



4-H NEWSLETTER SEPTEMBER 2011

Take ownership and responsibility of your 4-H enrollment! Leaders will be trained on Sunday Sept, 18th and we will all work together to make sure every 4-H family has information on how to view their own profiles! Look inside for more details!

Items in Newsletter

- ◆ Calendar & Deadlines
- ◆ Record Book Info & Resources
- ◆ County Council Application
- ◆ Leadership & Child Development Opportunity
- ◆ Fremont County 4-H State Results
- ◆ Pioneer Community Grant
- ◆ 4-H Online
- ◆ SESS

Do it! 4-H ONLINE!

You can do it watching TV!
You can do it in your Pj's!
You can do it,
You can do it,
DO WHAT, YOU ASK?
..... 4-H Online!

*RECORDED BY: Susan Harris, CYC
Stay tuned for more details!*



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4-H
GROWING TOGETHER

IOWA STATE UNIVERSITY
University Extension

Calendar of Local, State, National Events



PLEASE PAY ATTENTION TO DEADLINES!

SEPTEMBER

- 5 Labor Day – **Holiday-Office Closed**
- 7 Youth Committee meeting, 7 p.m.,
Extension Office
- 8 Vision Iowa community meeting, 6 p.m.,
Sidney High School
- 10 SESS Day Camp from 1 to 7 p.m. See
Details inside newsletter!
- 11 Grandparents Day
- 13 Record Book Workshop at Extension
Office from 3:30 to 5 p.m.
- 15 Record Books Turned In To Extension
Office by 4:45 p.m.—more inside
County Council Applications DUE—see
details inside newsletter!
- 18 Silver Skylarks new member outing, 1 p.m.
County Council and 4-H Leader/Volunteer
Training 6:30 p.m., Extension Office
- 26 Extension Council 7 p.m.
- 28 Youth Committee Meeting – Record Books!
POSSIBLE CHANGE-WILL DISCUSS

OCTOBER

- 2-8 National 4-H Week
- 4-5 CYC Training in Ames
- TBD 4-H Clubs 4-H Online Enrollment
- TBD Region 17 Youth Council Applications DUE

NOVEMBER

- 2 Region 17 Cyc Meeting in Red Oak
- 4-18 Bread in the Bag
- TBD Annual County Council Overnight Training
- 25-29 National 4-H Congress – Atlanta, GA

DECEMBER

- 2 Pioneer Grant Applications Due to
Fremont County Extension Office

MONTHLY MEETING DATES FOR FREMONT COUNTY 4-H CLUBS

- SILVER SKYLARKS:** meet first Saturday of the
month, High School in Sidney at 10 a.m.
- WAUBONSIE TRAIL BLAZERS:** Saturday meetings,
the Extension Office or Nenneman home.
- WASHINGTON P.E.P.:** meet third Sunday of the
month, United Methodist Church in Hamburg at
4:30 p.m.
- W.M.P.:** Monthly Club Meeting is third Sunday of
the month in Farragut.
- RIVERSIDE ROCKETS:** Meet on third Wednesday at
Randolph Fire House



COUNTY COUNCIL: Meets 3rd Sunday of the
month at 6:30 p.m., Extension Office. (Senior
Members of Fremont County 4-H Clubs form
the County Council.) 2011-2012 Meeting time
may change.

FREMONT COUNTY FAIR BOARD: Meets
Monthly on 2nd Monday of the month.

YOUTH COMMITTEE: Meets 4 times a year or
more as needed on Wednesday or Sunday
evening.

EXTENSION COUNCIL: Meets monthly on the
last Monday of the Month.

WANT TO KNOW MORE?

FIND US AT: EXTENSION.IASTATE.EDU/4H/FREMONT

RECORD BOOK! RECORD BOOK! RECORD BOOK!



Turn in your Record Book by September 15 no later than **4:45 p.m. and**

become eligible for a Record Book t-shirt and other record book awards!

Also, CWF participants must complete record book and turn in on time!

The purpose of 4-H recordkeeping is to teach how to keep records, which is an important life skill.

