

**4-H SHOOTING SPORTS
POSTAL MATCH
WINTER 2010**

GENERAL RULES

Eligibility: Each participant must be a 4-H member in good standing and have passed the required course work for the discipline that they will compete in.

Time frame: November, December, January, February, March

League fee: A \$5.00 league fee must be submitted with registration. All registrations are due by December 15, 2009. Send your registration to Dean A Mueller, 710 475th St, Northwood, Ia 50459. Please make checks payable to the 4-H Foundation. Coaches, to make registration easier, please send all of your clubs registrations at the same time.

Scores for record: All scores shot for record must be submitted to Dean A Mueller (dean.mueller@worthcounty.org) by the 30th of each month. Late scores will not be accepted, but scores may be shot and posted ahead of time. The three highest scores per individual will be used for the aggregate score. (The lowest scores will be dropped.) To be considered for an award the shooter must post 3 monthly scores. When shooting for record the shooter must inform their coach that this score will be for record. For air rifle, small bore and muzzle loader the targets must be dated, list the position used (prone, kneeling, etc.) and be signed by the shooter and the coach. Scoring will be the responsibility of the coach. Targets must be kept in the shooters record book and be available for verification of the scores should they be in the top three.

SHOTGUN - Trap

Target: Per Amateur Trapshooting Association rules

Distance: 16 yards and handicap at 20 yards

Course of fire: **Juniors will shoot 25 targets per month, Intermediates will shoot 50 targets per month and Seniors will shoot 75 targets per month.**

Targets will be shot and scored in rounds of 25. Three months the scores turned in will be shot from the 16 yard line. The fourth score (month) for record will be shot from the 20 yard line as a handicap and this record will not be dropped. The handicap score will help to prevent ties. The handicap score may be shot at any time, just make sure that the scores are marked handicap when turned in.

Equipment: Any 12 or 20 ga. shotgun using 2 ¾ inch shot shells with number 8 or 7 1/2 shot. Shells can not have a shot load greater than 1 1/8 oz and the velocity must not exceed 1290 ft per second or 1325 ft per second for a 1 oz. load.

Rules: Amateur Trapshooting Association rules. **Please note that all shooters must be 12 years old as per state rules to participate in the shotgun event.**

SHOTGUN – Skeet

Target: Per NSSA rules

Course of fire: **Juniors will shoot 25 targets per month, Intermediates will shoot 50 targets per month and Seniors will shoot 75 targets per month.**
Targets will be shot and scored in rounds of 25.

Equipment: Any 12, 20, 28, or 410 ga. shotgun using 2 ¾ inch shot shells with number 8 or 7 1/2 shot. Shells can not have a shot load greater than 1 1/8 oz and the velocity must not exceed 1290 ft per second or 1325 ft per second for a 1 oz. load.

Rules: National Skeet Shooting Association rules. **Please note that all shooters must be 12 years old as per state rules to participate in the shotgun event. We will not separate the scores by gauge, if a youth shoots a small gauge shotgun they will be competing against the 12 gauge shooters.**

ARCHERY

Target: Standard bullseye or 5 spot target. Scoring: bullseye 5-4-3-2-1; 5 spot 5-0

Course of fire: 30 arrows shot from the 20 yard line for Seniors and intermediate, 10 yards for the juniors. 6 ends of 5 arrows.

Time limit: One minute per record shot.

Match Equipment Standard:

Recurve - one adjustable sight pin, no string peeps, no mechanical release aids, clicker and kissers button permitted, torque compensators are permitted
Compound (freestyle) - release aids permitted, overdraws may not place the arrow rest further than 6 cm from the pivot point of the bow, string peeps and optical sights are permitted, spirit levels are permitted. 601b. maximum draw weight.

Arrows - Arrows must meet AMO minimum weight standard (6 grains arrow weight per pound bow peak draw weight. No arrows 23/64ths in diameter or larger is permitted.

Rules: USA Archery

SMALLBORE RIFLE MATCH

NRA THREE-POSITION

Target: A 17

Course of Fire: 10 shots in each position – prone, standing and kneeling in that order at 50 ft. 30 record shots.

Time Limit: One(1) minute per record shot prone, two(2) minutes per record shot standing and one and one-half(1 ½) minutes per record shot kneeling.

Equipment: Any Rifle -any safe .22 caliber rimfire rifle chambered for .22 short, .22 Long or .22 long rifle cartridge may be used in smallbore 3-position. No restriction is placed on barrel length or overall weight of rifle and accessories.

Sights: Metallic sights, non-corrective.

Ammunition: Solid point (40 grains) standard velocity or match or target ammunition.

Rule Book: NRA Smallbore Rifle Rules CR16750 (Most Recent printing)
<http://materials.nrahq.org/go/products.aspx?cat=Rulebooks>

AIR RIFLE MATCH

NATIONAL STD THREE-POSITION SPORTER AIR RIFLE

Target:	NRA AR 5/10
Distance:	10 meters or 33 feet
Course of Fire:	3 x 20. 10 shots each position: prone, standing, and kneeling in that order. (30 record shots)
Time Limit:	1 1/2 minute per record shot prone, 1 1/2 minutes per record shot kneeling, 2 minutes per record shot standing.
Equipment:	.177 caliber air rifles under 7.5 pounds with metallic sights are permitted. Trigger pull must be a minimum of 1.5 lbs. Rifles that are officially approved include Daisy 753/853/953, Daisy 888, Crosman 2000, and Daisy XSV40. Any rifle not included in this list but complies with the requirements of the Sporter Air Rifle as stated in the National Standard Rules may be submitted to for a decision prior to the competition and may be added to the list of approved rifles.
Clothing:	Shoes are restricted to soft, low cut, athletic or street shoes that do not extend above the ankles. No boots are permitted. A shooting glove may be worn, but no shooting jackets are permitted. Up to two sweatshirts or clothing suitable for the prevailing weather are allowed. A pin or button may be used as a sling keeper in the prone or kneeling positions.
Rule book:	CMP 2004-2006 National Standard Three-position Air Rifle Rules, 5 th Ed. http://www.odcmp.com/3P/Rules.pdf

Black Powder

50 YARD Bullseye:

Target:	NMLRA 100yd - 1
Distance:	50 yards
Course of Fire:	10 shots for record, 5 per target
Time Limit:	30 minutes
Projectile:	Patched soft lead round ball only.
Scoring:	Scored at highest value of the ring broken by the bullet.
Rules:	Note that all shooters must be 12 years of age or older.