



Sampler of 4-H Afterschool Activities

Time:	Activity:	Supplies Needed:
5 minutes	<p>Welcome:</p> <ul style="list-style-type: none"> We're going to take a look at the Sampler of 4-H Afterschool Activities. This is ONLY a place to start ---- it gives you some ideas (a sampler) of activities. You all have other resources for Afterschool activities – some in the session tomorrow, project materials, cloverkids, etc. Reference Circle of Courage poster and 8 essential elements 	<ul style="list-style-type: none"> 4-H Afterschool banner Circle of Courage poster Essential Elements signs tape Copy of the Sampler
10 minutes	<p>Scavenger Hunt</p> <ul style="list-style-type: none"> The first thing we're doing will force you to look at the sampler, and find out its' contents. Working with a partner and using the Sampler, try to answer all the questions Quickly review answers 	<ul style="list-style-type: none"> Copies of the Scavenger Hunt
10 minutes	<p>Review the Experiential Model:</p> <ul style="list-style-type: none"> Handout Page 15 	<ul style="list-style-type: none"> Experiential Model handouts Project Planning worksheets transparency
20 minutes	Food Guide Pyramid Relay – Pages 19-21	<ul style="list-style-type: none"> 18 grocery bags food photos
25 minutes	Vegetable Jeopardy – Pages 22-24	<ul style="list-style-type: none"> Tape Question cards Game headings
5 minutes	<p>Questions</p> <p>What resources have they used? Please share.</p>	
5 minutes	Evaluation	