Recordkeeping is an ongoing process that does not end when the 4-H year ends.

ORDER OF RECORD BOOK:

Cover Sheet

Please include a picture of yourself, name, club, age and grade completed of record year.

Table of Contents

Do not worry about page numbers! List things in order found in book.

Yearly 4-H Summary (REQUIRED)

This consists of ALL your activities in 4-H this past record year. Include home, school and community.

Personal Goal Record (REQUIRED)

List overall goals for the past 4-H year. DO NOT list individual project goals, these are in the next section.

4-H Project Records (REQUIRED)

Complete project record for EACH project enrolled, even if not taken to fair. There are three different forms — Jr.: Basic, Int.: Experienced, and Sr.: Advanced.

Project Worksheets (REQUIRED)

The following projects have worksheets that need completed. There are: Crop Production, Beef, Dairy, 4-H Discovery, Dog, Horse, Horticulture, Photography, Poultry, Rabbit, Sheep, and Swine.

Project Related Pictures

Show pictures of you working on or with your projects!

4-H Story (REQUIRED)

THIS IS A REQUIREMENT and should not be a repeat of the yearly summary! Include things you did at 4-H meetings, club activities, community service, future plans, and what 4-H has taught you!

Supporting Materials

This could be club minutes, newspaper articles and pictures. DO NOT include ribbons, receipts, or letters.

Record Keeping Self-Evaluation

Be HONEST with yourself!

Previous Year's Records

PUT CURRENT YEAR ON TOP!

Iowa 4-H:

**Growing and Learning
Together**

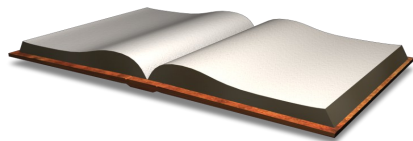
4-H PLEDGE

I PLEDGE MY HEAD TO CLEARER THINKING, MY HEART TO GREATER LOYALTY, MY HANDS TO LARGER SERVICE,
AND MY HEALTH TO BETTER LIVING, FOR MY CLUB, MY COMMUNITY, MY COUNTRY, AND MY WORLD.



FREMONT COUNTY 4-H WEBPAGE INFORMATION

Record Book Resources



Online Record Book Forms

<http://www.extension.iastate.edu/fremont/info/Record+Book+Resources.htm>

<http://www.extension.iastate.edu/4h/projects/recordkeeping.htm>

THE FOLLOWING FORMS ARE ON THE ABOVE LINK!

Standard Pages

- Cover Page
- Yearly 4-H Summary - 4H96
- Personal Goal Record
- Basic Project Record - grade 4-6 4H96A
- Experienced Project Record - grade 7 & 8 4H96B
- Advanced Project Record - grade 9-12 4H96C

Livestock & Small Animal Worksheets:

- Market Animal Worksheet for Beef, Sheep & Swine 4H 228 (editable format)
- Market Animal Worksheet - Junior grade 4-6 - Beef, Sheep & Swine - 4H 228JR (editable format)
- Breeding Animal Worksheet - Beef, Sheep & Swine - 4H 229 (editable format)
- Breeding Animal Worksheet - Junior grade - Beef, Sheep & Swine - 4-6 4H 229JR (editable format)
- Horse & Pony Worksheet - 4H 512 WS (editable format)
- Dairy Animal Worksheet - 4H 392 WS (editable form)
- Dairy Animal Lifetime Record - 4H 339 WS (print form)
- Dog Permanent Record - 4H 402 WS
- Cat Permanent Record (editable format)
- Cat Project Worksheet (editable format)
- Pet Worksheet (editable format)
- Poultry Worksheet (editable format)
- Laying Flock Worksheet - 4H 653 WS (print form)
- Rabbit Worksheet (editable form)



Other Project Worksheets:

- Photography Project Worksheet - 4H 643 WS
- Vegetable Garden Worksheet - 4H 462 WS
- Discovery 4-H Worksheet



CALL TO SIGN UP for RECORD BOOK WORKSHOP
Sept. 13, 3:30 to 5 p.m. at the Extension Office!

