

Inclusive Team Teleconference

Tuesday, August 5, 2008, 4:00 pm

Present: Larry, Erin, Teresa, Deborah, Ann, Brenda,

Welcome and role call – “What did it take for you to join us on today’s teleconference?”

Paul , Viktoria, Leah, Lana, Solveig, Scot, Sarah, Cindy not able to participate today

Larry, Lori, Ann, Teresa, Brenda, Debra, Erin, & Leah (5:00p.m.)

Items from the August Regional Team Meeting:

\* Review team members and update membership list.

See list below

\* Review purpose of work group and revise, if needed (see description below)

Feedback: Consensus indicates that this purpose still fits

\* Anticipated next steps for our work group

Feedback: We are the voice of these target communities. To review the strategies, tactics

& activities reflect the voice of these communities. (Deborah): Is the diversity reflected

in the Systems work to date? (Brenda): Our work to date has been about engagement

across the region. The next webcast is about OUR Core Theory of Change ...Quality

Relationships - Collective Thinking - Collective Action - Quality Results. (Ann) Do we

have enough information to be the voice for the four target communities or are there next

steps we need to take? (Brenda) We've talked about Focus groups or Interviews or

reviewed available information from the Horizon's project. (Larry) Elma is pretty

engaged after the Horizon's project. He's getting questions about it. (Brenda) Can we

get information that communities have already identified as priorities? Should we be

sharing this with our Work Groups? Or is it happening naturally? (Teresa) It will be

more useful to our Evaluators & Carolyn re telling our story. Surveys for small towns re

walkability that can be incorporated. More of a justification for our work. (Ann) Do we

know what the issues are around access to local healthy food & physical activity?

(Teresa) We are challenged by high food prices, food deserts, energy costs. (Lori) This is

especially challenging for those on a limited income. Everyone is looking for the "best

buy" and local food is not usually the "best buy". (Brenda) NIFF Coalition meeting this

week...how do we start strategizing about this...are community gardens part of the

answer? Would it include processing food, etc.? We know it's a time issue. (Teresa)

These strategies will come out of NIFF... (Brenda) What documentation do we have that

tells us this is important? (Lori) With WIC, and getting some information re qualification

and participation will reflect the local economy. In addition, the visits to the local food

pantry, the free and reduced lunch rates in the school districts. (Brenda) We have the

statistics that show we need access to healthy food. (Lori) We have the economic

statistics but do we have the buy in? (Teresa) Waukon - survey completed by 600 people

re local food access and sidewalks are important. (Larry) We have a survey but it doesn't

include those 2 items. We have data on trails. We discussed community gardens. Not a

lot of interest as many are already in place. In Floyd Co., they give seeds instead.

(Teresa & Brenda) There is a lot of information, we are not sure if we know what people

would need or want the most. Example of Nigeria - Sorghum story - need to understand

the culture, the norms before we really know what it is that communities will want.

Trying to meet the needs of vulnerable communities when we are trying to fix the larger

system. (Deborah) Encourage to hold on to the bigger picture and smaller groups - both/and instead of either/or. Does the Inclusive Team bring the strategies to the Work Groups or does it serve to reflect on the strategies that emerge making sure that the voices of vulnerable children and their families are heard? A member from Inclusive Team sits on all of the Work Groups. (Larry) Sustainability is a concern. We can get through projects but is it sustainable?

\* Anticipate budget needs between April 2009 – August 2009

\* Set future meeting dates and times (face-to-face and/or teleconference)

Suggestion: Give each Work Group 45-55 minutes for face-face mtgs, would that be beneficial. The problem is with the Inclusive Team is spread out within the other WG, it might be better to meet after? Let's try it and see how it works.

Suggestion: Can we have a set time? Brenda will send out a doodle again and see what's best.

Discuss status of four target communities identified for \$1000 support (Elma, Oelwein, Postville and Waukon)

\* What group(s) are we collaborating with to utilize the funds?

Elma - Community Betterment - 5 K Run/Walk with local meat, PTA- Back to school picnic, Rollerskating program - open to public with 1 day for the Menonites, Fitness Program for Elderly - certify 4-5 people to provide programs, Bike-Helmet program in October Bravo!, Yeh!, GO LARRY!!!!

Postville - 2 things - Swimathon for the Jewish camp last week raising money for disadvantaged children, Phone calls to luncheon next week on Wednesday August\_\_\_\_ The noon luncheon will include an overview of F&F, discussion around vision. Funds from this \$1000 appropriate? Yes. Will also ask Paul & Viktoria about what they'd like to use it for. Leah translated the webcast into Hebrew for a brochure.

Waukon - Teresa will approach some people including the Allamakee New Beginnings - they are doing a community garden. Producing a lot! Selling some of produce and money going back to food shelf. Building the long term capital such as the bike helmet idea in Elma is great!

