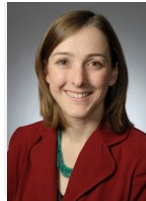




FREMONT COUNTY 4-H



Andrea Rexroth
FREMONT COUNTY EXTENSION
County Program Coordinator
arexroth@iastate.edu
712-374-2351

WHAT'S INSIDE:

- Beef Weigh-In
- Area Recognition Applications: **Due February 1**
- County Council
- Shooting Sports
- Shooting Sports Leader Training
- State Volunteer Retreat
- Leader Notes
- Project Updates
- Calendar
- Club News
- County Opportunities

December 4-H Newsletter

Award Nights were fantastic. Special thanks to Club Leaders for all of their extra work! Thank you to everyone who came and supported the Fremont County 4-H program at the November Family Nights. Congratulations to all the record book winners!

Don't forget to complete your 4-H enrollment forms. All forms & fees are due back into the Extension Office ASAP. Contact your leaders for an enrollment form.

- In December we have a few important events planned. The **Market Beef Weigh-In** will be Wednesday, December 29, at the Fremont County Vet Clinic.
- All youth in 9-12 grade are invited to the Futures Economic Game on January 12 from 5:30-8:30 p.m. This is our first educational activity for the 2012 CWF participants.
- CWF 2012 participants will be receiving letters for a January meeting date to discuss the trip and application.
- The Area Recognition application process has CHANGED! If interested in State Council, Tech Team, National Congress, National Conference, or Project Awards contact me! Everything is due to the state by February 1, so if you want assistance the office needs drafts by January 12.

The Fair Board is asking for assistance for a Fair Horse Superintendent. If you know anyone that may be willing to coordinate the Fremont County Fair Horse Show. I am starting to work with Horse Camp planning for June, if you know any youth or volunteers interested in being on the camp planning committee, please contact the Extension Office ASAP. We are also looking for an adult Volunteer to be the Coordinator for the Shooting Sports Program. The Leader Training is the first weekend in April at the state 4-H camp.

Thank you for your support of the 4-H program . Your encouragement and leadership helps make this the best 4-H program possible.

IOWA STATE UNIVERSITY
University Extension

4-H
GROWING TOGETHER

Andrea Rexroth



CASH PREMIUM CHECKS ASAP: Please cash your checks received from fair (premium sale, sale of livestock, etc) as soon as possible. If you have not already done so, please take care of this right away.

LOCAL 4-H NEWS

Market Beef Weigh In: Wednesday, December 29

4-H and FFA members planning to exhibit market beef at the 2011 Fremont County Fair and/or State Fair must weigh in those animals on **Wednesday, December 29, 1:15 to 3:15 p.m., at the Vet Clinic in Sidney.** Fremont County will weigh and tag all market beef on Wednesday, December 29. All market beef animals that will be exhibited as Fremont County 4-H or FFA projects in 2011 must be weighed in on December 29.

For additional details, contact the office, 712/374-2351.

State Fair: If planning to exhibit your 4-H Market beef at State Fair, you MUST schedule a retinal imaging time with Andrea prior to the Weigh In.

AK-Sar-Ben: All market beef animals that might be exhibited at Ak-Sar-Ben or at the Iowa State Fair (ISF) must have either a hair sample pulled for DNA analysis or have a retinal image taken. There is a **\$5 fee** per animal due at the time of weigh in for those animals being identified for either the ISF or Ak-Sar-Ben.

STATE 4-H NEWS

State 4-H Recognition Opportunities

It's not too early to start thinking about applying for great state and national opportunities such as National 4-H Congress, National 4-H Conference, state 4-H project awards, state 4-H council and the Iowa 4-H Youth Tech Team. Information about each of these opportunities and the application process can all be found at: <http://www.extension.iastate.edu/4h/teens/awards.htm>

I will help you with your applications or set up a mock interview if you are interested. Please contact Andrea by the beginning of January if you are interested.

For those of you who have applied in the past, please note there are some changes to this year's process. Deadline for all applications is received on site or postmarked no later than February 1 to the State 4-H Office. In addition, all applicants will interview in Ames on Saturday, March 26. Applications include 5 short answer questions and up to 2 pages of additional support material designed by you. Any questions, please contact your local extension office or Brenda Allen at the state 4-H office at 515-294-1567 or bsallen@iastate.edu.

