Are You Into It?

Leaders influence and support others in a positive manner for a shared goal. Leaders aren't just elected. You can be a leader of committees, small groups and teams. Learning about yourself and how you work with others is a key part of developing leadership skills.

- Understand roles, attitudes, tasks and functions necessary for effective leadership.
- Strengthen local 4-H units in leadership responsibility and encourage other youth.
- Participate in program planning, development, and implementation; help recruit new members and leaders.

Here’s what you can do all year!

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<th>Starting Out</th>
<th>Learning More</th>
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<th>Citizenship</th>
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<td>Basic / Level 1</td>
<td>Intermediate / Level 2</td>
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<tr>
<td>Job shadow or interview a local leader</td>
<td>Make a list of what motivates you; interview others to find out what motivates them and compare the lists</td>
<td>Plan and present a project workshop</td>
<td>Make arrangements for your club's next service project</td>
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<td>Take responsibility for a weekly chore in your home</td>
<td>Identify characteristics of a good leader and how leaders develop trust</td>
<td>Run for office in your club</td>
<td>Investigate a historical leader and share their accomplishments</td>
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<td>Plan and present a fun club activity</td>
<td>Practice and deliver a presentation</td>
<td>Create a list of your strengths and weaknesses</td>
<td>Volunteer to serve on a committee for your next town celebration</td>
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<tr>
<td>Identify non-verbal communication behaviors</td>
<td>Identify talents in your club, group or community</td>
<td>Practice interviewing with an adult</td>
<td>Mentor a younger member with record-keeping and preparing exhibits for fair</td>
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<tr>
<td>Create a weekly schedule for you and your family</td>
<td>Work with members to establish ground rules for club meetings</td>
<td>Write a personal vision and mission statement</td>
<td>Join a political campaign for a candidate you support</td>
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<td>Work with your family to organize a space in your home</td>
<td>Experiment with different group decision making techniques</td>
<td>Plan a meeting</td>
<td>Serve on a local board that deals with youth issues</td>
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<tr>
<td>Utilize your county ISU Extension and Outreach office as a resource for ideas and materials</td>
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<td>Develop and implement a school survey of students, teachers and administrators</td>
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Step It Up!

Pass it on! Now that you know how, share it with others. Here are ideas to get you started.

Communication

- Notify families about club activities
- Give a presentation on parliamentary procedure or other decision-making methods
- Create a club web page
- Write a letter to an elected official about an issue that's important to you or your community
- Conduct Club Officer training
- Create a video to promote 4-H

*For more information or to obtain project materials contact your county ISU Extension Office or go to: www.extension.iastate.edu/4h/projects/leadership
## Take Leadership further!

Here are other opportunities to explore Leadership:

- Volunteer to serve on your county 4-H Youth Committee.
- Conduct a workshop at the State 4-H Volunteer Retreat.
- Mentor a younger youth in 4-H in a skill area you have learned.
- Is it fair time? Consider taking an exhibit, a piece of your project learning to the fair for judging and to show off what you have learned throughout the year. It might get selected to go to the Iowa State Fair.
- Contact your county ISU Extension Office for other local workshops, activities, and events.
- Meet others interested in leadership. Check out camps at the Iowa 4-H Center.
- Attend Iowa 4-H Youth Conference and participate in workshops, motivational speakers and a community service project, bringing ideas back to your community.
- Apply for National 4-H Congress, National 4-H Conference, State 4-H Council, a Counselor-In-Training position at the Iowa 4-H Center, a Page position at the State Legislature, volunteer or paid positions at the Iowa State Fair.
- Interested in a college education in the area of political science, business administration, teaching, public service administration in agriculture or community and regional planning? Schedule a visit with Iowa State University and explore those majors.

## Resources

### 4-H Resources*

- Iowa 4-H Leadership
  [www.extension.iastate.edu/4h/projects/leadership](http://www.extension.iastate.edu/4h/projects/leadership)
- Step Up to Leadership Level 1 (4H 531A)
- Step Up to Leadership Level 2 (4H 531B)
- Step Up to Leadership Level 3 (4H 531C)
- Step Up to Leadership Leader Guide K-5 (4H 530 LDR)
- Step Up to Leadership Leader Guide 6-12 (4H 531 LDR)
- 4-H Leadership Brochure (4H 403B)

### Other Resources

- Vibrant 4-H Club Brochure
  [www.extension.iastate.edu/4h/Volunteers/Documents/4h4004vibrant.pdf](http://www.extension.iastate.edu/4h/Volunteers/Documents/4h4004vibrant.pdf)
- 4-H Club Committee Resource
  [www.extension.iastate.edu/4hfiles/Volunteers/ClubCommitteeMember.pdf](http://www.extension.iastate.edu/4hfiles/Volunteers/ClubCommitteeMember.pdf)
- Youth Leadership Initiative
  [http://www.youthleadership.net/](http://www.youthleadership.net/)
- Team Builder Resources
- 4-H Recreation Ideas
  [www.extension.iastate.edu/clay/info/recreation.htm](http://www.extension.iastate.edu/clay/info/recreation.htm)

### Record Keeping

- 4-H Yearly Summary (4H 0096)
- Basic 4-H Project Record (4H 0096A)
- Experienced 4-H Project Record (4H 0096B)
- Advanced 4-H Project Record (4H 0096C)
- Recordkeeping Self-Evaluation (4H 98, PDF)

## Exhibit Ideas

- Make a poster with a timeline to demonstrate a historic leader’s rise and accomplishments
- Exhibit a calendar or log of weekly responsibilities in your home
- Create before and after photos of a room you organized, focusing on the development of your organizational skills
- Give a presentation on the elements of an effective meeting
- Develop a graphic organizer to showcase the talents in your club or community
- Visually represent on a display the timeline and your process of leading a community service project
- Create a poster sharing a club contract your group has created and share how your group came up with it
- Create a series of workshops teaching other 4-Hers a project skill. Video tape and put them up on the web so others have access
- Take a personal inventory to analyze your leadership style and share a journal or display about what you learned and how it affects your work in groups
- Create a scrapbook showing your leadership roles in the clubs or organizations you participate in
- Create a resume showcasing your skills, strengths

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**Iowa State University**

Extension and Outreach

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**4-H**

Growing Together