

# MyPyramid Materials Available From ISU Extension



EDC 335  
*MyPyramid Poster*  
2 pg.; 100 per pad  
(\$3.50\*)



EDC 338  
*MyPyramid Poster*  
22 x 34 in. (\$1.50\*)



EDC 339  
*Anatomy of MyPyramid*  
1 pg; 25 per pad  
(\$7.50\*)



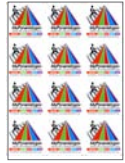
N 3471a-j  
*MyPyramid overheads*  
set of 10 (\$9.00\*)



N 3475  
*MyPyramid Reference*  
2 pg. (PDF)



N 3478 *Foods in MyPyramid*  
2 pg.; 50 per pad  
(\$7.75\*)



N 3479  
*MyPyramid stickers* (8 sheets of 12 = 96) (\$4.50\*)



N 3480  
*MyPyramid Magnet*  
2 1/2 x 2 1/2 in. (\$1.50\*)



N 3483 *MyPyramid Table Tent master*  
(PDF in color and black and white)



N 3484 *MyPyramid Weekly Tracker*  
2 sides; 50 per pad (\$7.50\*)



N 3485  
*MyPyramid Scavenger Hunt master* (PDF)



PM 2000  
*MyPyramid Shopping List*  
3 2/3 x 8 1/2 in.; 2 pg.; 25 per pad (\$1.50\*)

## Related Materials ...



N 3447p *Portion Proportion placemat*  
(11 x 14 in. coated paper; 4 per pkg.) (\$1.00\*)



N 3472 *Carb-o-meter CD* (\$5.00\*)



PM 1978set *Give Me 5! card game* (\$5.00\*)



PM 1979 *Label Reading series*  
(\$.50\* per title)

- PM1979
- a. Fat
- b. Calcium
- c. Fiber
- d. Sodium
- e. Calories
- f. Carbohydrate



NCR 374  
*Guide to Healthy Kids—what parents can do*, 4 pg. (\$1.00\*)



PM 1257  
*Food for 'METOO'*  
4 pg. (\$1.00\*)



PM 1264  
*Snacks for Healthy Kids*  
4 pg. (\$1.00\*)



PM 1884  
*Overweight Kids—what communities can do*, 4 pg. (\$1.00\*)



PM 1950  
*Pyramids of Health*, 2 pg. (\$1.50\*)



PM 1967  
*Healthy Hearts—how to monitor fat and cholesterol*, 2 pg. (\$1.50\*)



PM 1944 *Foods and Fitness Craze!* 4 pg; 4 1/4 x 11 in. (\$1.50\*)

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\* Sizes are 8 1/2 x 11 inches unless otherwise indicated. Postage and handling costs are added to all copies mailed from Extension Distribution Center.

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