4-H NEWS

County Council Update

- The County Council is launching a club attendance challenge for the Fremont County 4-H Clubs in 2010-2011!
- Service Goal: Volunteer at Waubonsie State Park
- Fundraiser Goal: Jr. Overnight proceeds will go to improvements at the Fair Grounds.
- Jr. Overnight: Camp for 4-6th grades in March will have a Career Theme.

Region 17 Council

- Planning junior, intermediate, and senior activities for the Region. Each Council member is on a team to help coordinate these programs. Billy Dyke is working with the Junior activity. Haven Hackworth is working with the Senior activity. Logan Doty will be working on one of the three activity committees.

MISSION STATEMENT

4-H EMPOWERS YOUTH TO REACH THEIR FULL POTENTIAL WORKING



COUNTY 4-H NEWS

Leader Training for Shooting Sports, April 1-3

In order to launch this program, we need adult project leaders. 2011 Leader Training will be held on **April 1-3** at the Iowa 4-H Center. Youth learn marksmanship, the safe and responsible use of firearms, the principles of hunting and archery, and much more. The activities of the program and the support of caring adult leaders provide young people with opportunities to develop life skills, self-worth, and conservation ethics. If you are already signed up for this project, come on in and get started. Please contact the Extension Office if interested.



<http://www.extension.iastate.edu/4h/projects/ShootingSports/>

COUNTY 4-H NEWS

2011 State Volunteer Retreat

The 2011 State Volunteer Retreat, Keep Soaring With 4-H! is scheduled for Feb. 11 and 12.

This annual event brings together 4-H volunteers, staff, parents, and intermediate and senior 4-H members to network and participate in innovative programs that will help bring fresh perspectives and activities to Iowa 4-H programs. Friday evening workshops offer hands-on activities and resources to take back to use in your county and club. Workshops and networking fill the day on Saturday, February 12. A wide variety of workshop sessions will meet the needs of both new and experienced volunteers, staff, and 4-H members. To access session descriptions and registration forms, go to <http://www.extension.iastate.edu/4h/Volunteers/retreat.htm>



A grant from Monsanto and National 4-H Council has reduced the cost this year. Early Bird registration is \$10 and ends with a postmark on or before January 21. Late registration is \$15.00 and must be postmarked by

January 28th. The registration fee covers sessions during the time you are registered, a snack on Friday evening and snacks and lunch on Saturday.

This year's Retreat is hosted by DMACC Continuing Education, and sponsored by ISU Extension and Monsanto.

LEADER NOTES

- Leaders, if you were not able to attend the leaders' training, please stop by the office on a Tuesday – Thursday to go over the materials we covered & complete a short evaluation. Please call me with any questions you have.
- If you or your club members know of adults that are interested in being a project leader for Shooting Sports, please forward their information to the office. The next leader training will be in April 1-3.

Fremont County Extension received a \$1000 grant from the Community Foundation that will help with some of the Shooting Sports program expenses. Now we just need project enrollments and adult leaders to be trained. If any of your club members are interested in shooting sports, make sure they sign up for that project area.

Need help with finding volunteers for: Fair Horse superintendent, Horse Camp planning committee, Adult Coordinator for Shooting Sports, and project workshops.

4-H PLEDGE

I PLEDGE MY HEAD TO CLEARER THINKING, MY HEART TO GREATER LOYALTY, MY HANDS TO LARGER SERVICE,
AND MY HEALTH TO BETTER LIVING, FOR MY CLUB, MY COMMUNITY, MY COUNTRY, AND MY WORLD.



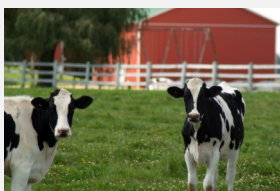
Project Updates

BEEF

Beef Weigh In: December 29 at 1:15 p.m. at the Sidney Vet Clinic.

Jr. Cattle Feeder ID: Due January 31

COOL & PREMISE ID: <http://www.extension.iastate.edu/4h/projects/livestock/>



DAIRY

Dairy: Grab Your Shirts.....Slip on Your Sandals and join Dairy enthusiasts for a fun-filled Hawaiian luau at this year's annual Iowa Junior Holstein Convention on December 28-29 at the Bluffs Inn in Decorah, Iowa. All youth ages 8-21 interested in dairy are invited to attend the convention. There will be fun quiz bowl and jeopardy competitions, mixer games, pizza and a dance. Contact Luke Rauhen, Iowa Junior Holstein President at lrauen@iastte.edu or 563-451-7878 for more information.