7 1 2 - 3 7 4 - 2 3 5 1

MISSION STATEMENT

4-H EMPOWERS YOUTH TO REACH THEIR FULL POTENTIAL WORKING

LEADERSHIP OPPORTUNITY — Use Your Voice!



ATTENTION ALL 9-12th grade 4-H'ers!

It is time to apply for Fremont County Council—a group that takes an active part in planning and implementing countywide events and serve as a liaison between the local 4-H clubs, school and community! Applications can be picked up at the Extension Office or you can go to the 4-H webpage www.iastate.edu/fremont and download a copy!

COUNTY COUNCIL WANTS YOU!

ALL applications are due in the office on Thurs., Sept. 15 by 4:45 p.m.

Community Service and/or Child Development Project

Child Care Helpers are needed for Family Storyteller program nights!

Family Storyteller is a family literacy program that Heidi offers each month through the Extension Office. She currently has 12 families taking the class and in great need of older 4-H'ers to help with child care.

- Children range in age from infant to lower elementary.
- This is a great way for those who want to enroll in the child development project to get hands-on experience.
- Also, if you took the babysitting class from the Extension Office, you are highly encouraged to use your skills and gain experience!

**The next program is Sept. 6 from 6-8 p.m.
at Sidney Elementary School.**

If any 4-H'ers are in high school, Heidi is willing to give you community service hours if your school offers them.

The program continues at the same time and place on the first Tuesday of each month through December.

**Call Heidi at 374-2351
with any questions.**



OUR VISION

A WORLD IN WHICH YOUTH AND ADULTS LEARN, GROW, AND WORK TOGETHER AS CATALYSTS FOR POSITIVE CHANGE

2011 State Fair Static Exhibitor RESULTS



Ag and Natural Resources:	Jessica Jamison (Riverside Rockets)	BLUE
	Jeannie Schleip (Silver Skylarks)	BLUE
	Blake Schwartz (Washington P.E.P.)	BLUE
	Nickole Schwartz (Washington P.E.P.)	BLUE
Science, Mechanics, and Engineering:	Tyler Hemphill (Silver Skylarks)	RED
Creative Arts		
Photography:	Logan Wood (Riverside Rockets)	BLUE
	Jolean McClane (Silver Skylarks)	RED
	Mckenzie Ross (Silver Skylarks)	BLUE
	Blake Hurley (Riverside Rockets)	BLUE
	Jessica Lowthorp (Silver Skylarks)	RED
	Bailey Wilson (Silver Skylarks)	RED
	Matt Stenzel (Washington P.E.P.)	RED
	Billy Dyke - 2 (Silver Skylarks)	2 BLUES
	Aspen Ross (Silver Skylarks)	RED
Visual Arts:	Nickole Schwartz (Washington P.E.P.)	RED
	Jessica Jamsion (Riverside Rockets)	BLUE
	Cole Traynowicz (Silver Skylarks)	BLUE
Family Consumer Science		
Child Development:	Jessica Lowthorp (Silver Skylarks)	BLUE
Clothing:	Mckenzie Ross – 2 (Silver Skylarks)	RED AND BLUE
Food and Nutrition:	Blake Schwartz (Washington P.E.P.)	BLUE
	Keegan Bintz (Waubonsie Trail Blazers)	RED
	Jessica Lowthorp (Silver Skylarks)	BLUE
Home Improvement:	Nicholas Shipley (Silver Skylarks)	BLUE
	Chelsea Nebel (W.M.P.)	BLUE
Personal Development		
Citizenship:	Nick Johnson (Silver Skylarks)	RED
	Group Citizenship – Silver Skylarks (Rain Barrel)	BLUE
Poster Communication:	Aspen Ross (Silver Skylarks)	RECOGNITION
	Mckenzie Ross (Silver Skylarks)	EXCELLENT
Communication Department		
Educational Presentations:	Billy Dyke (Silver Skylarks)	
Extemporaneous Speaking:	Billy Dyke (Silver Skylarks)	RECOGNITION
Working Exhibits:	William Green (Washington P.E.P.)	
Share the Fun:	Heidi Hall “Jeremiah was a Bullfrog” Tap (Silver Skylarks)	
	Silver Skylarks – “The PERFECT Pie”	

4-H IS BASED ON RESEARCH

PIONEER COMMUNITY IMPROVEMENT PROGRAM



NOW IS THE TIME FOR 4-H CLUBS TO COME TO THE AID OF THEIR COMMUNITIES AND COUNTY!

