

1,2,3 Freeze!

Start every meeting with a quick game of 1,2,3, Freeze. To play: explain to the group that every time you say “1,2,3 Freeze”-they are frozen and can not move at all until you say “Un-freeze”. Make sure they understand that from now on-whenver they are with you, they are playing this game. Throughout the meeting, use 1,2,3 Freeze-WHEN YOU DON'T NEED IT to practice. Then when you really do need it-they will respond quickly. ☺

If you can hear me...

Stand up in front of the group AND WHISPER “If you can hear me, clap once” (those that can hear will clap-thus getting the attention of a few more) “If you can hear me, clap twice” (again, clapping will get more attention,) Keep repeating until you have everyone’s attention. You can vary this by saying stomp your foot, or “Joan is great” (my personal favorite!☺) etc.

Paper Throw (You have to be BRAVE to do this one! – but it is fun!)

This takes practice like the 1,2,3 Freeze Game. Explain that WHENEVER you throw a piece of paper in the air, they should HOWL and as soon as it hits the floor they have to be silent.

PUNCH IT and Whisper

Sometimes, if they are very loud-you can start off with a very loud (LOUDER THAN THEM) and QUICKLY go down to a whisper. The effect of your very loud voice kind of shocks them and if you instantly go down to a whisper, you bring their noise level down with yours. So you say (Loud) EXCUSE ME! (Whisper) When you are done with your....

Simon says

Simon Says stand up, Simon Says put your hand on your head...etc...until they are all doing what Simon Says

Echo

First let them know that when you yell about Clover Kids they should repeat you. Leader yells “Clover Kids Rock!” Clover children yell “Clover Kids Rock!” Leader yells “Clover Kids are cool!” Kids yell “Clover Kids are cool! Each time get a little quieter until you are whispering “Clover Kids clean up” or whatever you want them to do.

Music

Start singing a song that everyone knows

Play music as a cue to be quiet (First let them know that when the music plays they should be quiet)

Lights on and off...

Flicker the lights on and off to get their attention. (First let them know that when the lights go out, they should be quiet)

Humpty Dump

Humpty Dump, Hump Humpty Dumpty Dumpty

Humpty Dump, Hump Humpty Dumpty Dumpty

Take any nursery rhyme or jump rope rhyme and say it in rhythm – but for the last line you say

“Uh! Ain’t that funky now” and repeat the Humpty part. Like: Cinderella Dressed in Yella went upstairs to kiss her fella, made a mistake and kissed a snake and said “Uh! Aint that funky now or Little Jack Horner sat in a corner eating his Christmas pie, stuck in this thumb and pulled out a plum, and said “Uh! Ain’t that funky now!”