GOAT/ANSWERLINE

Meat Goat Update: December 8, 6:30 p.m. at Grant City, MO. Cost \$5 and RSVP by December 1. **To register contact:** Worth County Extension at 660-564-3363 or by e-mail at deerings@missouri.edu



ISU Extension's Answer Line Has Answers to Holiday Food, Stain Removal Questions

<http://www.extension.iastate.edu/news/2010/nov/121501.htm>

What's the best way to thaw a frozen turkey, polish the "good" silverware or remove last year's Christmas stains from the tablecloth? To get the answers, call Iowa State University Extension's Answer Line, 800-262-3804.

Project Updates

4-H DAY AT ISU WOMEN'S B-BALL

January 22nd, 2011 at the game vs. Texas A&M. Tickets are \$15/person and the pre-game tailgate will be held at Scheman with a brunch from 8-11 AM. The past two years we have entertained 1,000 4-H members, volunteers, staff and families each year. Let me know if you have further questions!

Order tickets and submit t-shirt sizes here www.extension.iastate.edu/4h/explore/isuwbb

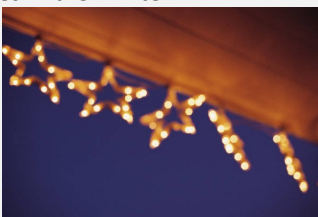
What would you like to see in the county?

-What would you like to help with?

Email us at xfremont@iastate.edu

PHOTOGRAPHY

Take advantage of the time of year and go hunting for some unique pictures in the Winter.



You may be surprised to find new lighting challenges with pictures of Christmas lights and snow pictures. Start your projects now so you have less stress this summer!

SCIENCE/ UPCOMING WORKSHOPS

Join the online communities on topics that interest you to get ideas for cool things you can do in science, engineering, and technology and share what you've been doing with others www.extension.iastate.edu/4h/ezet/ Resources

Workshop Opportunity: Interested in attending a weaving workshop in January? Contact the Extension Office to sign up.

TBA: January Child Development with Red Cross

TBA: February Weaving with Gloria Green

4-H IS BASED ON RESEARCH



Project Updates

AKSARBEN

CONGRATULATIONS TO OUR AKSARBEN PARTICIPANTS!!!

Daniel Whitehead- Market Lamb Purple and Blue

-Lamb Carcass Blue and Red

Nick Laughlin-Market Beef Blue

Ryan Laughlin-Breeding Beef Blue

You may be interested in attending Ak-Sar-Ben next year! Here are some general Ak-Sar-Ben facts: To be eligible to exhibit at the Ak-Sar-Ben 4-H Livestock Exposition, the 4-H member must be at least 10 years of age by January 1, of current year, and must meet the requirement for exhibition as set by 4-H office for state and interstate shows in state of 4-H membership. Horse exhibitors must be 12 years of age by January 1 of the current year. The competitions are held in September.

Seedstock Herd Development Application

The Iowa Beef Breeds Council, along with the Iowa Cattlemen's Foundation, would like to introduce a program that is a joint effort between the Iowa Beef Breeds Council and the Iowa Cattlemen's Foundation to promote Seedstock Herd Development in our youth. Applications are due December 20. <http://www.showcattlepage.com/ijbba/pdf/2010/11-15-10/IFHP%20Final.pdf>

LEADERSHIP

ATTENTION SENIOR 4-H'ERS

You deserve to be recognized for your efforts and have some fun, too! If you are a ninth through twelfth grader, there are many opportunities available to you for recognition awards or to represent Iowa on the state and national levels. These include National 4-H Conference, National 4-H Congress, State 4-H Council, Iowa Youth Technology Team, National 4-H Dairy Conference, and State 4-H Project Awards. Learn more about applying for these opportunities by contacting the county extension office and asking for a packet of information. Applications are due in the State 4-H office on or post-marked no later than February 1, 2011.

