Opportunities for 4-H volunteers
Letter #6

Key Ideas
Youth leadership programs
- 4-H leadership project area

Opportunities at the county level
- New 4-H volunteer orientation
- Ongoing 4-H volunteer training/meetings
- County 4-H activities
- County 4-H Youth Committee

Opportunities at the state level
- New volunteer training
- State Volunteer Retreat
- State fair
- Judges’ workshops

Opportunities at the national level
- National 4-H Center

Other resources for 4-H volunteers
- Iowa State University 4-H website
- Master Volunteers
- Publications and online resources

Thanks for volunteering

Dear Volunteer
As you feel comfortable with one aspect of the program, you’ll want to challenge yourself to take on new leadership experiences. You have probably discovered that along with your members you, too, are gaining new knowledge and skills.
There are many opportunities available for 4-H volunteers to learn more about the total 4-H program, make new friends, and develop additional skills. Your county 4-H newsletter will announce and describe these activities as they occur as well as the state 4-H website.
http://www.extension.iastate.edu/4h/Volunteers/

Youth leadership programs
Older youth may be a good source of leadership for your club. They may enroll in the 4-H leadership project. With your guidance, they can provide leadership by planning events/activities for club members. They set their goals, carry out and evaluate their activity, and keep project records on their leadership. For example, through a 4-H leadership project, a 4-H’er might help younger members with presentations, record keeping or recreation, or they could plan and conduct a club activity or event including a community service learning project. Each project Hot Sheet contains communication, citizenship, and leadership tips.

Older 4-H’ers might also serve as a 4-H project teen leader. They would assist other 4-H’ers with a specific project area using their knowledge and expertise from their previous experience in the project. This could also be their 4-H leadership project if they want it to be.

Youth can also serve as club officers and as committee chairs and members, they can help other 4-H’ers, serve on county or state 4-H council, help with events and activities, etc.

Youth serving in leadership roles need to be partners with adults in planning, implementing and evaluating their experiences. Youth don’t work for you, they work with you in youth/adult partnership.
Opportunities at the county level
Orientation and volunteer training are part of the preparation for all new volunteers. Your county Extension staff will provide you with orientation and training. In addition, foundational positive youth development training and Clover Kids training for new volunteers may occur in your county or a county near you. Staff in your county Extension office will let you know when and where the next training will be held.

Ongoing 4-H volunteer meetings. One of the best ways to become familiar with the 4-H program and to find out what other volunteers are doing with their clubs is to attend 4-H volunteer training/meetings in your county. Some counties have project volunteer meetings (i.e. livestock, gardening, Shooting Sports, horse, dogs and cats, visual art volunteers, etc.). Not only will you find these meetings helpful and informative, but other volunteers will appreciate your ideas and assistance. Annually, 4-H volunteers will attend a face to face training offered in your county and presented by your region’s Youth Program Specialist (YPS). These trainings are the same in each county and are designed to support your youth development knowledge and skills and ensure that all 4-H members statewide have the same access to well trained, quality volunteers. These trainings are also available online or on a DVD because we know that sometimes life gets in the way of schedules! Contact your county Extension office for more information about training in your county – or watch your county online calendar.

County 4-H activities. Consider becoming a member of a planning committee or a volunteer organizer of one of the many county 4-H activities, such as: fair superintendent or assistant, judge's clerk, contest coordinator, workshop director, or summer camp staff.

4-H volunteers are the key to a successful 4-H program. Volunteers who take an active part in county 4-H activities not only help the program be successful, but find they become more effective volunteers while developing their own skills.

County 4-H Youth Committee. County Youth Committees are vital partners in fulfilling the mission of 4-H at the county level. Members are youth and adults from the county who are committed to taking an active role in the assessment, planning, conducting and evaluating of county 4-H programs.

This group may be called the "County Extension Youth Committee," or the "Extension 4-H Youth Committee". Learn more about County Youth Committees at http://www.extension.iastate.edu/4h/page/working-youth-committees.

To find out more about all aspects of the total 4-H program, attend your county 4-H volunteer meetings. Talk with your county ISU Extension staff about opportunities at the county level.

Opportunities at the state level
Iowa 4-H Volunteers Workshops. There are several statewide 4-H activities in which volunteers become involved. There are many workshops that focus on general leadership skill development and specific 4-H project or program areas such as fishing, art, gardening, livestock, Shooting Sports, clothing, etc. Also, sometimes counties in the same geographic area will get together and offer local workshops or volunteer forums.