Oelwein - Scot Smalley - FFA - try to start growing & selling food (has a greenhouse-hydroponics capacity) - possibly to the school. Discussing a plan for how it would look and can it be considered a small business and treat it like a loan...make money & reinvest, etc. Grow food, feed it to elementary kids and teach them about it. Sustainability not as readily apparent. There would be a huge opportunity with the BASICS program - you could tie it in with the produce that is harvested.

\* What ideas have been generated to use funds? (See above)

Communication Team request from Larry/Teresa: "Buy Fresh Buy Local" flyers - GREAT! Request-- Can we get something for children? A coloring booklet? Teresa - appreciates the feedback

\*\*\*\*\*Can we table the following items for our next face-face meeting or the Regional Leadership Team mtg. on Aug. 27th?

\* Lana – Idea to have St. Vincent De Paul in Waukon (similar to a second hand store that a lot of low-resource families utilize) serve as a possible drop site for healthy foods at a discounted price

#### Minority Liaisons Update (Paul, Viktoria and Leah)

\* Update on monthly visits with minority community members (April – July) (Budgeted: 15 hours/mo x 3 x \$35/hr)

\* Status of \$6, 000 budgeted for culturally appropriate communication tools (radio and print material)

\* Status of monthly written and oral reports to be submitted to Regional Team members at their monthly meetings (4th Wed of each month)

\* Have you been submitting bills and reports to NE Iowa RC&D?

\* Billing RC&D by Translators:

Date time was accrued & amount of time accrued on respective days (preferably using a time sheet)

Date mileage was accrued & amount of mileage accrued on respective days

In-kind mileage at a rate of \$.165

\* Other Questions:

#### Tabled Items from the May Teleconference: (8/05/08 Updates included)

\* Status of students in Postville FCCLA chapter helping Teresa with the sidewalk mapping. - (Accomplished and data has been sent to Chris Seeger)

\* Larry and Teresa – Status of list of Horizons projects (and a paragraph description) that qualify as FFI activities. (Larry & Teresa will prepare a brief summary for this group)

\* Teresa – were you going to share a brief summary of the BASICS grant? Teresa are you willing to share the pre- and post- surveys in the schools on nutrition and if there may be other data we should be collecting. (Yes she will prepare a summary for this team.)

\* Ideas to reach out to Preschool and Child Care Providers and their Educators regarding food and physical activity guidelines

Do we have adequate engagement of vulnerable children and their families in our FFI planning process? What other agencies could provide a voice? (Examples: Food Pantry; Ministerial Association; School contacts?)

#### Notes submitted by Ann Mansfield

##### Inclusive Team:

Paul Raul, Viktoria Stockman, Leah Brown, Larry McGee, Lori Egan, Lana Snitker, Ann Mansfield, Teresa Wiemerslage, Solveig Hanson, Brenda Ranum, Debora Walker (WKKF TAP Team member - VISIONS) Scot Smalley (new), Erin Ludwig (new), Sarah Noack

Purpose: 1) Work to ensure diverse populations have access to the planning process and voices are present during the planning and community action planning phases, 2) Investigate and report on needs of various communities; 3) Empower various diverse

populations; 4) Educate and be educated by the various diverse populations represented. We are resource for regional team, work groups, communities and ourselves. In April the following four target communities were identified for support: Waukon, Postville, Oelwein, and Elma. We hope to learn from the community members in these communities the assets that exist around food production and consumption and the assets around the built environment related to physical activity and play for families and youth. The data gathered will help us identify strategies to increase equity and accessibility around food and fitness issues. Opportunities to incorporate assets/strengths identified by communities will also be shared with the other work groups with the goal impacting our Community Action Plan.

Timeline: Feb. – June 2008

Teleconference #1: 2/12/08; 4:30 pm – 5:30 pm

Teleconference #2: 2/19/08; 4:00 pm – 5:00 pm

Face-To-Face #1: 2/27/08: 30 minutes

Teleconference #3: 3/4/08; 4:00 pm – 5:00 pm

Face-To-Face#2: 3/25/08; 5:00 pm – 8:30 pm (Visions Session)

Face-To-Face#3: 3/26/08; Noon – 1 pm; 2:00 pm – 8:30 pm (Visions Session)

Face-To-Face#4: 4/23/08; 11:45 am – 12:30 pm

Teleconference#4: 4/1/08; 4:00 pm – 5:00 pm

Teleconference#5: 5/5/08; 4:00 pm – 5:00 pm

Face-To-Face #6: 5/28/08; 12:00 pm – 12:45 pm

Teleconference#6: 8/5/08; 4:00 pm - 5:30 pm