Information can also be found at the Iowa State 4-H Recognition site: <http://www.extension.iastate.edu/4H/recognition.htm>

Recognition and Scholarship Awards:

As a senior age 4-H'er (9-12 grade), you are invited to participate in Southwest Iowa Recognition Interviews. The applications are due February 1. This experience is a GREAT START to preparing you for any interviews you may face in the future. All senior 4-H'ers will be receiving a letter from the Extension Office explaining the details of this area recognition process.

Access this info at:

<https://www.extension.iastate.edu/4H/Documents/RecogState02OpportunitiesAvailable.pdf>

SERVICE PROJECTS

CHRISTMAS GIVING: West Central Development Corporation of Sidney annually provides holiday wish lists of Fremont County children on the Christmas tree in Shenandoah's Wal-Mart. These names are from families who need an extra helping hand during the holidays to provide their children with gifts. All gifts purchased and wrapped may be returned to the WCDC office in Sidney for delivery.

Christmas Cards for Local Donors: Need a community service project for your club? We would like to send Christmas cards to the donors of the Fremont County 4-H program. There are currently over 30 businesses, organizations and individuals that have made contributions to our program throughout the year. Ask members to make and bring homemade Christmas Cards to your next meeting, or round up the supplies and have members make cards at the meeting. Bring your cards in envelopes to the Extension Office and we will send them for you!

Register Your Martin Luther King, Jr Service Project with ICVS: January 17, 2011, will mark the 25th anniversary of the Martin Luther King Jr. federal holiday. If your 4-H club will be involved in a service project during this time, we would like to know about it! The Iowa Commission on Volunteer Service is encouraging all community organizations to register their MLK Day projects at www.volunteeriowa.org. If you have questions, you can send an email to daysofservice@iowa.gov.

Overseas Mail to Support Troops

The clock is ticking to send packages and cards to military personnel stationed or deployed overseas. For information about what and where to send for Iowa National Guard Soldiers – please go to <http://www.iowanationalguard.com/PublicAffairs/DutyStatus.htm> and click on the appropriate links. Note that the Soldiers deploying to Afghanistan with the 2nd Brigade Combat Team are just now getting to their duty stations and their unit addresses have not yet been posted.

WANT TO KNOW MORE?

FIND US AT: EXTENSION.IASTATE.EDU/4H/FREMONT



Calendar

CLUB CALENDAR

Silver Skylarks: meet 1st Saturday of the month at Presbyterian Church in Sidney

December 4: Meeting at 10 a.m. at Presbyterian Church

Waubonsie Trail Blazers: Saturday meetings at the Extension Office or Nenneman home.

December 6: 6 p.m. at the Extension Office

Washington PEP: Monthly Club Meeting is third Sunday of the month at United Methodist Church in Hamburg.

December 12: Making Cookies for low rent housing at 3 p.m. at Methodist Church

WMP: Monthly Club Meetings are Saturday's in Farragut.

December 12: Christmas Caroling Shennandoah 5 p.m.

Riverside Rockets: Meet on 3rd Sunday at Randolph Fire House

December 15: Randolph Fire House

County Council: Meet 3rd Sunday of the Month at 6:30.

December 19: 6:30 at the Extension Office (OMK will not work this month)

January 16: County Council Meeting at 6:30 p.m. at Waubonsie State Park Nature Center.

January 19: Futures Economic Game, Tabor, 5:30-8:30

County Council Join "Fremont County Council" Facebook page

<http://www.facebook.com/#!/group.php?gid=8171243998&ref=ts>

FREMONT COUNTY CALENDAR

December 1: Applications due for Pioneer Grants to Extension Office

December 4: Babysitting Class, Sidney 9a.m.-3p.m.

December 8: Extension Council Dinner

December 13: Fair Board, 7 p.m.

December 23-24, 31: Office Closed Christmas and New Years

December 19: County Council Meeting

December 29: Beef Weigh-in, Sidney Vet Clinic at 1:15 p.m.

December (TBA): County Council help with Christmas party in Shennandoah, OMK, January 16: County Council Meeting

January 19: Futures Economic Game, Tabor, 5:30-8-30 p.m.

