertownusa.com/>

4-H STATE MEMBERSHIP FEE

The Iowa 4-H program will continue with a membership fee of \$30 for the 2010 – 2011 4-H year. The Cedar County Extension Council has made the decision to pay half of the state fee (\$15 per member) with the remainder coming from the club.

Clubs will need to make the decision as to how they will handle the remaining \$15 per member – either through the club paying the \$15, the club paying a portion of the fee, or asking members for the entire \$15 fee.

If there are questions about the state membership fee, please talk with Joyce.

SCHOLARSHIP NEWS

The office will soon be receiving scholarship information for youth who will be graduating in the spring of 2011. We will continue to post the information on the Cedar County web page and will update the information as it becomes available. If you have questions in regard to the scholarships or are in need of references, please contact the office. Please allow ample time for the office to complete your reference. Don't wait until the last minute.

4-H Calendar

December

18	Market beef weigh in
23	Holiday – Office closed
24	Holiday – Office closed
30	Last day for Enrollment Forms
31	Holiday – Office closed

January

15	4-H Lock In
17	Holiday – Office closed
30	New Member night

Horse Project

New 4-H members who are enrolling in a Horse project and are looking for a young horse should contact Loras Martin, near Welton. Contact 563-212-1506 or 563-677-2763

Rabbit Project

If you are looking for rabbits for your 4-H project and would like some Jersey Wooly, Havana, or Crème D'Argent rabbits contact 4Hers Lindsay & Marillea Gaunitz at 563-886-2635

4-H PLEDGE

I PLEDGE MY HEAD TO CLEARER THINKING, MY HEART TO GREATER LOYALTY, MY HANDS TO LARGER SERVICE, AND MY HEALTH TO BETTER LIVING, FOR MY CLUB, MY COMMUNITY, MY COUNTRY, AND MY WORLD.

Market Beef Weigh-In



Market beef weigh-in is scheduled to be held on Saturday, December 18, 2010 – at the Cedar County fairgrounds. We will start weighing animals at 8:30 AM and will end at noon.

Market animals to be exhibited at the Cedar County Fair, the Iowa State Fair and/or Ak-Sar-Ben must attend this weigh-in. (This includes return bottle bucket animals and dairy steers).

We will again use retinal imaging for identification of market animals for the Iowa State Fair and we will continue to do hair samples for the Ak-Sar-Ben animals until the time they start to accept retinal imaging.

Since Cedar County is an approved nomination site for the Iowa State Fair and Ak-Sar-Ben, **Cedar County Youth need to attend this weigh-in.** Do not presume that you can take your animals to another county to be weighed. Many counties continue to have closed sites (will only weigh animals from their county) and do not have to weigh animals from other counties.

At weigh-in you will need to know all of the following information (for all animals – county & state).

- All breed information
- All purebred animals need to have their tattoo in the ear prior to coming to weigh-in. We will not allow animals to be tattooed at weigh-in time. **(No exceptions to this).**
- The sire name or registration number (if you have the registration papers already – it will be a good idea to make a copy for the office to put with your ID form).
- Are you bringing a return bottle bucket calf? You will need to know if you want to show it as a return bottle bucket animal or as a cross bred animal.
- Is your animal Cedar County bred and raised? Is so – we need to know the name you want in the fair show sheet.

All of the above information is required even if you have not received the official registration papers yet. The breeder or sale people should be able to give you this information when the animal is purchased. This will be required for all animals listed on your ID form – even if they are only going to be shown at the county level and not at the state fair and/or Ak-Sar-Ben. There will not be an opportunity to add information to the ID forms once January 6th is past.

There will be a \$5 charge for each animal nominated for the Iowa state fair and an extra \$5 if you want to also nominate for Ak-Sar-Ben. You will be required to complete some paper work as part of this process. Be sure to look the forms over carefully so that everything is complete and correct.

The 4-H member and a parent should attend the weigh-in to complete the required paper work. If for some reason you cannot attend the weigh-in on December 18th, you will need to sign a waiver form. The waiver form must be presented at the weigh-in or come to the Extension office prior to weigh-in.