State Volunteer Retreat. Annually, a team of 4-H volunteers plan and deliver (usually in February) a Friday evening and Saturday of fun, useful workshops presented by staff and other volunteers. It is a great opportunity to network and learn new things to take back to your county and club. Stay informed about this opportunity by checking with your county Extension office or going online at http://www.extension.iastate.edu/4h/page/state-volunteer-retreat.

State Fair. State Fair offers opportunities for 4-H volunteer involvement. Volunteering during judging days is an excellent way to find out what judges are looking for in 4-H exhibits. Hosts and hostesses serve for a few hours in the 4-H exhibit building, greeting the public and answering questions about 4-H. Volunteer assistant superintendents help plan, organize, and conduct many of the shows and activities that are conducted during state fair. Talk to your Iowa State University Extension county staff about how to get involved in these opportunities or check them out at http://www.extension.iastate.edu/4h/statefair.
**Judges' workshops.** The Iowa State University Extension 4-H campus staff conducts judges' training seminars, which also are good workshops for project volunteer training. These are usually open to all 4-H volunteers. County Extension offices receive announcements about upcoming judges’ workshops. [http://www.extension.iastate.edu/4h/page/iowa-4-h-judges](http://www.extension.iastate.edu/4h/page/iowa-4-h-judges)

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**Opportunities at the national level**

**National 4-H Center.** The National 4-H Center near Washington, D.C. is available for 4-H volunteers to stay with their families while visiting the nation's capitol. Reservations must be made in advance. Check for more information at [http://www.4hcenter.org/](http://www.4hcenter.org/)

**Other resources for 4-H volunteers**

As you can tell from these letters, the best resource persons for a new volunteer are your county’s 4-H staff and other volunteers. Don’t hesitate to contact them for ideas, information, and assistance. Also, regional Youth Program Specialists and campus staff of Iowa State University Extension and Outreach 4-H are available for assistance. They can be contacted through your county Extension staff.

**Iowa State University 4-H Youth Development Website for Volunteers**  
[http://www.extension.iastate.edu/4h/Volunteers/](http://www.extension.iastate.edu/4h/Volunteers/)

Check this resource for volunteer resources such as links to risk management training, current training, club management, project areas, State Fair information, and other links to related information, activities, and opportunities.

**Master Volunteers.** Your county may have Master Gardeners, Conservationists, Woodland Managers, or Food Preservers who may be useful resources for you and for your 4-H club.

**Publications and online resources.** In addition to the publications already listed in these letters, there are also resources at your county office of ISU Extension, online at the 4-H website, and at the Extension “store”  

Make sure you check out the “Pick Your Adventure” piece for project selection (4H 200A)  
[http://www.extension.iastate.edu/Publications/4H200.pdf](http://www.extension.iastate.edu/Publications/4H200.pdf) and “Your Adventure Starts Here” (4H 200i) for recruiting new members.

Project Hot Sheets for each project area are at [http://www.extension.iastate.edu/4h/page/project-helpers](http://www.extension.iastate.edu/4h/page/project-helpers)

If you have club members interested in livestock projects – check out  
[http://www.extension.iastate.edu/4h/projects/livestock/](http://www.extension.iastate.edu/4h/projects/livestock/)

Ask your county Extension staff about these resources or check them out yourself online.

We hope that the information in these letters has been helpful to you. We know it is a challenge to be a 4-H volunteer, and we also know it can be one of the most rewarding experiences you will have--helping young people develop into:

- Productive Citizens
- Outstanding Communicators
- Effective Leaders
- Successful Learners

**Welcome to the role of a 4-H volunteer – and Thanks for volunteering!!**

**Action Steps**

- Familiarize yourself with training opportunities available in your county and in state and national levels. Share with other leaders.
- Attend programs that will help your club grow.

**How can I use the information in this letter:**

1. New activities to plan into our club program:

2. Other people who could help us and how they might help:
3. Questions to ask ISU Extension staff and other volunteers:

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Revised by Chris Gleason, 4-H program specialist

This is an adaptation of an Oregon State University publication that was prepared by Mary Alice Dodd, 4-H volunteer leader, Linn County; Lyla Houglum, Extension specialist, 4-H and youth development, Oregon State University; and Michelle Robinson, Extension agent, 4-H youth, Oregon State University Extension Service. Development of this material was funded by R.J.R. Nabisco, Inc., through the National 4-H Council Salute to Excellence Program, September 1987.

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