

## What is 4-H?

4-H is an experiential education program for youth directed by the Extension office in each county. Experiential education means “learning by doing.” 4-H can take many forms, such as school-based programs, afterschool programs, community service activities, or 4-H Community Clubs.

## What is a 4-H Community Club?

When people think of 4-H, this is what they are most likely to think of. Volunteer adults, called 4-H leaders, facilitate 4-H clubs in which youth are encouraged to gain knowledge and learn to apply skills in two areas: specific topics (called project areas) and life skills (general skills that all young people need to have to grow up to be caring, competent adults.)

## What kinds of life skills does 4-H develop?

Each of the leaves on the 4-H Clover represents a different category of life skills. Within each of these general categories are more specific areas. The goal of 4-H is to provide experiential opportunities that allow youth to develop these skills within their own interests and abilities. They are:

