Are you looking for a new way to become involved with 4-H at the state level? If you are an Intermediate or Senior 4-H member (7th-12th grade), there is a new and special opportunity just for you!

**Global Citizenship Day** is coming to the Iowa State Fair on Friday, August 12th in the 4-H Exhibit Building! From 9 – 11am, there will be a “4-H Global Citizen Showcase” – an event for an individual or a small group to share their global experience or project with the public. Please note: It is not a requirement that the showcased experience/project is entered into any 4-H Exhibit Judging or selected for the Iowa State Fair.

- Projects do not have to directly relate to 4-H, but must include at least one of the global objectives:
  - Recognizes they are a citizen of a global society
  - Shows a knowledge of and appreciation for all cultures (including one’s own culture)
  - Understands global interconnectedness and/or issues that affect our global world
  - Shows specific ways they can positively contribute to the global society
- There will be two entries per one 8ft. table – electricity is available if requested on registration form
- Please come with a trifold board or some other way to display your great work!
- Participants will be granted free admission. Larger groups will also be given an admission ticket for one chaperone and a parking pass.
- Participants and their chaperones will have a private tour at the World Food Prize building at 1pm. Transportation to and from the World Food Prize building will be provided.
- Need help coming up with an idea or filling out the application? Contact Rachel at youth_rachelw@iastate.edu and she will be glad to assist you in any way!
- Registration due on or before July 1st: [https://form.jotform.com/60916485649974](https://form.jotform.com/60916485649974)

Check out the [Global Citizenship webpage](https://www.extension.iastate.edu/globalcitizenship) for more ways to get involved as a global citizen!
Impactful Mission Trip Leads to Cultural Awareness

Shelbi Holtkamp is a 4-H alumna from O’Brien County and currently studies at the University of South Dakota. During an Alternative Week Off Campus (AWOL), she went with a team of students to Guatemala. While there, they were placed in a village in the mountains, San Matias, and partnered with Casas Por Cristo to work with individuals living in poverty. They built a home in three days and then dedicated it to the receiving family. The home included an ecostove and two beds purchased by the AWOL team. The family was very appreciative; they had previously lived in a bamboo shack and slept on dirt floors.

The culture and conditions were quite different than what Shelbi was used to. The locals in this area were impoverished and had little access to education. Plumbing is not readily available in this area and wild dogs may be seen running in the streets. The cost of garbage disposal is so high that garbage is often left around and/or burned which makes the air hazy. The gender roles are also very traditional, Shelbi observed. The fathers typically work in agriculture and bring home an average of $10/week. Women wear traditional clothing and spend their days cooking. However, Shelbi noticed that the Guatemalans she met had a very positive attitude, were happy, lived in the moment and were thankful for everything in their lives.

For Shelbi, this week-long trip served as a very eye-opening experience and made her more aware of the world beyond her community. She became aware of things she took for granted like warm showers; bathing in Guatemala consisted of droplets of cold water. She is more thankful for education, many options of food in the United States, modern agriculture and the amenities we have in the U.S. Finally, Shelbi was inspired to appreciate every aspect of every day just as the Guatemalans do and be more present in the moment. She now understands that we don’t need all of the “stuff” we think we do in the United States to be happy. What great cultural revelations!