



Iowa 4-H Center

Youth & Adult Program Fees

Challenge Course

Minimum group size of 8 people. We encourage groups to schedule at least 2 hours for the following programs; larger groups will need more time for the most benefit. 4-H youth groups can contact the office for a discounted rate.

Teams Course: *(Offered year-round)* Challenge your group to solve initiatives using the collective resources of the whole. Can be done indoors or outside on our low ropes course.



High Ropes: *(Offered April 1-October 31)* Groups must first complete the Teams Course. We have a 5-element tree course 20-30 feet high that includes an incline log, Burma bridge, cat walk, postman's walk, and zip line. Zip line is an additional cost.

Teams/High Combo: A double program (2-3 hours of Teams and 2-3 hours of High Ropes) tailored to meet your specific group goals.

Climbing Wall: *(Offered April 1-October 31)* Groups must first complete the Teams Course. We have a 50-Foot tower with 3 climbing sides for up to 6 climbers at a time, depending on your group size.

Mega Zip Line: *(Offered April 1-October 31)* Groups must first complete the Teams Course. We have a zip line off the top of our 50-foot climbing tower!

Night Zip or Night Climb: *(Offered April 1-October 31)* Add to the challenge – scale the wall or fly down the zip line at night using headlamps! We recommend trying the day version first.

Element	Youth Costs	Adult Costs
Teams Course	\$5 per youth, 2 hours	\$7 per adult, 2 hours
High Ropes	\$7 per youth, 2 hours	\$9 per adult, 2 hours
High Ropes w/30' Zip Line	\$8 per youth, 2 hours	\$10 per adult, 2 hours
Teams/High Combo	\$11 per youth, 4 hours	\$15 per adult, 4 hours
Climbing Wall	\$7 per youth, 2 hours	\$9 per adult, 2 hours
Mega Zip Line	\$9 per youth, 2 hours	\$11 per adult, 2 hours
Night Zip or Climb	\$13 per youth, 2 hours	\$15 per adult, 2 hours

Nature Activities

Creek Walk: *(Offered April 1-October 31)* Prepare to get your feet wet as you explore Richardson's Creek. Old, closed-heel shoes are required

Day Hike: (Offered year-round) Search for signs of wildlife in the timber and prairie grass.

Night Hike: (Offered year-round) Call for owls, check your night vision, and see the effect of eating mints in the dark!

Nature Center: (Summer Only) Get hands-on learning with our Nature Instructor. Learn about the variety of animals at the 4-H Center and play some nature related games.

Pond Study: (Offered April 1-October 31) Explore the camp pond eco-system. Catch and identify – very hands on, educational, and messy fun!



Activity	Group Costs*
Creek Walk	\$60 per group, 2 hours
Day Hike	\$45 per group, per hour
Night Hike	\$50 per group, per hour
Nature Center	\$45 per group, per hour
Pond Study	\$45 per group, per hour

*Group size is 20 or less, for groups bigger than 20 please contact the 4-H Center for additional pricing

Outdoor Camping

Outdoor Camping Skills: Learn how to build a fire, pitch tents, and what to take with you on a campout to survive the elements.



Equipment Rental: We have Dutch ovens, roasting sticks, pie irons, and other outdoor camping equipment, along with tents to rent for use at one of our rustic campsites. An additional \$10 fee will be charged for items brought back dirty.

GPS/Orienteering: Learn how to use a compass or GPS unit and then test your skills on a camp scavenger hunt.

Campfire Program: Songs, stories, skits, games, and more! Great for wrapping up a fun filled day. Marshmallow roast upon request.

Activity/Equipment	Costs
Outdoor Camping Skills Program	\$45 per group, per hour
Dutch Oven Rental	\$10 each
Roasting Stick Rental	\$1 each
Pie Iron Rental	\$2 each
GPS/Scavenger Hunt	\$50 per group, per hour
Campfire Program	\$45 per hour
Campfire Program w/Marshmallow Roast	\$45 per hour, and \$1 per person

Natural History Programs

First Iowans: (Offered April 1-Nov. 15) When pioneers first ventured into the rolling prairie and wooded river bottoms of central Iowa, they discovered a plethora of earthen mounds constructed by prehistoric American Indians as cemeteries. Through the years, the majority of these burial mounds were destroyed by agricultural practices and looting. Fortunately, six of these mounds survived along a wooded bluff above the Des Moines River valley located at The Iowa 4-H Center.