January 31: Jr. Cattle Feeder ID **Deadline**

January 31: Extension Council Meeting

January: Youth Committee Meeting

January: CWF Meeting

February 19: FSQA Training/Testing

March 9-10 Triumph of Ag, Omaha

March 11-12: Jr. Overnight, Tabor (4-6th Grade)

March: Swine Weigh-In

April: Sheep Weigh In

April 1: Horse Camp Volunteer applications DUE

May 1: Horse Camp Applications Due

May 15: 4-H Enrollment Deadline

May: FSQA Training/Testing

June 3-5: TENTATIVE Horse Camp

July 1: Fair Entries Due

July 20-25: Fremont County Fair

STATE AND NATIONAL CALENDAR

November 6-7: Region 17 County Council Leadership Retreat (County Council members)

November 6-19 : North American International Livestock Exposition (NAILE); <http://www.livestockexpo.org/>

December 4: Extension Council Member training, in Atlantic

January 22: 4-H Day at ISU Cyclone Basketball

February 1: Area Recognition Applications **Due**. Project, National Congress, National Conference, Tech Team, State Council

February 1: 4-H Scholarship Applications due in State Office

February 11-12 State Volunteer Retreat

March/April: Rabbit Workshop

March 26: State 4-H Recognition Interviews, ISU Campus

April 1: High School Overnight (9-12th) in Malvern

April 1-3: SESS Leader Certification Workshop

June 28-30: Youth Conference, in Ames

July 20-25: Fremont County Fair

August 11-21: 2011 State Fair, Nothing Compares

Join "Iowa 4-H" Facebook page: <http://www.facebook.com/iowa4h>

WANT TO KNOW MORE?

FIND US AT: EXTENSION.IASTATE.EDU/4H/FREMONT

County Opportunities

SCHOLARSHIPS

County 4-H Scholarship Opportunities

Fremont County Endowment—4-H grant available education funding for current senior 4-H members and first year out of high school. The amount is determined at the time of review but they are typically \$100-\$400. Due March 31. Contact the Office for an Application.

4-H Scholarships: It is never too early to start thinking about the college scholarships that are available. The Iowa 4-H is a GREAT resource of scholarship and the updated information for this year is now available at

www.extension.iastate.edu/4h/teens/scholarships

February 1 is the Iowa 4-H Scholarship deadline.

GRANT OPPORTUNITY FOR 4-H

Please encourage our local farmers to Choose 4-H for a \$2,500 Grant.

Iowa farmers have until February 28 to help nonprofit organizations in their communities with nearly \$250,000 in local grants through Monsanto's America's Farmers Grow Communities™ Project. We would encourage you to share this with your local farmers and have them choose 4-H! This could mean your county 4-H program would receive \$2,500. The program is intended to benefit nonprofit community groups such as ag youth organizations, schools and other civic groups. Apply and see rules and eligibility at: <http://www.growcommunities.com>

YOUTH WEBINAR

The Missing Link - Helping Young People Get Smart about their Love Lives

Young people today live and breathe in a culture that touts casual intimacy and casual connections. Relationship Smarts PLUS helps young people acquire practical skills for emotionally healthy and ethically sound relationships. The program helps teens craft a roadmap toward what they hope to achieve, not just what they must avoid.

Relationship Smarts PLUS is based on the results of a 5-year federally funded evaluation by Jennifer Kerpelman, Ph.D. at Auburn University. It covers topics such as:

- Maturity,
- Identifying values,
- Peer pressure,
- Attractions and infatuation,
- Building blocks for positive relationships,
- Assessing relationship health,
- A low-risk relationship strategy,
- Principles of smart relationships,
- The nature of true intimacy,
- A realistic concept of love, and
- Breaking up.

Please join the CYFERnet Teen Editorial Board for an overview of this engaging, evidence-based relationship skills curriculum for middle and high school youth! The Missing Link – Helping Young People Get Smart about Their Love Lives will be held on Thursday, January 27, 1:00 – 3:00 p.m. Eastern.

The goal of this webinar is to introduce youth development specialists and others working with at-risk youth to the research showing the benefits of improving youth romantic relationship skills; to educate youth workers on the best-practice relationship skills program – Relationship Smarts PLUS; and to increase the number of youth workers implementing relationship skills programming. You can learn more about this exciting new youth relationship program by participating in this free webinar sponsored by the CYFERnet Teen Editorial Board.

Register at: <http://cyfernet.ces.ncsu.edu/mn/training/user.php?r=106>

CWF



Join your friends and neighbors in exploring how regional and local decisions shape our economy, environment, and community well-being.

Wednesday, January 12, 2011

**Fremont-Mills Jr.- Sr. High Cafeteria,
Tabor**

**5:30 p.m. - Community Gathering and
Free Pizza Dinner**

**6:00-8:30 p.m. - Futures Game for adults
and 9-12 grade youth**

Snow date: January 19

In case of inclement weather:

**Tune to KMA Radio or call Fremont Co.
Extension at 712-374-2351**

The Futures Game is set in a rural area encompassing three small towns and a vibrant farming sector. You'll work in teams, make decisions and discuss.....

* **Workforce development and education priorities**

* **Strategies to stimulate local economic growth**

* **Balances between environment and economic dimensions**

* **Investing in renewable energy**

Please Join Us!

Sponsored by Hamburg Horizons and
FREDCO

Working Towards Prosperity for All



2010 FREMONT COUNTY 4-H AWARDS

The following awards are presented to 4-H members and clubs in recognition of accomplishments in various areas of the Fremont County Fair and the 4-H year. Great Western Bank, 1020 Main, Hamburg, donated \$100 to each of the Fremont County 4-H Clubs.

BEEF CARCASS – Fremont Co

Cattlemens' Assoc.

- Dominic Aistrope (first)
- Olivia Schaaf (second)
- Preston Schaaf (third)
- Daniel Whitehead (fourth)
- Olivia Schaaf (fifth)
- Preston Schaaf (sixth)
- Dominic Aistrope (seventh)

BEEF RATE OF GAIN Fremont Co

Cattlemens' Assoc.

- Olivia Schaaf (first)
- Cole Traynowicz (second)
- Nick Laughlin (third)
- Preston Schaaf (fourth)
- Dominic Aistrope (fifth)
- Trevor Schaaf (sixth)
- Logan Doty (seventh)
- Daniel Whitehead (eighth)
- Preston Schaaf (ninth)
- Olivia Schaaf (tenth)

CHAMPION JR. CATTLE FEEDERS –

Fremont Co Cattlemens' Assoc. –

Jeremy Walter

RES. CHAMPION JR. CATTLE FEEDERS

– Fremont Co Cattlemens' Assoc –

Will Damme-Longinaker

CHAMPION MARKET STEER –

Fremont Co Cattlemens' Assoc. –

Dominic Aistrope

RES. CHAMPION MARKET STEER –

Fremont Co Cattlemens' Assoc. –

Nick Laughlin

EDUCATIONAL PRESENTATION CHOSEN FOR STATE FAIR – Fremont Co

Farm Bureau – Billy Dyke,
Christine Rost, Jeannie Schleip

CHAMPION MARKET HEIFER –

Fremont Co Cattlemens' Assoc. –

Trevor Schaaf

RES. CHAMPION MARKET HEIFER –

Fremont Co Cattlemens' Assoc. –

Logan Doty

CHAMPION HOME RAISED BEEF –

Fremont Co Cattlemens' Assoc. –

Dominic Aistrope

RES. CHAMPION HOME RAISED BEEF

– Fremont Co Cattlemens' Assoc. –

Nick Laughlin

CHAMPION SUPREME HEIFER – Fre-

mont Co Cattlemens' Assoc. –

Jeremy Walter

RES. CHAMPION SUPREME HEIFER –

Fremont Co Cattlemens' Assoc. –

Ryan Laughlin

CHAMPION COW-CALF PAIR -

Fremont Co Cattlemens' Assoc. –

Bailey Shirley

RES. CHAMPION COW-CALF PAIR -

Fremont Co Cattlemens' Assoc. –

Jennifer MacDonald

KNIGHTS OF AK-SAR-BEN – Knights

of Ak-Sar-Ben

Daniel Whitehead – 1 blue
and 1 red Lamb Carcass Ribbons

BEEF RATE OF GAIN – Fremont Co

Youth Committee

Dominic Aistrope

Logan Doty

Nick Laughlin

Olivia Schaaf (2)

Preston Schaaf (2)

Trevor Schaaf

Cole Traynowicz

Daniel Whitehead

SHEEP RATE OF GAIN – Fremont Co

Youth Committee

Dominic Aistrope (2)

Chelsey Anderson (3)

Ramon Gonzalez (3)

Daniel Whitehead (2)

SWINE RATE OF GAIN – Fremont Co

Youth Committee

Joel DeLong

Nicholas Kuhr

Cary Lang

Elayna Mincer

Bradley Nahkunst

Colin Nahkunst

Doug Raymond

Austin Thompson (2)

Jeremy Walter



Pictured above: June and Dick McClure and Lynn and Marilyn Benson where recognized for their support of 4-H and the Endowment Fund at the Silver Skylarks Family Night.