Regardless of where you want to exhibit your market beef animal you must do the following:

- Have a current enrollment form in the Extension Office and be enrolled in the market beef project area.
- Attend the Cedar County market beef weigh-in.
- Have your market beef ID forms filled out as much as possible prior to weigh-in time. (This includes breed of animal, tattoo numbers, sire name and breed – even if you do not have the papers yet). All of this information is available from the breeder or sale person. This information is required for all county and state shows. (Do not write in ear tag numbers – as these will come from the tags received at weigh-in).
- You may weigh-in a maximum of 6 animals (this includes market beef, market heifer, return bottle bucket, and dairy).
- All animals must be in the possession of the 4-H/FFA member and be correctly identified at the time of weigh-in. Youth should have accepted responsibility and care of their animal once it is in their possession.
- Make sure the registration papers contain the correct information and are in the name of the 4-H member.

Information packets will be sent out to all youth enrolled in the market beef project area prior to weigh-in.

WANT TO KNOW MORE ABOUT 4-H

FIND US AT: WWW.EXTENSION.IASTATE.EDU/CEDAR/KIDSTEENS.HTM



ON – LINE 4-H ENROLLMENT NOW AVAILABLE

Cedar County is one of the pilot counties for allowing 4-H members and leaders to enroll in 4-H on-line. This wonderful opportunity will give families the ability to conduct 4-H “business” in the comfort of their home.

If you would rather not use the on-line process, you may complete the paper copy of your re-enrollment available from your leader or the Extension Office.

To use 4hOnline, you need a computer, internet access, a valid e-mail address, and a web browser. You can use Internet Explorer browser for this, but Firefox seems to work better. To download and install Firefox (free) go to <http://www.mozilla.com> Firefox has consistently been a more stable and secure browser than Internet Explorer so do not need to worry that you are jeopardizing your computer security by using it.

Instructions for re-enrolling online can be found at www.extension.iastate.edu/4h/enrollment/help.htm.

New 4-H’ers who have siblings previously enrolled in 4-H can simply add their name to their family profile. When you get to the page that says “Member List” at the top, click on the “Add a New Family Member” drop down box, select “Youth”, and click on “Add Member”. A new page will open up for you to add the new sibling. To save typing, you can click on the drop down menu near the top and copy parent information from a sibling that is already enrolled in 4-H.

New 4-H families would not have a family member in the system and therefore need to set up a family profile. Follow the instructions listed on the website. Once a family profile is set up, the enrollment process is much like returning 4-H members except the new families will need to type in their information.

Contact Joyce at the Extension office, if you have questions.

4-H SHARE THE FUN

The Share the Fun event will be held during the Lock-in which is scheduled for January 15th. The County Council members have challenged every club to participate in Share The Fun. Those wanting to participate should have their name into the Extension Office by January 12th.

4-H LOCK-IN IS SCHEDULED

The Cedar County Youth Council will be sponsoring a county wide lock-in on January 15th and 16th. The event will be held at the Tipton High School with check in between 7:30 pm and 8:00 pm on Saturday evening January 15th. At 8:00 pm the doors will be secured and will be opened again on Sunday morning from 7:00 – 7:15 am when parents should arrive to pick up the youth participants. (Please note these times on your calendars).

All 4-H members (must have their enrollment forms in the office) are invited to attend and can bring **one (1) friend**. **The cost of the event will be \$15 per person if you have your forms and money in the Extension Office by January 10th at 4:00 pm.**

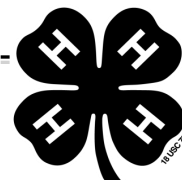
For registrations received after January 10th or at the door the cost will be \$20 per person. All snacks and pop will be furnished at the lock-in as well as other food throughout the event. Additional food and drink should not be brought to the event. We will also be asking that cell phones be left at home or checked at the door.

Each guest will be required to have a completed Medical Information/Release form and permission form (which are enclosed with the newsletter) before they will be allowed to attend the lock-in.

