**Are You Into It?**

Horse and Pony is an exciting 4-H project area because you can participate whether you own a horse or not! Discover all the aspects about raising and riding horses.

- Appreciate riding as recreation
- Learn horsemanship skills and understand breeding, training, and raising of horses as a business
- Acquire skills in horse management by owning and being responsible for an animal
- Acquire safety skills to prevent injury to persons and animals

**Here’s what you can do all year!**

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<td>Learn the basics of trail riding</td>
<td>Research and purchase show clothing</td>
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<td>Learn the function of different horse tack</td>
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**Step It Up!**

Pass it on! Now that you know how, share it with others. Here are ideas to get you started.

**Communication**

- Present about parts of a horse
- Send a Letter to the Editor describing your opinion regarding an ethical horse situation
- Present a riding safety session at your county 4-H horse workouts prior to county fair

**Citizenship**

- Assist with the 4-H horse show at the county fair
- Participate in the local saddle club charitable benefit
- Ask friends to always wear a helmet when riding horses
- Explore therapeutic riding and horse rescue assistance opportunities

**Leadership**

- Lead a trail ride for your fellow 4-H horse project members
- Work with a horseless horse member to care for a horse
- Conduct a show horse grooming clinic
- Organize a tack swap for 4-H members

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*For more information or to obtain project materials contact your county ISU Extension Office or go to: www.extension.iastate.edu/4h/projects/horse*
Take Horse and Pony further!

Here are other opportunities to explore Horse and Pony:

- Attend a horse show, rodeo, or other horse event
- Visit a horse farm, horse training facility, horse boarding facility, etc.
- Participate in a horse riding camp
- Visit a local tack shop or horse supply store
- Check out horse events on television to learn about different type of horse shows and events
- Attend the Iowa Horse Fair to watch horse shows and observe clinicians
- Create a collection of horse showmanship and horsemanship patterns
- Keep a diary of your practices each week
- Research horse-related careers
- Attend the Iowa 4-H Horse Jamboree to compete in hippology or quiz bowl
- Give a public speech or team demonstration or compete with a painting, poster, photograph, drawing, essay, poetry, scrapbook, digital story, clothes article, woodworking piece or a model horse
- Attend Animal Science Round-Up as part of the Iowa 4-H Youth Conference and take the horse track, participate in the community service project, bringing ideas back to your community.
- Is it fair time? Consider riding in your County Fair horse show or the Iowa State Fair.
- Contact your county ISU Extension Office for other local workshops, activities, and events
- Interested in a college education in animal science or veterinary medicine? Schedule a visit with Iowa State University to explore those majors. www.iastate.edu

Resources

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<tr>
<th>4-H Resources*</th>
<th>Other Resources</th>
<th>Record Keeping</th>
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<tr>
<td>Iowa 4-H Horse and Pony [<a href="http://www.extension.iastate.edu/4h/projects/horse">www.extension.iastate.edu/4h/projects/horse</a>]</td>
<td>American Youth Horse Council (AYHC) [<a href="http://www.ayhc.com">http://www.ayhc.com</a>]</td>
<td>Horse and Pony Worksheet Record Keeping (4H 512 WS)</td>
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<tr>
<td>Giddy Up and Go Horsemanship Level 1</td>
<td>Iowa Horse Council [<a href="http://www.iowahorsecouncil.org/">www.iowahorsecouncil.org/</a>]</td>
<td>Horse and Pony ID Form (4H 106C)</td>
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<td>Head, Heart, and Hooves Horsemanship Level 2</td>
<td>Iowa Horse Judges Directory [<a href="http://www.extension.iastate.edu/4h/projects/horse">www.extension.iastate.edu/4h/projects/horse</a>]</td>
<td>Horse Lease Agreement (4H 106C L)</td>
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<tr>
<td>Stable Relationships Horsemanship Level 3</td>
<td>Horse eXtension Website [<a href="http://www.extension.org/horses">http://www.extension.org/horses</a>]</td>
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<td>Riding the Range Horsemanship Level 4</td>
<td>My Horse University [<a href="http://myhorseuniversity.com/">http://myhorseuniversity.com/</a>]</td>
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<td>Jumping to New Heights Horsemanship Level 5</td>
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<td>Horsemanship Leader Guide</td>
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<td>Horse Science</td>
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<td>Horseless Horse Project</td>
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<td>Basic Horse Safety Manual</td>
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Exhibit Ideas

- Horse coloring/marketing patterns
- Horse body parts
- Safety around horses
- Horse health chart
- History of horses
- Horse body language
- Parts-of-a-horse matching game
- Horse-breed comparison chart
- Horse-stable designs
- Knots used with horses
- Tagging a horse
- How to groom a horse
- Supplies price chart
- Horse skeleton diagram
- Display of horse diseases
- Growth chart for your horse
- Dental problems of horses
- How to shoe a horse
- Horse reproductive system
- Pasture management practices
- Horse life cycle poster
- Identify saddle, bridle and tack
- Create a horse first aid kit
- Pre-show fitting techniques
- How-to display for judging horsemanship
- Present a horse using “Quarter System”
- Design your own showmanship pattern
- Create a scrapbook or collage of photos from your horse project

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