2010 Record Book Awards

ACHIEVEMENT – This award is to recognize 4-H’ers who have shown outstanding personal growth through participation in a wide variety of 4-H projects and programs. The award is given by the Extension Youth Committee.

Janae Shough Jeremy Walter Logan Wood

AGRICULTURE – This award is to recognize 4-H members who are developing in self and others a knowledge and respect for agriculture and its importance to the community and to international economy; developing skills that contribute to profitable, efficient farming/ranching and a satisfying way of life. This award is given by the Extension Youth Committee.

Dominic Aistrophe Dakotah Jamison

AK-SAR-BEN – This award is to recognize 4-H members who are making significant progress toward maturity through their service for the advancement of the 4-H program in their county or area. Evidence of service as local club officer, county council member, Jr. leader and participation in county or area camping programs, local achievement show, county fairs and other county or area events. Given by the Knights of Ak-Sar-Ben.

Megan Lightfoot

AUTOMOTIVE – This award is to recognize 4-H members who are learning about regular and long-term maintenance and repairs; learning and observing rules of the road and traffic laws for safe operation and developing skills and strategies in purchasing a car. This award is given by the Extension Youth Committee.

Luke Nenneman

BEEF – This award is to recognize 4-H’ers who are learning basic principles of animal science by owning, caring for and keeping records on one or more head of livestock; demonstrating knowledge of sound breeding, feeding and management practices; and learning value of scientific research in its influence on animals and meat industry. This award is given by the Extension Youth Committee.

Bradley Nahkunst Preston Schaaf
Bailey Shirley

CITIZENSHIP – This award is to recognize young people who have learned the meaning of citizenship and have demonstrated their understanding through good citizenship practices. The award is given by Pioneer Hi-Bred International, Inc.

Ashley Gilbert

CITIZENSHIP – This award is to recognize young people who have learned the meaning of citizenship and have demonstrated their understanding through good citizenship practices. The award is given by the Extension Youth Committee.

William Green Megan Lightfoot Jessica Lowthorp
Kelsey Poe

CLOTHING – This award is given to 4-H’ers who developed judgment and creativity in planning a wardrobe expressing individual lifestyle; gained consumer skills in making and purchasing clothing and using equipment related to clothing construction and care. This award is given by State 4-H Youth Development Office.

Mckenzie Ross

CLOTHING – This award is given to 4-H’ers who developed judgment and creativity in planning a wardrobe expressing individual lifestyle; gained consumer skills in making and purchasing clothing and using equipment related to clothing construction and care. This award is given by the Extension Youth Committee.

Emily Whitehead

DANFORTH (I DareYou) – This award is given to recognize 4-H’ers who have demonstrated four-fold personal development and leadership. The award is furnished through the “I Dare You” committee and given by the Extension Youth Committee.

Megan Lightfoot Chelsea Nebel

DOG – This award is given to recognize 4-H’ers who have learned major dog breeds and identify their characteristics, study responsibilities of dog ownership, demonstrate dog care and management in feeding, handling, record-keeping, grooming and fitting; learn dog health regulations, first aid and simple treatments for ailments. This award is given by the Extension Youth Committee.

Bailey Wilson

FOOD & NUTRITION – This award is given to 4-H’ers who learn the importance of foods from each of the basic food groups; understand principles of nutrition related to health, physical fitness and appearance; and understand the scientific principles of nutrition. This award is given by the Extension Youth Committee.

Mallory Beard Logan Doty William Green
Molly Longman Samantha Moran

GOAT – This award is given to 4-H’ers who apply principles of animal science by owning, caring for and keeping records on one or more head of livestock; gain knowledge of sound breeding, feeding and management practices; identify quality in wholesale and retail cuts of animals understanding relationship to management principles. This award is given by the Extension Youth Committee.