4-H members will be able to use the Medical Information/Release from they have completed and have on file at the extension office. 4-H members will also need to have a permission slip completed in order to attend. Everyone must have a health form for the event.

COUNTY WIDE LOCK IN – JANUARY 15, 2011

Iowa 4-H Medical Information/Release Form
(Non 4-H Club Members - Youth)



2010 - 2011 Year

PARTICIPANT INFORMATION

Participant's Name _____
Permanent Address _____ Date of Birth _____ Gender _____
City, State, Zip _____ Home Phone _____

MEDICAL EMERGENCY CONTACT INFORMATION

Person to Contact First Backup Contact (Relative or Friend)
Name _____ Name _____
Relation to Participant _____ Relation to Participant _____
Daytime Phone _____ Daytime Phone _____
Evening Phone _____ Evening Phone _____
E-mail _____ E-mail _____
Name of Family Doctor _____ Office Number _____
Name of Dentist _____ Office Number _____

INSURANCE POLICY INFORMATION

The above-named participant is covered by health insurance. Yes** No*
* If no, initial this line stating that you do not have health insurance and are aware that Iowa State University/University Extension/4-H does not carry any health insurance for you.
**If yes, provide the following information which is required by Iowa State University to expedite treatment and to facilitate the billing process.

Policy Holder's (P.H.) Name _____ P.H.'s Date of Birth _____
Address _____ Relation to Participant _____
City, State, Zip _____ Occupation _____
P.H.'s Employer's Name/Address _____
Insurance Company Name _____
Policy # _____ Plan # _____

Health Information (Please Print)

Does the child have any of the following conditions or a history of any of the following conditions? (Circle all that apply.)
Asthma Bronchitis Fainting Spells
Diabetes Ear Infections Heart or cardio-vascular problems/disease
Convulsions/seizure Hay Fever Chronic bone, muscle or joint injuries
Migraine headaches Other condition(s): (Please list) _____

Allergies or reactions: (Circle all that apply.)

Aspirin Penicillin Dairy Gluten Peanuts
Insect bites or stings Ivy/oak/sumac toxins Other (list) _____

Is your child currently on any prescribed or over-the counter medication? (If so, please record the condition/ailment, name of medication, dosage, time(s) of day, prescribing physician.) _____

Date of last tetanus shot (approximate if necessary): _____

(Over)

TO BE READ AND SIGNED BY PARTICIPANT

BEHAVIOR EXPECTATIONS OF THE PARTICIPANT

It is important to follow the directions of the 4-H Club leader(s) at all times. I understand that as a participant I have the responsibility to help make the activity a safe experience for everyone through my behavior and conduct. I also understand the danger of not following rules and directions and agree to follow them.

Participant Signature _____ Date _____

TO BE READ AND SIGNED BY PARENT OR GUARDIAN

I understand that my child must be healthy and reasonably fit in order to safely participate in 4-H recreation activities and that I will inform the program leader(s) of any medication, ailment, condition, or injury that may affect his/her ability to participate safely.

MEDICAL EMERGENCY PARENTAL PERMISSION*

The health history for my child is correct and complete to my knowledge. If an injury or other medical condition occurs or arises, I hereby give permission to the ISU Extension staff or volunteer to provide routine health care and seek emergency treatment including x-rays or routine tests. I agree to the release of any record necessary for treatment, referral, billing or insurance purposes. I understand that I am financially responsible for charges and hereby guarantee full payment to the attending physicians or health care unit. In the event of an emergency where I cannot decide for my child, I give permission to the physician/hospital selected by the ISU Extension staff or volunteer to secure and administer treatment for my child, including hospitalization. (*If you cannot sign this section of the form for any reason, contact the County Extension Director regarding a legal waiver in order to attend and participate.) _____initial _____date