COMMUNITY IMPROVEMENT PROGRAM grants are now being accepted for the 2011-2012 year!

The Pioneer Community Improvement Program is sponsored by Pioneer Hi-Bred International, Inc. in conjunction with Iowa 4-H and Youth Programs. The overall objective of the program is to “stimulate local 4-H clubs to plan and carry out community improvement activities by providing seed money needed to make the projects successful!”

Local clubs must submit their completed application to the Fremont County Extension office by December 3. Grant recipients will be announced in February.

Last year, Billy Dyke, on behalf of the Silver Skylarks, received \$250 for the start up of the “Rain Garden” at Sidney High School.

Consult with the various When planning your project, consider sustainability—long term care and planning.

BRAINSTORM WITH YOUR CLUB AND GIVE IT A TRY!

For more information: <http://www.extension.iastate.edu/4H/Documents/PioneerInfo.pdf>

<http://www.extension.iastate.edu/4h/serve/grants.htm>

Fremont County Extension getting trained— trained NOT TO USE PAPER! LOL :)



That’s right, Andrea, Anne, Heidi and Susan attended training in Ames to learn all about 4-H Online and how Fremont County will be joining the ranks of 95% of the counties in Iowa! **BUT, what does this mean for you? It means you can enroll online, sign up for projects, ID livestock, and Leaders can access their own club members’ information and email members as needed.** The office will be happy to assist you!

ENROLLMENT SUPPORT CENTRAL

Everything you need to know about 4H Online, individual enrollments, group enrollments, and related reports will

be located on the Iowa 4-H page: <http://www.extension.iastate.edu/4h/Enrollment/>

AND here: <http://www.extension.iastate.edu/4h/Enrollment/help.htm>

LOOK FOR MORE INFORMATION TO FOLLOW AND LEADERS YOU WILL BE TRAINED TOO!

Each family will have access to “help” sheets also!



**We can do this
together! !**

IOWA STATE UNIVERSITY
University Extension

Safety and Education Shooting Sports (SESS)



First Fremont County 4-H SESS Day Camp!

**Please Call or email the Extension Office and
let us know if you are interested!**

4-H Safety and Education in Shooting Sports (SESS) uses skills and disciplines of shooting to assist young people and their leaders in obtaining knowledge and developing life skills. The disciplines include archery, rifle, shotgun, muzzleloader and wildlife skills. This year Fremont County is offering archery. When we have more certified instructors, we can offer more disciplines.

The skills required for the responsible use of firearms carries over into many other parts of life. 4-H Shooting Sports Programs provide a positive experience for youth and promote the safe and ethical use of firearms. Parents are encouraged to be involved and help out with safety.

- Learn safe and responsible use of firearms and archery equipment including sound decision making, self-discipline, and concentration.
- Promote the highest standards of safety, sportsmanship, and ethical behavior.
- Encourage understanding of our natural resources and the development of a personal environmental stewardship ethic through participation in shooting, hunting, & related activities!

Fremont County SESS instructors: Anne Chambers, Gary Whipple, & Logan Benteman.

SESS Coordinators: Scott Lowthorp, Andrea Rexroth.



SESS Day Camp

Archery, Wildlife and Outdoor Cooking

Grades 4-12—will be enrolled in 4-H

Saturday, September 10, from 1 - 7 p.m.

Waubonsie State Park,

Registration is limited to first 30 youth!

Contact the Extension Office for more information at 712-374-2351 or see the Fremont County 4-H Webpage! <http://www.extension.iastate.edu/fremont/>

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