Jessica Jamison

HEALTH – This award is given to recognize 4-H’ers who accept responsibility for maintain their own physical, intellectual, emotional and social health; learning about community health resources and appropriate use in the community; learning about environmental issues as they affect health and learning to make decisions that affect personal, family and community health. Award given by the Extension Youth Committee.

Megan Lightfoot

WANT TO KNOW MORE?

FIND US AT: EXTENSION.IASTATE.EDU/4H/FREMONT



2010 Record Book Awards

HOME IMPROVEMENT – This award is given to 4-H’ers who apply principles of design and function to make the home attractive, convenient and comfortable; develop skills in care and preservation of old and new housing, furnishings and accessories. This award is given by the Extension Youth Committee.

Ashley Gilbert

HORSE – This award is given to 4-H’ers who acquire skills in horse management by owning and being responsible; appreciate riding as recreation; learn horsemanship skills and understand breeding, training and raising of horses as a business and acquire safety skills to prevent injury to persons and animals. This award is given by the State 4-H Youth Development Office.

Bailey Wilson

HORTICULTURE – This award is given to 4-H’ers who learn basic principles of plant science; learn to plan, care for and manage vegetable and/or flower gardens, lawns or commercial horticultural crops; learn effective, safe methods of pest control and management and produce vegetables and fruits for year-round use to improve nutrition. This award is given by the Extension Youth Committee.

Kelsey Hurley

JR. LEADERSHIP – This award is given to 4-H’ers who are starting to acquire and demonstrate leadership qualities. Given by the Extension Youth Committee.

Mallory Beard Keegan Bintz Ashley Gilbert

LEADERSHIP – This award is given to recognize 4-H’ers who have acquired and demonstrated leadership skills and abilities. The award is given by Pioneer Hi-Bred International, Inc.

Molly Goltz

LEADERSHIP – This award is given to recognize 4-H’ers who have acquired and demonstrated leadership skills and abilities. The award is given by the Extension Youth Committee.

Chelsea Nebel Andrew Thompson Logan Wood

MERIT – This award is given to 4-H’ers who have shown personal growth and have acquired an understanding of responsibilities in their personal life, in the club and in the community during the year. This award is given by the Extension Youth Committee.

Dominic Aistrophe
William Green
Bradley Nahkunst

Molly Goltz
Jessica Lowthorp
Chelsea Nebel

Jody Shough

PERSONAL DEVELOPMENT – This award is given to 4-H’ers who are developing skills, knowledge and attitudes for lifelong use; sharing knowledge gained with others and exploring career opportunities. This award is given by the Extension Youth Committee.

Rebecca Jardon

Jeremy Walter

PHOTOGRAPHY – This award is given to 4-H’ers who recognize photography as a hobby or profession; develop skills in taking and using pictures; learn that photography is an art, a science and a communication tool; and learn to observe and appreciate surroundings. This award is given by the Extension Youth Committee.

Keegan Bintz

Logan Doty

Molly Longman

Jessica Lowthorp

POULTRY – This award is given to 4-H’ers who learn basic principles of poultry science by caring for and keeping records on a flock; apply economic production, marketing and keeping records and learn value of research and its influence in the poultry industry. This award is given by the Extension Youth Committee.

Jake Jamison

RABBIT – This award is given to 4-H’ers who learn about rabbit breeds and identify characteristics; learn and practice nutrition, care, feeding, record keeping and grooming to show; and learn marketing principles. The Extension Youth Committee gives this award.

Mckenzie Ross

SWINE – This award is given to 4-H’ers who learn basic principles of animal science by owning, caring for and keeping records on one or more head of livestock; demonstrate a knowledge of sound breeding, feeding and management practices; and identify types and grades of animals and employ efficient marketing methods. This award is given by State 4-H Youth Development Office.

Samantha Moran

SWINE – This award is given to 4-H’ers who learn basic principles of animal science by owning, caring for and keeping records on one or more head of livestock; demonstrate a knowledge of sound breeding, feeding and management practices; and identify types and grades of animals and employ efficient marketing methods. This award is given by Extension Youth Committee.

Andrew Welch

Olivia White

VISUAL ARTS – This award is given to 4-H’ers who find satisfaction and pleasure in creative forms; are able to make art judgments and think, feel and act creatively; and develop discipline in an art form. Given by the Extension Youth Committee.

Olivia White

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