PUBLICITY/IMAGE/VOICE PERMISSION

The Iowa State University Extension 4-H Program normally takes photographs, video, and/or tape recording of our programs. During activities, a photograph or video/audio recording may be taken of you or your child. Unless you request otherwise, your initial below will be considered permission for Iowa State University and the 4-H Program to photograph, film, audio/video tape, record and/or televise your image and/or voice or the image and/or voice of your child for use in any publications or promotional materials, in any medium now known or developed in the future without any restrictions. If you object to ISU using you or your child's image or voice in this manner, please notify the 4-H program leader. _____initial _____date

TRANSPORTATION

I am giving my permission for my child to be transported to and from 4-H Club activities or events. I give my permission for: **(Circle all that apply.)**

- My child to ride with any adult volunteer driver.
- My child to ride with an authorized adult volunteer driver who has completed an MVR check.
- My child to ride in another youth's (18 or younger) vehicle to 4-H Club activities.
- My child to drive his/her vehicle to this 4-H activities or events.
- My child to transport other 4-H Club participants in his/her or my vehicle.

I understand that if personally-owned vehicles are used as transportation to and from Iowa State University (ISU) 4-H Club events or activities that the owner of the vehicle is responsible for any liability that might occur during the transportation. ISU does not provide coverage for any property damage, personal injury or liability that may occur while using personal vehicles. Vehicle owners are required to carry automobile liability insurance as required by the State of Iowa. _____initial _____date

4-H CLUB ASSUMPTION OF RISK AND RELEASE OF LIABILITY (Please read carefully.)

I give permission for ___ to participate in the 4-H program. I understand that 4-H club project activities/events may involve certain risks of physical activity and possible injury and that Iowa State University and its 4-H program will provide each participant with reasonable care, but that ISU cannot guarantee that my child will remain free of injury. I nonetheless wish to have my child participate as an Iowa 4-H club member in the 4-H club program and ASSUME the RISK of participating. I agree to RELEASE from LIABILITY, INDEMNIFY and HOLD HARMLESS the State of Iowa, the Board of Regents of the State of Iowa, ISU and ISU Extension and their officers, employees and agents (hereinafter the RELEASEES) from any and all claim and/or cause of action arising out of and related to any injury, loss, penalties, damage, settlement, costs or other expenses or liabilities that occur as a result of my child's participation in the 4-H program. This release, however, is not intended to release the above-mentioned RELEASEES from liability arising out of their sole negligence.

Parent or Guardian Signature

Date

(Must be signed by the parent or guardian if the participant is under 18 years old)

I _____ am attending the 2011 Lock In — My guest will be _____
(4-H Member) (Guest Name)

Parents of 4-H member _____.

4-H Parents Phone # _____ Emergency # _____

- ⇒ I understand that no alcohol, tobacco, smoking, drugs (unless prescription) or inappropriate behavior is allowed.
- ⇒ I understand that once I arrive I will not leave unless permission is granted by my parent/guardian and approved by the chaperoning staff.
- ⇒ **No cell phones and no food should be brought to the lock in.**

Signature of 4-H member Date

I the parent/guardian of the above-named youth, hereby, give permission to participate in the 2011 4-H Lock-In. I also give permission for first aid and admittance to a hospital for necessary medical care in case of emergency.

Signature of Parent/Guardian of 4-H Member Date

MUST ALSO HAVE MEDICAL INFORMATION/RELEASE FORM ON FILE IN OFFICE

I _____ am attending the 2011 Lock In with _____
(Guest name) (4-H Member)

Parents of guest _____.

Guest Parents Phone # _____ Emergency # _____

- ⇒ I understand that no alcohol, tobacco, smoking, drugs (unless prescription) or inappropriate behavior is allowed.
- ⇒ I understand that once I arrive I will not leave unless permission is granted by my parent/guardian and approved by the chaperoning staff.
- ⇒ **No cell phones and no food should be brought to the lock in.**

Signature of Guest Date

I the parent/guardian of the above-named youth, hereby, give permission to participate in the 2011 4-H Lock-In. I also give permission for first aid and admittance to a hospital for necessary medical care in case of emergency.

Signature of Parent/Guardian of Guest Date

MUST COMPLETE THE MEDICAL INFORMATION/RELEASE FORM ENCLOSED WITH NEWSLETTER