As participants of this program, your students will have the opportunity to explore prehistoric American Indian cultures via hands-on learning. Students can walk on trails near ancient burial mounds, visit an authentically reconstructed wigwam, manufacture period clay pots, try their hand at making stone tools, sew cattail mats, scrape a deer hide, and use an atlatl.

This Was Their Land: (*Offered April 1-Nov. 15*) Explore our 1,100 acre outdoor classroom and learn about native trees, plants, and animals that would have been present when pre-historic American Indians lived on the grounds of the Iowa 4-H Center. Students will hike on a native tree identification trail, visit a restored plot of Iowa prairie, see taxidermy of native animals, visit an authentically reconstructed wigwam, and a prehistoric American Indian burial mound complex.

Program	Costs
First lowans	\$5 per person, 3 hours (\$40 minimum)
This Was Their Land	\$5 per person, 3 hours (\$40 minimum)

Arts & Crafts



All supplies (except shirts for tye-dye) are provided. Timeframe and activities may be tailored to each individual group. Options for crafts include: photo frames, tye-dye, leather making, bandana necklaces, hemp bracelets, bubble art, etc. If you have a craft idea or need craft ideas please call the Program Specialist.

Cost: One hour with a group of up to 20 youth costs \$45. If you have over 20 in your group call the camp office for additional pricing.

Shooting Sports

Available year-round weather permitting. Group size is 15 people or less. Some activities have an age requirement.

Archery: Certified instructors will teach the basics of shooting and safety, allowing each participant to shoot in rotation.

Air Rifle: Learn to shoot and aim at targets.

Atlatl: Aim for targets with these large yard darts.

Muzzleloader: Skeet shooting lessons & practice. Participants must be at least 11 years old.

Shotgun: Skeet shooting lessons & practice. Participants must be at least 11 years old.

Rockets: Alka-Seltzer, paper, or pop bottle rockets.

Activity	Costs
Archery	\$2.50 per person, per hour
Air Rifle	\$3 per person, per hour
Atlatl	\$2.50 per person, per hour
Muzzleloader	\$5 per person, per hour
Shotgun	\$5 per person, per hour
Rockets	\$2.50 per person, per hour



Waterfront

Pond Canoeing: *(Offered April 1-October 31)* Instructional and recreational experience on the camp pond.

River Canoeing: *(Offered April 1-October 31)* 2-3 hour canoe trip on the Des Moines River. Group size of 12. Costs include: 2 lifeguards/guides and transportation to the river and back

Kayaking: *(Summer only)* Learn to kayak in the camp pool. Group size of 12



Swimming: *(Available Memorial Day-Labor Day only)* Cool off in the beautiful Jr. Olympic size pool. Lifeguards provided.

Activity	Costs
Pond Canoeing	\$60 per group*, 2 hours
River Canoeing	\$160 per group, 2-3 hours
Kayaking	\$45 per group, 1 hour
Swimming: 1-25 people	\$65 per hour
Swimming: 26-50 people	\$80 per hour
Swimming: 51-75 people	\$95 per hour

*Group size is 20 or less, for groups bigger than 20 please contact the 4-H Center for additional pricing

Sports & Recreation

Options: hard-surface volleyball, hard-surface basketball, sand volleyball, soccer field with goals, baseball diamond, horseshoe courts, Frisbee golf, and several open areas for general use. These areas are open to all groups free of charge. Call ahead to reserve. Sports equipment is available to rent at the Iowa 4-H Center.

Sports Field Reservation w/Camp Equipment: \$5 per sport

Sports Field Reservation w/Own Equipment: FREE

Field/Group Games led by our staff: \$45 per hour

For information about any of our program areas please contact Abbie Parker, program specialist at the Iowa 4-H Center. We can adapt any program to meet your group's needs!

Abbie Parker

Iowa 4-H Center Program Specialist

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